

GRADS		
Standards	Fall and Spring Semester	
Health Education and National FACS Standards	Topics Covered	Number of Days
	NMGRADS Competencies	
3.2	0.1 Manage work and family responsibilities for the well being of self and others.	All topics are individualized for expectant and/or parenting teen.
1.6, 1.8, 2.1, 2.3, 2.5, 3.2, 3.3, 3.4	0.2 Apply the problem solving process to personal and family problems for the well being of self and others.	
1.6	0.3 Relate to others in positive, caring ways.	
1.7, 4.1	0.4 Assume leadership roles as a responsible family member and citizen.	
3.2, 3.3, 3.4, 6.6	1.1 Assess personal development.	
2.1, 4.2, 4.3	1.2 Analyze factors contributing to the development of self within the family unit.	
4.2, 4.3	1.3 Analyze self-esteem and its effects.	
2.1, 3.2, 3.3, 3.4, 6.4, 6.5, 6.6	1.4 Develop a plan to achieve personal goals.	
3.7	1.5 Manage stressful situations.	
2.4, 2.5	2.1 Analyze pregnancy health care.	
1.8, 3.4	2.2 Develop a plan to meet the nutritional needs of pregnant women.	
1.3	2.3 Create a positive prenatal environment.	
1.8, 3.3	2.4 Analyze the effect of sexually transmitted diseases (STD's) on mother, father, and baby.	
13.2, 13.3, 13.5, 15.1, 15.2, 15.3, 15.4	2.5 Analyze the labor and delivery process.	
1.1, 7.2	3.1 Evaluate infant feeding options.	
2.4, 7.2	3.2 Assess the postpartum care period.	
3.1, 6.3, 6.4	3.3 Demonstrate care of newborns.	
1.1, 1.8, 2.4, 2.5, 3.3	3.4 Analyze sexual decisions during and following pregnancy.	
3.4, 3.5	4.1 Analyze attitudes and expectations of parenthood.	
3.5	4.2 Identify parenting roles, rights, and responsibilities.	
3.3, 3.4, 3.5	4.3 Identify strategies for meeting the challenges of parenting children with special needs.	
7.4, 7.5, 13.4, 13.5, 13.6, 15.1, 15.2, 15.3, 15.4	4.4 Analyze legal issues related to parenthood.	
3.5, 3.6, 3.7, 6.1, 6.3	5.1 Set goals to meet childhood dependency needs.	
3.4, 3.5, 4.1, 5.6, 5.7, 6.3	5.2 Recognize parental roles in overall child development.	
1.1, 1.3, 1.7, 2.1, 2.2, 2.3, 2.4	5.3 Enhance children's physical growth and development.	
1.7, 2.1, 2.2, 2.4	5.4 Enhance children's social development.	
1.2, 1.7, 2.2, 2.4	5.5 Enhance children's emotional development.	
1.7, 2.4	5.6 Enhance children's intellectual development.	
2.1, 2.2, 2.4, 3.4	5.7 Respond to specific parenting challenges.	

4.5, 12.3, 13.2, 13.3, 13.4, 13.5, 15.1, 15.2, 15.4	5.8 Employ communication skills in guiding young children.	
1.5	6.1 Employ strategies designed to meet the nutritional needs of infants and children.	
3.1, 3.2	6.2 Employ strategies designed to meet children's hygiene needs.	
1.5, 1.7, 3.3	6.3 Employ safety practices to minimize hazards.	
4.4, 15.1, 15.2, 15.3	6.4 Demonstrate basic first-aid skills.	
3.1	6.5 Care for children during illness.	
1.7	6.6 Evaluate childcare services.	
4.5, 12.1, 12.2, 12.3, 13.1, 13.2, 13.3, 13.4, 13.5, 15.1, 15.2	6.7 Contrast discipline techniques.	
1.5, 1.7, 5.2, 5.7, 5.8	6.8 Develop strategies for establishing cooperative parenting environment.	
12.1, 12.2, 12.3, 13.1, 13.2, 13.3, 13.4, 13.5, 13.6	7.1 Maintain friendships	
1.5	7.2 identify characteristics of healthy partner relationships.	
6.1, 12.1, 12.2, 12.3, 13.1, 13.2, 13.3, 13.4, 13.5, 13.6, 15.2	7.3 Analyze stressors related to marriage.	
1.5, 1.7, 2.5	7.4 Analyze factors affecting families.	
1.3, 1.5, 1.6	7.5 Analyze factors related to child abuse and neglect.	
1.5, 1.6	7.6 Assess dynamics of domestic violence.	
1.5, 1.6	7.7 Assess dynamics of sexual abuse.	
4.5, 6.1, 7.5, 12.1, 12.2, 12.3, 13.3, 13.4, 15.1, 15.2, 15.3, 15.4	7.8 Manage conflict.	
1.7	7.9 Investigate family legal issues.	
1.1, 1.2, 1.3, 6.1, 7.4, 7.5, 12.1, 12.2, 12.3, 13.1, 13.2, 14.1, 15.1, 15.2, 15.3, 15.4	7.10 Employ strategies designed to meet the basic needs of a teen parenting family.	
1.1, 1.2, 1.3, 6.1, 12.2, 13.1, 13.2, 13.3, 13.5, 13.6, 15.1, 15.4	8.1 Assess school-to-work needs.	
1.1, 4.1, 7.1, 17.2, 13.5, 13.6	8.2 identify traditional and non traditional occupational options.	
1.2, 4.1, 7.1, 7.2, 12.2, 12.3, 13.2, 15.1	8.3 Assess career interests and skills.	
1.1, 7.1, 12.2, 12.3, 13.2, 15.1	8.4 Develop a career plan.	
2.3, 2.5	8.5 Manage family income and expenses.	
2.3	8.6 Assess savings and checking options.	
5.8	8.7 Define equitable roles, rights, and responsibilities in the school and workplace.	
1.1, 1.2, 1.3, 4.1, 7.1, 12.2, 12.3, 13.2, 15.1	9.1 Develop a job-search plan.	
1.2, 12.3, 13.3, 15.2	9.2 Apply communication skills to employment search.	

1.2, 12.3, 13.3, 13.6, 15.2	9.3 Demonstrate interview skills.	
1.1, 6.1, 7.4, 12.2, 12.3, 13.1, 13.2, 13.3, 13.4, 13.5, 13.6, 15.1, 15.2	9.4 Employ strategies designed to meet responsibilities as working parent(s).	
12.2, 13.4, 13.5, 15.1	9.5 Develop time-management plans.	
5.7, 5.8	9.6 Identify behaviors required to be successful in school and work.	