Welcome to our Lunch Cafe

3/1/2018 - 3/2/2018

Kal I will be a second	Monday	Tuesday	Wednesday	Thursday	Friday
				Side Salad	Steamed Broccoli
				side salad with tomato and	Celery Sticks
Healthy				cucumber	Side Salad
Harvest)				Green Beans	Fresh Banana
				Cucumber Coins	
				Melon Cup	
				WATERMELON	
				Philly Cheese Sandwich	Chicken Nugget &
				beef topped with sauteed	Mozzarella Stick Combo
ERUBUS WHERE BURGERS ARE JUST THE BEGINNING				peppers, onions and	Crispy chicken nuggets
ENUDY J ARE JUST THE BEGINNING				melted cheese on a lightly	and gooey mozzarella
GRILL				toasted bun 🤭	sticks served with dipping
					sauce 🥱
	Available Daily: Hambu	rgers. Cheeseburgers. Tu	rkey Burgers, Veggie Burge	rs, Chicken Patties and Spicy (Chicken Sandwiches
	7 (Validasio Edily) i Edilise	ingoro, onocoobangoro, ra	Languis, reggio zarge	Nachos Grande	Fiesta Taco Salad
					a crunchy tortilla bowl filled
Coyote Grill				mexi style meat and	with fiesta style beef,
Cill				cheese sauce	cucumber, tomato, lettuce
Southwestern cuisine with a bite				G10000 00000 60	and cheddar 🤧
	Available Daily: Nachos, C	ripsy and Soft Tacos, Mexi-	Rice with your choice of Me	xi Beef, Mexi Chicken, Mexi Ve	g, Black Beans, Cheese
				Roasted Turkey with	Buffalo Chicken Mac &
				Gravy	Cheese
				oven roasted turkey breast	pasta in cheese sauce,
World Market				smothered with gravy	topped with buffalo style
₩●Ⅲ業				Garlic Bread	chicken and garnished wit
				2.000	parsely 🥱
				Chicken & Cheese	Margherita Pizza
				Stromboli	pizza dough topped with
Tab Co.				Chicken and melted	tomato sauce. mozzarella
Cucina					
HTALIAN BISTRO				cheese wrapped in pizza	fresh tomatoes and basil
So Pillio				dough 🥱	☞ 🤔
	Available Da	ly: Cheese Pizza, Pepperor	i Pizza and Vegetable Pizza	all featuring whole grain rich p	
				Mexican Salad	Garden Salad Entree
SALVER -				Salad with beans, corn,	fresh garden salad topped
Sensational				sour cream, and salsa 🤭	with meat 🕞 🤭
Sensational Salads				Dinner Rolls 🚱 🚫	Dinner Rolls 👩 🚫
	Available Daily: Fresh Ga	arden Salad made to ord	er with seasonal vegetab	es, choice of shredded mo	
				Turkey & Cheese Panini	Classic Harvest Wrap
GREAT				turkey, cheese, lettuce and	ham, mozzarella cheese
AMERICAN				tomato panini grilled to	tossed greens and
SANDWICH CO.				perfection 🤭	tomatoes wrapped in a
LIBERATE YOUR TASTE BUDS					wrap 🕞 🥱
	Available Daily: As	sorted cold cuts, cheeses	I and whole grain rich bread,	rolls and wraps along with ve	egetable toppings
W OTATA	TADAGO	PIDIO	Meal price includes: protei	n choice, fresh veggie choice, fres	h fruit choice & bread choice

Our menus are healthy, nutritious and flavorful, made from wholesome ingredients. At

Whitsons, we have very high ingredient standards and strict procedures in place to make

that we are doing at your school to keep our young customers healthy!

At least two types of milk available daily: 1% low fat unflavored, fat free flavored, fat free unflavored.









sure of it! We also offer gluten and allergen free foods. Visit www.Whitsons.com to see all

Welcome to our Lunch Cafe

3/5/2018 - 3/9/2018

Cal.	Monday	Tuesday	Wednesday	Thursday	Friday	
Healthy Harvest	Side Salad side salad with tomato and cucumber Fiesta Corn Green Pepper Slices Fresh Apple	Side Salad side salad with tomato and cucumber Side of Carrots Red Pepper Strips Fresh Pear	Side Salad side salad with tomato and cucumber Sweet Potato Fries Veggie Dippers Fresh Grapes	Side Salad side salad with tomato and cucumber Garbanzo Beans Cucumber Coins Melon Cup Cantaloupe	Side Salad side salad with tomato and cucumber Steamed Broccoli Tomato Salad Watermelon Cup	
ERUBUS WHERE BUNGGES THE GOUNTNO	Bacon Cheeseburger burger topped with cheese and bacon on a freshly toasted bun	Buffalo Burger grilled burger topped with hot sauce and blue cheese with lettuce and tomato on a bun	BBQ Chicken Sandwich baked chicken smothered in BBQ sauce on a bun French Bread	Veggie Burger with Cheese veggie burger topped with cheese on bun 🚱 📎	Meatball Sliders baked, sliced meatballs topped with tomato sauce, mozzarella and parmesan cheese WG Slider Buns	
	Available Daily: Hambu	urgers, Cheeseburgers, Turl	key Burgers, Veggie Burgers	s, Chicken Patties and Spicy (Chicken Sandwiches	
Coyote Grill Southwestern, cairing with a bire	Turkey Taco Salad baked tortilla shell filled with lettuce, beans, turkey taco meat, pico de gallo, shredded cheddar, and sour cream	Chimichanga crispy tortilla filled with mexican style meat, beans and cheese, topped with sour cream and salsa	Gluten Free Chicken & Cheese Quesadilla quesadilla with chicken strips and cheddar cheese	Nachos Grande tortilla chips topped with mexi style meat and cheese sauce %	Veggie Bean Quesadilla cheesy quesadilla, stuffed with black beans, onions and sauteed peppers &	
	Available Daily: Nachos, Cr	ripsy and Soft Tacos, Mexi-Ri	ce with your choice of Mexi I	Beef, Mexi Chicken, Mexi Veg	, Refried Beans, Cheese	
World Market Washington Course The Course of Course The Course	St. Louis BBQ Rib Sandwich* boneless ribs in bbq sauce with cheddar and onion rings on a bun		Pasta & Meatballs freshly baked meatballs with tomato sauce over pasta & & ved with Whole Grain ner Roll	Chicken Fajita Mac & Cheese pasta in cheese sauce, topped with fajita style chicken & French Bread	Popcom Chicken breaded chicken bites baked to perfection French Bread	
Lacucina HALLAN BISTRO	Pepperoni Pizza Pops garlic pizza dough stuffed with mozzarella cheese, tomato sauce, pepperoni and spices %	Three Cheese Calzone calzone stuffed with three delicious melted cheeses	Tossed Salad Pizza pizza dough topped with tossed greens, tomatoes and balsamic vinaigrette	3 Cheese Stromboli rolled pizza crust stuffed with mozzarella, parmesan and cheddar cheeses ()	Buffalo Chicken Pizza cheese pizza topped with Buffalo chicken pieces	
	Available De	ilu Chacca Pizza Pannarani	Pizza and Vagatable Pizza al	l footuring whole grain rich n	izza dough	
Sensational Salads	Turkey Salad Plate with Dinner Rolls classic turkey salad on a bed of greens with carrots, cucumbers, and tomatoes	Greek Salad romaine lettuce with cucumbers, tomatoes, feta cheese, black olives and red onions @ 9 Dinner Rolls @ (§)	Buffalo Chicken Salad with Dinner Rolls spicy chicken on a bed of romaine lettuce with cucumbers, carrots and tomatoes Dinner Rolls	Chef Salad fresh lettuce topped with sliced deli meats and cheeses () () Dinner Rolls ()	Salad Plate With Crispy Chicken fresh garden salad topped with baked crispy chicken Dinner Rolls	
	Fresh Garden Salad mad	de to order with seasonal	vegetables served with ch	l noice of shredded mozzare	ella, cheddar	
AMERICAN SANDWICH CO.	Ham & Cheese Panini thinly sliced ham and melted cheese on panini bread served hot and toasty	Chicken Caesar Wrap Caesar salad with crispy chicken in a wrap 🥱	American Combo Sandwich thinly sliced deli meat and cheese sandwich p	Grilled Turkey & Bacon Melt gooey cheese with layers of turkey and crisp bacon melted between two slices of toasty bread	Egg Salad Sandwich fresh mixed egg salad on assorted bread options	
	Available Daily: As	sorted cold cuts, cheeses a		olls and wraps along with ve	.=	
CIMD	Meal price includes: protein choice, fresh veggie choice, fresh fruit choice & bread choice.					

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Welcome to our Lunch Cafe

3/12/2018 - 3/16/2018

NATURAL SECTION OF THE SECTION OF TH	Monday	Tuesday	Wednesday	Thursday	Friday
Healthy Harvest	Side Salad side salad with tomato and cucumber Fiesta Corn Green Pepper Slices Fresh Apple	Side of Carrots Red Pepper Strips Side Salad Fresh Grapes	Side Salad side salad with tomato and cucumber Green Beans Tomato Salad Strawberry Cup	Side Salad side salad with tomato and cucumber Sriracha Garbanzo Beans Cucumber Coins Pineapple	Side Salad side salad with tomato and cucumber Steamed Broccoli Celery Sticks Fresh Banana
ERUBUS WHERE MARE JUNE THE BEGINNING	BBQ Chicken Sandwich baked chicken smothered in BBQ sauce on a bun	Philly Cheese Sandwich beef topped with sauteed peppers, onions and melted cheese on a lightly toasted bun	Stuffed Bread Sticks baked bread sticks filled with melted cheese	BBQ Chicken chicken coated in BBQ sauce Whole Wheat Dinner Roll	Blazin Buffalo Chicken Sliders buffalo chicken strips topped with cheddar cheese on mini hamburger buns
	Available Daily: Hambu	urgers, Cheeseburgers, Tur		s, Chicken Patties and Spicy (Chicken Sandwiches
Coyote Grill	Organic Bean & Cheese Burrito organic pinto beans and cheddar cheese burrito Nachos Grande	Fiesta Taco Salad a crunchy tortilla bowl filled with fiesta style beef, cucumber, tomato, lettuce, and cheddar	Nachos Grande tortilla chips topped with mexi style meat and cheese sauce 69	Chicken Fajita Wrap seasoned chicken with sauteed onions and peppers topped with tomato, lettuce, and cheese on a tortilla	Cheese Quesadilla freshly grilled flour tortilla with melty cheese
	Available Daily: Nachos, Cu	ripsy and Soft Tacos, Mexi-Ri	Ce with your choice of Mexi I	 Beef, Mexi Chicken, Mexi Veg	, Refried Beans, Cheese
World Market Control State Control Control State Control Contro	Tangerine Chicken WG breaded chicken in a tangerine sauce Brown Rice	Chicken Fajita Mac & Cheese pasta in cheese sauce, topped with fajita style chicken Served with Whole Gra	Chicken Parm Sandwich chicken patty topped with melted cheese and tomato sauce on a roll	BBQ Rib Sandwich BBQ rib patty on a bun	Meatball Parmesan Sandwich warm meatballs on a roll, topped with tomato sauce and melted mozzarella cheese
		Dinner Roll			
La Cucina ITALIAN BISTRO	BBQ Chicken Pizza pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion &	Buffalo Chicken Stromboli zesty buffalo chicken with mozzarella cheese and pizza sauce wrapped in garlic pizza dough 🥱	Meat and Cheese Calzone calzone stuffed with delicious italian meats and melted cheeses	Buffalo Chicken Stromboli zesty buffalo chicken with mozzarella cheese and pizza sauce wrapped in garlic pizza dough	Santa Margarita Pizza whole wheat pizza crust topped with shredded mozzarella, plum tomatoes and tomato sauce & &
	Available Da	l ily: Cheese Pizza, Pepperoni	Pizza and Vegetable Pizza al	l I featuring whole grain rich p	izza dough
Sensational Salads	Salad Plate With Crispy Chicken fresh garden salad topped with baked crispy chicken Dinner Rolls	Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls o	Greek Salad romaine lettuce with cucumbers, tomatoes, feta cheese, black olives and red onions poinner Rolls poinner Rolls	Spinach Salad spinach topped with crumbled bacon, mushrooms, and red onion Shredded Mozzarella Cheese Dinner Rolls	Garden Salad Entree fresh garden salad topped with meat o Dinner Rolls
		e to order served with sea	asonal vegetables, choice	of shredded cheddar or m	
AMERICAN SANDWICH CO.	Chicken Caesar Wrap Caesar salad with crispy chicken in a wrap	Vegetarian Wrap cheese, cucumbers, tomatoes, and red onions on a tortilla wrap spread with hummus @ &	Turkey and Cheese Melt thinly sliced turkey breast and melted American cheese on toasty bread	Buffalo Chicken Wrap warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato	Ham & Cheese Triple Decker Sandwich triple stacked thinly sliced ham, cheese, crisp lettuce and ripe red tomato between 3 slices of soft bread
	•	sorted cold cuts, cheeses a		olls and wraps along with ve	
CTMT	DIVDAA	N M N	Meal price includes: protein	choice, fresh veggie choice, fres	n fruit choice & bread choice.

At least two types of milk available daily: 1% low fat unflavored, fat free flavored, fat free unflavored.











Welcome to our Lunch Cafe

3/19/2018 - 3/23/2018

Side Salad with formation and couramber Green Beans Curumber Cinese Beans Curumber Consistence of Medion Cup Pineappile Side Salad with sometimate of Side Salad with formation and Salad Salad with formation and Salad Salad with something special specia		Friday	Thursday	Wednesday	Tuesday	Monday	Control of the contro
burger topped with cheese and bacon on a freshly based above on a bun of sauce and blue cheese with lettuce and tomato on a bun of sauce and tomato on a bun of sauce and tomato on a bun of the lettuce and tomato on the lettuce and	nato and r ccoli ks	Side Salad side salad with tomal cucumber Steamed Broco Celery Sticks Fresh Banana	side salad with tomato and cucumber Garbanzo Beans Peas	side salad with tomato and cucumber Sweet Potato Fries Veggie Dippers	Side Salad Side of Carrots	side salad with tomato and cucumber Green Beans Cucumber Coins	Healthy Harvest
Turkey Taco Salad baked torilla shell filled dishaded torilla shell filled with mexis shell made cheese sauce of torilla chips to poped with the sauted and cheese on a tortilla chips to poped with tornato, lettuce, and cheese sauce of torilla chips to poped with tornato, lettuce, and cheese sauce of torilla chips t	eatballs o sauce, armesan		Cheese veggie burger topped with cheese on bun @ 👀 Turkey Burger	baked chicken smothered in BBQ sauce on a bun French Bread	grilled burger topped with hot sauce and blue cheese with lettuce and tomato on a bun 🞅	burger topped with cheese and bacon on a freshly toasted bun	SERUBUS WHERE BUNGED AND A ME JUST THE BUNGED
baked fortilla shell filled with lettuce, beans, turkey sacon meat, pico de gallo, shredded cheddar, and sour cream and salsa and cheese, topped with sour cream and salsa sour c		1		-	-		
St. Louis BBQ Rib Sandwich* boneless ribs in btq sauce with cheddar and onion rings on a bun BBQ Chicken Pizza bizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion and red onion and red onion abed of mixed greens pizza Dough with the above vegetables and pepperoni and bed of mixed greens pizza Dough with bonner Rolls classic turkey salad on a bed of greens with carrots, cucumbers, and tomatoes coursers, and tomatoes bizac and salad with beans, com, Dinner Rolls coursers, and tomatoes bizac and tomatoes coursers, and tomatoes bizac and tomatoes bizac and tomatoes bizac and tomatoes bizac and tomatoes and salad with beans, com, bizac and tomatoes and tomatoes and salad with meat pepperoni pizza and vegetable Pizza all featuring whole grain rich pizza dough with meat pepperoni pizza and vegetable Pizza all featuring whole grain rich pizza dough with meat pepperoni pizza dough with meat pepperoni pizza and vegetable Pizza all featuring whole grain rich pizza dough with meat pepperoni pizza and vegetable Pizza all featuring whole grain rich pizza dough with meat pepperoni pizza dough with pipper pizza dough with pipper pizza dough view pizza doug	a, stuffed , onions	cheesy quesadilla, s with black beans, or and sauteed peppers	tortilla chips topped with mexi style meat and	seasoned chicken with sauteed onions and peppers topped with tomato, lettuce, and	crispy tortilla filled with mexican style meat, beans and cheese, topped with	baked tortilla shell filled with lettuce, beans, turkey taco meat, pico de gallo, shredded cheddar, and	Coyote Grill Southers 12 Constitution 10 Const
Sandwich* boneless ribs in bbq sauce with cheddar and onion rings on a bun BBQ Chicken Pizza pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion on a bed of mixed greens pizza Dough with the above vegetables and pepperoni pizza and vegetable pizza dough topped with cheese pizza, pepperoni Pizza and vegetable P	neese	, Refried Beans, Chee	Beef, Mexi Chicken, Mexi Veg	ce with your choice of Mexi E	ripsy and Soft Tacos, Mexi-Ri	Available Daily: Nachos, Co	
pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion abed of mixed greens pizza and vegetables and pepperoni pizza and vegetables and pepperoni pizza and vegetables pizza and vegetable Pizza all featuring whole grain rich pizza dough vith tomato sauce and melted cheese wrapped in pizza dough topped with tomato sauce and melted cheese wrapped in pizza dough pizza dough pizza dough pizza dough topped with tomato sauce and melted cheese wrapped in pizza dough pizza dough pizza and vegetable Pizza all featuring whole grain rich pizza dough Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough Turkey Salad Plate with Dinner Rolls Classic turkey salad on a bed of greens with carrots, cucumbers, and tomatoes Dinner Rolls	n bites ection	Popcom Chicke breaded chicken b baked to perfecti French Bread	Cheese pasta in cheese sauce, topped with fajita style chicken	freshly baked meatballs with tomato sauce over	Baked Chicken Breast	Sandwich* boneless ribs in bbq sauce with cheddar and	World Market Winder is secretary control control A S
Turkey Salad Plate with Dinner Rolls Classic turkey salad on a bed of greens with carrots, cucumbers, and tomatoes Dinner Rolls Dinner	oed with zzarella,		Stromboli Chicken and melted cheese wrapped in pizza dough 👸	Style pizza dough topped with tomato sauce and melted cheese P	tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens Pizza Dough with the above vegetables and	pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion %	La Cucina HALIAN BISTRO
Dinner Rolls classic turkey salad on a bed of greens with carrots, cucumbers, and tomatoes Dinner Rolls Salad with beans, com, sour cream, and salsa Dinner Rolls Dinner Roll		izza dough	featuring whole grain rich p	Pizza and Vegetable Pizza al	ily: Cheese Pizza, Pepperoni	Available Da	
	d topped chicken	Salad Plate With C Chicken fresh garden salad to with baked crispy ch Dinner Rolls	romaine lettuce with cucumbers, tomatoes, feta cheese, black olives and red onions 🔗 🤔	fresh garden salad topped with meat p	Salad with beans, corn, sour cream, and salsa	Dinner Rolls classic turkey salad on a bed of greens with carrots, cucumbers, and tomatoes	Sensational Salads
Fresh Garden Salad with seasonale vegetables, your protein choice of Ham, Turkey, Chicken or Hard Boiled Egg, all served with Dinner Rolls			g, all served with Dinner Rolls	m, Turkey, Chicken or Hard Boiled Eg	vegetables, your protein choice of Ha	Fresh Garden Salad with seasonale	
fresh chunky tuna salad with field greens and ham, mozzarella cheese, tossed greens and tossed greens and tossed greens and thinly sliced delimeat and gooey cheese with layers with lettuce and to	g salad mato in a	Egg Salad Wra freshly made egg s with lettuce and toma wrap 🚱 🤌	Melt gooey cheese with layers of turkey and crisp bacon melted between two slices	Sandwich thinly sliced deli meat and	ham, mozzarella cheese, tossed greens and tomatoes wrapped in a	fresh chunky tuna salad with field greens and tomatoes served in a wrap	SANDWICH CO.
Available Daily: Assorted cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable toppings		egetable toppings	olls and wraps along with ve	nd whole grain rich bread in	sorted cold cuts, cheeses a	Available Daily: As	
Meal price includes: protein choice, fresh veggie choice, fresh fruit choice & bres	flavored.	Meal price includes: protein choice, fresh veggie choice, fresh fruit choice & bread choice. At least two types of milk available daily: 1% low fat unflavored, fat free flavored, fat free unflavored.					

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Welcome to our Lunch Cafe

3/26/2018 - 3/30/2018

Tue (Monday	Tuesday	Wednesday	Thursday	Friday
Healthy Harvest	Side Salad side salad with tomato and cucumber Fiesta Com Green Pepper Slices Fresh Apple	Side Salad side salad with tomato and cucumber Side of Carrots Fresh Grapes	Side Salad side salad with tomato and cucumber Sweet Potato Fries Red Pepper Strips Fresh Pear		
ERUBUS WHERE BUNGED AND AND AND AND AND AND AND AND AND AN	BBQ Chicken Sandwich baked chicken smothered in BBQ sauce on a bun	Chicken Nugget Parm Sliders chicken parmesan minis on slider buns	BLT Burger burger topped with bacon, lettuce and tomato on a freshly toasted bun 69		
	Available Daily: Hambu	ırgers, Cheeseburgers, Turl	key Burgers, Veggie Burgers	, Chicken Patties and Spicy (Chicken Sandwiches
Coyote Grill Southwestern, cuisine with a bire	Organic Bean & Cheese Burrito organic pinto beans and cheddar cheese burrito	Buffalo Chicken and Cheese Quesadilla fiesta style chicken and cheddar cheese inside a grilled folded tortilla spread with hot sauce	Orange Chicken Taco crispy chicken in an orange sauce folded in a taco shell		
	Available Daily: Nachos, Crip	sy and Soft Tacos, Mexi-Rice with	your choice of Mexi Beef, Mexi Chi	cken, Beans, Cheese Sauce and S	hredded Cheddar Cheese and
World Mark tourist Course	Tangerine Chicken WG breaded chicken in a tangerine sauce Brown Rice	Meatball Parmesan Sandwich warm meatballs on a roll, topped with tomato sauce and melted mozzarella cheese &	St. Louis BBQ Rib Sandwich* boneless ribs in bbq sauce with cheddar and onion rings on a bun		
Lacucina FIALIAN BISTRO	BBQ Chicken Pizza pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, and red onion 69	Pizza Salad tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens Pizza Dough Topped with	Grandma Pizza Sicilian Style pizza dough topped with tomato sauce and melted cheese P		
	Available Da	the above vegetables il <mark>yand pesperoni</mark>	Pizza and Vegetable Pizza all	featuring whole grain rich p	izza dough
Sensational Salads	Salad Plate With Crispy Chicken fresh garden salad topped with baked crispy chicken Dinner Rolls	Chicken Caesar Salad fresh romaine topped with parmesan cheese, chicken, and croutons with dinner rolls Poinner Rolls	Tuna Salad Plate garden salad topped with freshly made tuna salad @ Dinner Rolls @ (§)		
	Fresh Garden Salad made to order with	n seasonal vegetables served with choice	of shredded mozzarella, cheddar cheese, P	rotein choice of Ham, Turkey, harad Boile	ed Egg or Chicken served with
AMERICAN SANDWICH CO.	Chicken Caesar Wrap Caesar salad with crispy chicken in a wrap	Buffalo Chicken Wrap warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato	Egg Salad Wrap freshly made egg salad with lettuce and tomato in a wrap 🚱 🤔		
	Available Daily: Ass	sorted cold cuts, cheeses a	nd whole grain rich bread, r	olls and wraps along with w	egetable toppings
O CIMI		N 30 500	Meal price includes: protein		

WHITSONS"

At least two types of milk available daily: 1% low fat unflavored, fat free flavored, fat free unflavored.

Available daily with salad lunch: protein choice, whole grain item, fruit choice & milk choice









