

# Lawrence High School

Welcome to our  
Lunch Cafe

1/1/2019 - 1/4/2019

Available Daily: 100% Juice, Apples, Oranges, Bananas, Yogurt parfait w/ Fruit & Granola

**MEATLESS MONDAY**








**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

			Side Salad side salad with tomato and cucumber Steamed Broccoli Tomato Salad Watermelon Cup	Side Salad side salad with tomato and cucumber Cucumber Coins Fresh Melon Cup  Cantaloupe Steamed Cauliflower	Steamed Broccoli Celery Sticks Side Salad Fresh Banana
			BLT Burger freshly prepared burger topped with crispy bacon, lettuce, tomato and mayo on a freshly toasted bun 🍔	Philly Cheese Steak thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared in-house 🍔	Chicken Nugget & Mozzarella Stick Combo Crispy chicken nuggets and gooey mozzarella sticks served with dipping sauce 🍔
Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches					
			Beef and Cheese Quesadilla melted cheese with homemade fiesta beef folded inside a grilled tortilla 🌮	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce 🌮	Fiesta Taco Salad homemade crunchy tortilla bowl filled with fiesta style beef, crisp cucumbers, tomatoes, lettuce and shredded cheddar cheese 🌮
Available Daily: Nachos, Cripsyand Soft Tacos, Mexi-Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Black Beans, Cheese Sauce and Shredded Lettuce, Salsa					
			Pasta & Broccoli with Garlic & Oil al dente pasta with broccoli sauteed in garlic and olive oil 🍝 Sausage topping 🍔 Whole Wheat Dinner Roll	Roasted Turkey with Gravy oven roasted turkey breast smothered with gravy Garlic Bread	Buffalo Chicken Mac & Cheese pasta in cheese sauce, topped with buffalo style chicken 🍝
			Three Cheese Calzone calzone stuffed with three delicious melted cheeses 🍕	Chicken & Cheese Stromboli Chicken and melted cheese wrapped in pizza dough 🍕	Margherita Pizza freshly prepared dough lightly brushed with garlic and oil, topped with tomato sauce, mozzarella cheese, fresh tomatoes and basil 🍕
Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough					
			Chef Salad fresh lettuce topped with sliced deli meats and cheeses 🥗 Dinner Rolls	Garden Salad with Cheese Entree fresh garden salad topped with cheese 🥗 Dinner Rolls	Salad Plate With Crispy Chicken fresh garden salad topped with baked crispy chicken 🥗  Dinner Rolls
Available Daily: An array of seasonal produce, grilled chicken and mixed salads. Choice of all natural dressing, whole grain dinner roll and milk.					
			Chicken Caesar Wrap freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing 🌯	Buffalo Chicken Wrap warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato 🌯	The Harvest Classic freshly prepared tortilla wrap with thinly sliced ham, mozzarella cheese, tossed greens and juicy tomatoes 🌯
Available Daily: Assorted cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable toppings					

**WHITSON'S**  
School Nutrition

**SIMPLY ROOTED**  
in food & family

We are Simply Rooted™ in food and family. Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. We are phasing out processed foods and instead, offering more natural, organic and non GMO options. We also offer gluten and allergen free foods and purchase locally when seasonally available. Check us out at [www.Whitsons.com](http://www.Whitsons.com).

Meal price includes: protein choice, fresh veggie choice, fresh fruit choice & bread choice.  
At least two types of milk available daily: 1% low fat unflavored, fat free flavored, fat free unflavored.  
Available daily with salad lunch: protein choice, whole grain item, fruit choice & milk choice

\*\*\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. If you have any questions or would like additional information regarding this menu, please contact the food service director. This institution is an equal opportunity provider.

 **VEGETARIAN**

 **MADE WITH NATURAL INGREDIENTS**

 **PORK**

 **MADE WITH ORGANIC INGREDIENTS**

# Lawrence High School

Welcome to our  
Lunch Cafe

1/7/2019 - 1/11/2019

Available Daily: 100% Juice, Apples, Oranges, Bananas, Yogurt Parfait w/ Fruit & Granola

**MEATLESS MONDAY**








## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

	<b>Side Salad</b> <i>side salad with tomato and cucumber</i> <b>Steamed Spinach</b> <b>Fiesta Corn</b> <b>Fresh Apple</b>	<b>Side Salad</b> <i>side salad with tomato and cucumber</i> <b>Roasted Butternut Squash</b> <b>Tomato Salad</b> <b>Strawberry Cup</b>	<b>Side Salad</b> <i>side salad with tomato and cucumber</i> <b>Sweet Potato Fries</b> <b>Celery &amp; Carrot Sticks w/ Low Fat Dressing</b> <b>Fresh Grapes</b>	<b>Side Salad</b> <i>side salad with tomato and cucumber</i> <b>Garbanzo Beans</b> 🌱 <b>Cucumber Coins</b> <b>Fresh Melon Cup</b>  Cantaloupe	<b>Side Salad</b> <i>side salad with tomato and cucumber</i> <b>Steamed Broccoli</b> <b>Tomato Salad</b> <b>Watermelon Cup</b>
	<b>Bacon Cheeseburger</b> <i>burger topped with cheese and bacon on a freshly toasted bun</i>	<b>Barbecue Rib Sandwich</b> <i>warm BBQ rib patty on a bun prepared in-house</i>	<b>BBQ Chicken Sandwich</b> <i>warm baked chicken smothered in BBQ sauce on a bun and prepared in-house</i> <b>French Bread</b>	<b>Turkey Burger</b> <i>grilled turkey burger on a whole wheat bun with cheese</i>	<b>Meatball Sliders</b> <i>baked, sliced meatballs topped with tomato sauce, mozzarella and parmesan cheese</i>  WG Slider Buns
Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches					
	<b>Soft Tacos</b> <i>freshly prepared fiesta-style meat with melted cheese wrapped in a warm soft taco shell</i>	<b>Fiesta Chicken Rice Bowl</b> <i>rice topped with beans, chicken, corn and cheese</i> 🌱 🌱	<b>Gluten Free Chicken &amp; Cheese Quesadilla</b> <i>quesadilla with chicken strips and cheddar cheese</i>	<b>Nachos Grande</b> <i>tortilla chips topped with freshly prepared mexi style meat and cheese sauce</i> 🌱	<b>Veggie Bean Quesadilla</b> <i>hand crafted cheesy quesadilla, stuffed with black beans, onions and sauteed peppers</i> 🌱 🌱 🌱
Available Daily: Nachos, Cripsy and Soft Tacos, Mexi-Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese Sauce and Shredded Cheddar Cheese and Shredded Lettuce, Salsa					
	<b>Pasta &amp; Broccoli with Garlic &amp; Oil</b> <i>al dente pasta with broccoli sauteed in garlic and olive oil</i> 🌱 🌱 🌱 <b>Sausage topping</b> 🌱  Served with Whole Grain Dinner Roll	<b>Buffalo Chicken Sandwich</b> <i>warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato</i> 🌱	<b>Pasta &amp; Meatballs</b> <i>freshly baked meatballs with tomato sauce over pasta</i> 🌱 🌱  Served with Whole Grain Dinner Roll	<b>Chicken Fajita Mac &amp; Cheese</b> <i>steamy pasta enrobed in creamy cheese sauce topped with diced seasoned chicken</i> 🌱 <b>French Bread</b>	<b>Crispy Popcorn Chicken</b> <i>crispy breaded chicken bites baked to perfection</i> <b>French Bread</b>
	<b>Cheese Pizza</b> <i>crispy pizza dough topped with tomato sauce and melted cheese</i> 🌱 🌱	<b>Chicken &amp; Cheese Stromboli</b> <i>Chicken and melted cheese wrapped in pizza dough</i> 🌱	<b>Three Cheese Calzone</b> <i>calzone stuffed with three delicious melted cheeses</i> 🌱 🌱	<b>3 Cheese Stromboli</b> <i>rolled pizza crust stuffed with mozzarella, parmesan and cheddar cheeses</i> 🌱 🌱	<b>Buffalo Chicken Pizza</b> <i>freshly made cheese pizza topped with Buffalo chicken pieces</i> 🌱
Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough					
	<b>Garden Salad with Cheese Entree</b> <i>fresh garden salad topped with cheese</i> 🌱 🌱 <b>Dinner Rolls</b>	<b>Chef Salad</b> <i>fresh lettuce topped with sliced deli meats and cheeses</i> 🌱 🌱 <b>Dinner Rolls</b>	<b>Salad Plate With Crispy Chicken</b> <i>fresh garden salad topped with baked crispy chicken</i> 🌱 <b>Dinner Rolls</b>	<b>Greek Salad</b> <i>romaine lettuce with cucumbers, tomatoes, feta cheese, black olives and red onions</i> 🌱 🌱 <b>Dinner Rolls</b>	<b>Chicken Caesar Salad</b> <i>fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls</i> 🌱 <b>Dinner Rolls</b>
Available Daily: An array of seasonal produce, grilled chicken and mixed salads. Choice of all natural dressing, whole grain dinner roll and milk.					
	<b>Ham &amp; Cheese Panini</b> <i>thinly sliced ham and melted cheese on panini bread served hot and toasty</i> 🌱	<b>Turkey BLT Wrap</b> <i>sliced turkey, bacon, lettuce, and tomato on a wrap</i> 🌱	<b>Chicken Caesar Wrap</b> <i>freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing</i> 🌱	<b>Grilled Turkey &amp; Bacon Melt</b> <i>goosey cheese with layers of turkey and crisp bacon melted between two slices of toasty bread</i>	<b>Buffalo Chicken Wrap</b> <i>warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato</i> 🌱
Available Daily: Assorted cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable toppings					

WHITSON'S  
School Nutrition

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🌱 VEGETARIAN

🌱 MADE WITH NATURAL INGREDIENTS

🌱 PORK

🌱 MADE WITH ORGANIC INGREDIENTS

# Lawrence High School

Welcome to our  
Lunch Cafe

1/14/2019 - 1/18/2019

Available Daily: 100% Juice, Apples, Oranges, Bananas, Yogurt Parfait w/ Fruit & Granola

**MEATLESS MONDAY**








**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

	Side Salad side salad with tomato and cucumber Steamed Broccoli Celery Sticks Fresh Banana	Steamed Carrots Crispy Potato Puffs Side Salad Sliced Zucchini Fresh Grapes	Side Salad side salad with tomato and cucumber Green Beans Tomato Salad Strawberry Cup	Side Salad side salad with tomato and cucumber Sriracha Garbanzo Beans Cucumber Coins Pineapple	Side Salad side salad with tomato and cucumber Steamed Broccoli Celery Sticks Fresh Banana
	BLT Burger freshly prepared burger topped with crispy bacon, lettuce, tomato and mayo on a freshly toasted bun 🍷  WG Bun	Philly Cheese Steak thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared in-house 🍷	Turkey Burger grilled turkey burger on a whole wheat bun with cheese	BBQ Chicken chicken coated in BBQ sauce Whole Wheat Dinner Roll	Blazin Buffalo Chicken Sliders buffalo chicken strips topped with cheddar cheese on mini hamburger buns
Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches					
	Cheese Quesadilla freshly grilled flour tortilla with melty cheese 🍷	Fiesta Taco Salad homemade crunchy tortilla bowl filled with fiesta style beef, crisp cucumbers, tomatoes, lettuce and shredded cheddar cheese 🍷	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce 🍷	Chicken Fajita Wrap seasoned chicken with sauteed onions and peppers topped with tomato, lettuce, and cheese on a tortilla prepared in-house 🍷	Cheese Quesadilla freshly grilled flour tortilla with melty cheese 🍷
Available Daily: Nachos, Crispy and Soft Tacos, Mexi-Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese Sauce and Shredded Cheddar Cheese and Shredded Lettuce, Salsa					
	Pasta & Meatballs freshly baked meatballs with tomato sauce over pasta 🍷🍷	Chicken Fajita Mac & Cheese steamy pasta enrobed in creamy cheese sauce topped with diced seasoned chicken prepared in-house 🍷  Served with Whole Grain Dinner Roll	Chicken Parmesan Sandwich warm chicken patty smothered in tomato sauce, topped with melted cheese assembled in-house on a roll	Barbecue Rib Sandwich warm BBQ rib patty on a bun prepared in-house	Meatball Hero freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella 🍷🍷
	Three Cheese Calzone calzone stuffed with three delicious melted cheeses 🍷🍷	Buffalo Chicken Stromboli handcrafted garlic pizza dough wrapped around zesty buffalo chicken, melted mozzarella cheese, rich tomato sauce and baked to perfection 🍷	Meatball Calzone fresh prepared dough lightly brushed with garlic and oil, rolled with low fat seasoned ricotta and mozzarella cheeses, meatball slices, basil and oregano 🍷	Pepperoni Pizza cheese pizza topped with pepperoni 🍷	Santa Margarita Pizza whole wheat pizza crust topped with shredded mozzarella, plum tomatoes and tomato sauce 🍷🍷
Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough					
	Greek Salad romaine lettuce with cucumbers, tomatoes, feta cheese, black olives and red onions 🍷🍷  Dinner Rolls	Salad Plate With Crispy Chicken fresh garden salad topped with baked crispy chicken 🍷  Dinner Rolls	Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🍷  Dinner Rolls	Chef Salad fresh lettuce topped with sliced deli meats and cheeses 🍷🍷  Dinner Rolls	Garden Salad Entree fresh garden salad topped with meat 🍷  Dinner Rolls
Available Daily: An array of seasonal produce, grilled chicken and mixed salads. Choice of all natural dressing, whole grain dinner roll and milk.					
	Simple Wrap with Lettuce and Tomato tortilla wrap with meat, lettuce, and tomato 🍷	Chicken Caesar Wrap freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing 🍷	Turkey and Cheese Melt thinly sliced turkey breast and melted American cheese on toasty bread	Buffalo Chicken Wrap warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato 🍷	The Harvest Classic freshly prepared tortilla wrap with thinly sliced ham, mozzarella cheese, tossed greens and juicy tomatoes 🍷  P 🍷
Available Daily: Assorted cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable toppings					

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School Nutrition

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 **VEGETARIAN**

 **MADE WITH NATURAL INGREDIENTS**

 **PORK**

 **MADE WITH ORGANIC INGREDIENTS**

# Lawrence High School

Welcome to our  
Lunch Cafe

1/21/2019 - 1/25/2019

**MEATLESS MONDAY**

Available Daily: 100% Juice, Apples, Oranges & Bananas, Yogurt Parfait w/ Fresh Fruit & Granola








**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

		Celery Sticks Side Salad Pineapple Steamed Carrots Blueberries	Garden Salad Fresh Baby Carrots Red Pepper Strips Fresh Banana	Side Salad <i>side salad with tomato and cucumber</i> Steamed Broccoli Tomato Salad Watermelon Cup	Steamed Broccoli Celery Sticks Side Salad Fresh Banana
		Turkey Burger <i>grilled turkey burger on a whole wheat bun</i>	Barbecue Rib Sandwich <i>warm BBQ rib patty on a bun prepared in-house</i>	Philly Cheese Steak <i>thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared in-house</i>	Pizza Burger <i>burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a bun</i>
Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches					
		Chimichanga <i>freshly made crispy tortilla filled with Mexican style meat, beans and cheese, topped with sour cream and salsa</i>	Chicken Cheese Quesadilla <i>hand crafted grilled flour tortilla filled with juicy chicken and melty cheese</i>	Chicken Fajita Wrap <i>freshly made tortilla stuffed with mexi style meat, rice, onions, peppers and cheese</i>	Cheese Quesadilla <i>freshly grilled flour tortilla with melty cheese</i>
Available Daily: Nachos, Cripsy and Soft Tacos, Mexi-Rice with your choice of Mexi Beef, Mexi Chicken, Mexi Veg, Refried Beans, Cheese Sauce and Shredded Cheddar Cheese and Shredded Lettuce, Salsa					
		Baked Chicken Breast <i>Baked Chicken Breast</i> French Bread Brown Rice	Chicken Stir Fry <i>chicken stir fry with oriental mixed vegetables in a sesame garlic sauce</i> Brown Rice Whole Wheat Dinner Roll	Pasta & Meatballs <i>freshly baked meatballs with tomato sauce over pasta</i>	Cheeseburger Mac & Cheese <i>steamy pasta enrobed in a creamy cheddar cheese sauce mixed with seasoned ground meat prepared in-house</i>
		Ham and Cheese Stromboli <i>Ham and melted cheese wrapped in pizza dough</i>	Three Cheese Calzone <i>calzone stuffed with three delicious melted cheeses</i>	Margherita Pizza <i>freshly prepared dough lightly brushed with garlic and oil, topped with tomato sauce, mozzarella cheese, fresh tomatoes and basil</i>	3 Cheese Stromboli <i>rolled pizza crust stuffed with mozzarella, parmesan and cheddar cheeses</i>
Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough					
		Chicken Caesar Salad <i>fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls</i> Dinner Rolls	Salad Plate With Crispy Chicken <i>fresh garden salad topped with baked crispy chicken</i> Dinner Rolls	Garden Salad with Cheese Entree <i>fresh garden salad topped with cheese</i> Dinner Rolls	Chef Salad <i>fresh lettuce topped with sliced deli meats and cheeses</i> Dinner Rolls
Available Daily: An array of seasonal produce, grilled chicken and mixed salads. Choice of all natural dressing, whole grain dinner roll and milk.					
		The Harvest Classic <i>freshly prepared tortilla wrap with thinly sliced ham, mozzarella cheese, tossed greens and juicy tomatoes</i>	Chicken Caesar Wrap <i>freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing</i>	Simple Wrap with Lettuce and Tomato <i>tortilla wrap with meat, lettuce, and tomato</i>	Turkey BLT Wrap <i>sliced turkey, bacon, lettuce, and tomato on a wrap</i>
Available Daily: Assorted cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable toppings					

WHITSON'S  
School Nutrition

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*in food & family*

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 VEGETARIAN

 MADE WITH NATURAL INGREDIENTS

 PORK

 MADE WITH ORGANIC INGREDIENTS

# Lawrence High School

Welcome to our  
Lunch Cafe

1/28/2019 - 1/31/2019

Available Daily: 100% Juice, Apples, Oranges, Bananas, Yogurt Parfait with Fruit & Granola

**MEATLESS MONDAY**








**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

	Side Salad side salad with tomato and cucumber Fiesta Corn Green Pepper Slices Fresh Apple	Side Salad side salad with tomato and cucumber Steamed Carrots Fresh Grapes	Side Salad side salad with tomato and cucumber Sweet Potato Fries Red Pepper Strips Fresh Pear	Side Salad side salad with tomato and cucumber Steamed Broccoli Green Pepper Slices Sliced Oranges	
	BBQ Chicken Sandwich warm baked chicken smothered in BBQ sauce on a bun and prepared in-house	Chicken Nugget Parm Sliders chicken parmesan minis on slider buns	Bacon Cheeseburger burger topped with cheese and bacon on a freshly toasted bun	Meatball Hero freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella 🍷🍷	
Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches					
	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese sauce 🍷	Buffalo Chicken and Cheese Quesadilla fiesta style chicken and cheddar cheese inside a grilled folded tortilla spread with hot sauce	Orange Chicken Taco crispy chicken in an orange sauce folded in a taco shell Nachos Grande 🍷	Fiesta Taco Salad homemade crunchy tortilla bowl filled with fiesta style beef, crisp cucumbers, tomatoes, lettuce and shredded cheddar cheese 🍷	
Available Daily: Nachos, Crispy and Soft Tacos, Mexi-Rice with your choice of Mexi Beef, Mexi Chicken, Beans, Cheese Sauce and Shredded Cheddar Cheese and Shredded Lettuce, Salsa					
	Baked Pasta with Cheese pasta topped with melted cheese, baked to perfection 🍷🍷	Baked Chicken Breast Baked Chicken Breast WG Dinner Rolls	Philly Cheese Steak thinly sliced beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun prepared in-house 🍷	Chicken Fajita Mac & Cheese steamy pasta enrobed in creamy cheese sauce topped with diced seasoned chicken prepared in-house 🍷	
	BBQ Chicken Pizza freshly prepared pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion 🍷	Meatball Calzone fresh prepared dough lightly brushed with garlic and oil, rolled with low fat seasoned ricotta and mozzarella cheeses, meatball slices, basil and oregano 🍷	Grandma Pizza Sicilian Style pizza dough topped with tomato sauce and melted cheese 🍷🍷	Chicken & Cheese Stromboli Chicken and melted cheese wrapped in pizza dough 🍷	
Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough					
	Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls 🍷 Dinner Rolls	Salad Plate With Crispy Chicken fresh garden salad topped with baked crispy chicken 🍷 Dinner Rolls	Chef Salad fresh lettuce topped with sliced deli meats and cheeses 🍷 Dinner Rolls	Greek Salad romaine lettuce with cucumbers, tomatoes, feta cheese, black olives and red onions 🍷 Dinner Rolls	
Available Daily: An array of seasonal produce, grilled chicken and mixed salads. Choice of all natural dressing, whole grain dinner rolls and milk.					
	Chicken Caesar Wrap freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing 🍷	Buffalo Chicken Wrap warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato 🍷	Ham & Cheese Wrap 🍷	The Harvest Classic freshly prepared tortilla wrap with thinly sliced ham, mozzarella cheese, tossed greens and juicy tomatoes 🍷	
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PORK

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