

Mental Hab

Food For Thought

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FREEZIN FOR A REASON: TAKING THE POLAR BEAR PLUNGE FOR A GREAT CAUSE

By: Ariana Brown

It's about that time. The Polar Bear Plunge with Mr. Mayo is taking place this year Sunday, February 7th from 12:00 to 2:00 PM at Riverside beach. The plunge is a cause that helps the Make A Wish foundation raise money. If you aren't familiar with Make a Wish their foundation is about granting children with life threatening conditions their biggest wish.

Take Allen, the young man in the picture below, for example. Allen is seventeen years old and lives with leukemia, a form of cancer. He deals with the disease and a host of related health issues everyday. When Make A Wish found out that he was enthusiastic about designing cars and becoming an engineer they contacted the right people: GM. The executives from GM in Detroit flew Allen out and



allowed him to create and present his car designs to the staff at Motor City. For a bonus, they took him for a spin in the company's hottest and fastest cars. After the ordeal the nearly speechless teen spoke out. "All I have to say is thank God that I'm here to tell you where I came from - a lot of agony and pain. But this is everything I have dreamed of, that got me through," Allan says. "I thank the Lord for giving me another day to live my dreams. And I thank each of you for your generosity." (makeawish.com/stories)

As for the polar plunge, it is just one way you can support a noble cause like Make a Wish. For those that don't know, the polar plunge is when you run into the ocean in the middle of the winter, and run out. Sounds fun right? Make sure before that all takes place you fill out a sheet with people who will sponsor you to do the plunge. All the money raised by each individual is given to Make a Wish. Running into the freezing ocean with the unbearably cold weather does sound crazy, but you're making a kids dream come true, so it's all worth it.





FHA TOY DRIVE

By: Thomas Lira

FHA is well known for its involvement in the community and this year is no exception.

So far, the club has had an incredibly active year as evidenced by their successful assistance in the safe trick or treat, the 9/11 memorial, multiple activities with life skills, gathering donations to help the homeless for Thanksgiving, and most recently the toy drive that goes towards providing toys to sick children who under normal circumstances wouldn't get anything.

In all of these cases, the FHA group has done an incredible job of displaying the club's values by displaying their leadership skills and treating everyone in the community as family. While the club members may take joy in all the positive work they've done helping others, they also have been enjoying their club time because of the recent feast celebrating the great successes they've had this year. I'm sure those that FHA have helped can clearly felt the close knit experience the club provides as well as gratefulness towards such a dedicated group. Yet, even after all these activities there is still more to do, as FHA has future plans for exciting fundraisers/ events later in the year like baked goods/stuffed bears for Valentine's Day, The ALS walk, Lock's of Love, helping at a soup kitchen and more.

In conclusion, The Lawrence High School community greatly appreciates the amazing job they've done in serving/ representing their community and looks forward to their upcoming events.



IT'S TIME TO GIVE BACK

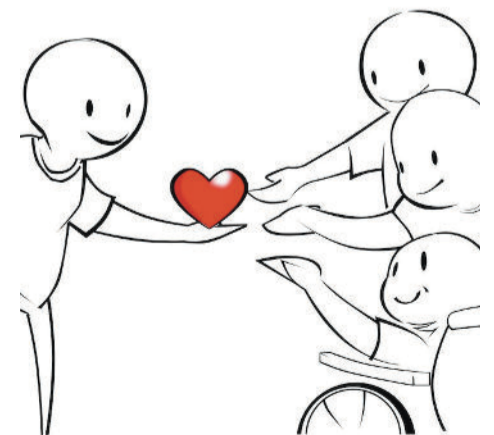
By: Sierra Canetti

The fresh pine scent filled the house and the twinkling red and green lights from the Christmas tree illuminated the entire room. Every year the holidays comes around, where the joy of Christmas spirit lingers within New York City. Although most families or cultures within society see the jolly, spirited holiday as some kind of celebration, most individuals are not aware of the major circumstances and or struggles that other families are having to endeavor throughout the holidays.

For instance, "In recent years homelessness in New York City has reached the highest levels since the Great Depression of the 1930s." (Coalition For The Homeless) Furthermore, it states that "Each night thousands of unsheltered homeless people sleep on New York City streets, in the subway system, and in other public spaces. There is no accurate measurement of New York City's unsheltered homeless population, and recent City surveys significantly underestimate the number of unsheltered homeless New Yorkers." (Coalition For The Homeless)

Look closely at the picture above. All too often we do just that: walk by. After all, we are busy people. We have family to see, work to rush to, and a million other truly important activities that fill our lives with purpose. That being said, tak-

ing one minute to donate, appropriately, to a cause is worth it. If you can spare some tv or shopping time, volunteering is always appreciated. As a civilian in this society, I would like to think that the holidays, for instance Christmas and the New Years, are not just about celebrating the new gifts or the loved ones that others adore. I suggest that as thoughtful human beings we should start participating in the Paying It Forward and Giving Back type of attitude, where just taking one step towards helping another would be a great way to celebrate the holidays.





MOM, YOU LIED

By Niko Williams

Have you ever realized one day that something you were told as a child was a lie and yet you believed it for most of your life? Well, in truth, as a child, there are a lot of things that you are told that aren't true. Sometimes you were lied to in an effort to protect you or scare you from doing certain things, but by now, you should know the truth behind these lies. So below are some common lies that have been told, and why they aren't true;

1) Your veins are blue...: Well, no. Your veins aren't blue. Nor are the blood cells inside of them or anywhere in your body. Your veins are all red. The reason they look blue from the outside is because your fat and skin filters out the red light, and only the blue light passes through to your eyes. So in truth, everything in you is red.

2) If you swallow gum, it won't be fully digested for many years...: This lie was just told to stop kids from swallowing gum as a choking hazard. In reality, if you were to swallow a piece of gum, it would be digested normally. The excess sugar is drained and used in your body, and whatever is left comes out as waste like all your other food.

3) Your tongue has different sections to detect different tastes...: A good amount of people believe that your tongue is divided up into sections to detect different tastes, like sour, sweet, bitter or salty. Instead, your tongue is equally adept at detecting all of these tastes. All of your taste buds are the same, and so are their functions.

4) Cracking your knuckles is bad for you...: Your parents might've told you not to crack your knuckles, because it might make your fingers fatter or cause arthritis. Your parents might've actually told you that for proper manners or just because they didn't like the noise. But the fact of it is, cracking your knuckles isn't bad for you. If anything, it can be beneficial. Cracking your knuckles releases air trapped between the joints of your bones, and fluid pours in to take its place, making it easier to move. In total, this can help you rather than hurt you.

5) Eating lots of sugar can make you hyper...: This lie actually seems very reasonable. Eating sugar, something so sweet, seems like a very probable reason for someone to be very hyper and happy. But, in reality, there's no true correlation between sugar and hyper activity. It's mostly psychological. The presence of sugar affects the brain into thinking that it has an effect on the body. The act of eating sugar does not cause hyper activity though. However, sugar is directly linked to fat, diabetes, and other problems, so just because you won't get hyper, doesn't mean it's good for you.



THE DOCTOR IS IN: SOUND ADVICE FROM A JUNIOR

Dear Kristina,

I'm just now realizing that high school is almost over and that I have pretty much wasted four years. I want to go to college but my grades aren't good enough to get in anywhere decent. I want to get away from my parents because it's just time to go and I'm scared I will be staying home while my friends are all away having fun. Advice?

Dear inquirer,

Before I start, just know that you're not the only one who's been in a predicament like this, so don't feel any sort of shame, and the best part is, it has an easy solution. Believe it or not, it's actually a blessing to live in Long Island, close to one of the best community colleges in the country, Nassau Community College. Now, before you roll your eyes and ignore anything else I say, just hear me out. Yeah, NCC gets ragged on all the time because it's a community college and most people are quick to raise their nose in the air and let their egos get in the way of even considering it, but there's a reason why it got its title as being the best community college in the US—two years of working your butt off and getting great grades, regardless of your grades in high school, and you could have Ivy League universities knocking on your door.

Bet you didn't know that, did you?

Getting away from your parents isn't the most important thing, remember that; you have your whole life to be on your own after you graduate! Besides, I'd take advantage of living at home

while you can—no rent to pay, mom's doing your laundry, free food in the fridge, homecooked meals, and not to mention, extra motivation to do well in school.

As far as your friends go, don't worry; not all of them will go out of state or too far away, and even if they do, they'll be home for weekends if they can be, and holidays! Plus, college is a great way to explore different parts of yourself and make friends that cater to these traits of yours, so you'll always have fun.

Don't stress it too much, you'll be fine. I promise.

Dear Kristina,

I'm dealing with some personal issues. I have something really important I want to tell my family, that I need to tell them, but I have a feeling they will flip out and disown me. They are very strict and religious and what I have to tell them goes against their beliefs. Should I just keep my mouth shut? Help.

Dear Inquirer,

Hm, this is a tricky one, Anon, and I really feel for you, but I feel this all comes down to how comfortable you feel. It may take time before you're actually comfortable telling anyone what's going on with you, especially your family. Once you're actually comfortable and confident in doing so, it shouldn't matter to you what anyone thinks.

Of course, this can be hard to do when dealing with your parents, but even though they may be disappointed in some sense, they still love you because you're their child. They love you for you, and your actions and situations you stumble across don't dictate their love for you. It's going to be difficult, no doubt about that and you're definitely going to be nervous, but that's okay because everything's going to work out in the end.

Think about it, would you rather a little bit of discomfort when telling your parents, or a lifetime of regret due to keeping it a secret?

—CLASS OF— 2016

By: Senior Class of 2016

Once Said by Polonius himself to his son Lartes in the Play Hamlet "This above all: to thine own self be true,
And it must follow, as the night the day,
Thou canst not then be false to any man.". So here is some advice from the senior class of 2016 to our underclassmen!

Brandon Behar- "Eat breakfast, cause you want to be salty in the morning."

Nick Colliniates- "Be respectful to your teachers."

"Organize your binders."

Toni Gonzalez- "Don't be afraid to join a team or club, you meet a lot of great people that way."

"Don't be ashamed of what or how you live. It's your life, make it good."

Jose Escalante- "Don't stand in the middle of the hallway."

"Procrastination is terrible."

Edwin Hernandez- "Don't stand in the hallway."

Max Kerman- "Take more complicated classes, challenge yourself."

"Do your research paper on time, it's not

worth it."

Marina Ramirez- "Do it for yourself and not for others."

"Don't look from the outside but look in the inside of a person."

Ashley Jackson- "To all freshmen females, DO NOT 'talk or involve yourselves with' senior boys, it's a trap."

"Join clubs, our school has a great variety of clubs, advised by amazing teachers."

"DON'T STOP IN THE MIDDLE OF THE HALLWAY!! KEEP WALKING."

Niavannah McMillan- "Not everybody that you meet is going to be your friend. Don't try to tell everything especially personal things to just everyone that seems nice. I'm not saying don't be respectful or make friends but simply don't tell everything to them because they just might tell others your person situations."

"Don't stay in the house all the time. These are your young years. Get out and have fun. Don't end up regretting that you spent all these years just hiding."

"The four years that I've been in high school I realized that sometimes people just need friends, if not friends they just need someone to listen to them. Some people don't have anybody and they're probably depressed. Basically if you see somebody down try to lend them an ear or a shoulder to lie on."

Kiana Nunez- "Don't try so hard to fit in

or be accepted. You will find people you vibe with eventually, just give it time."

"Start good studying habits from the first day of school it will help a great deal as you get older and take more challenging courses."

"Study for your SAT/ACT from the end of sophomore year to the beginning of junior year, it will help a great deal."

Shruti Reddy- "People who pour their heart and souls into whatever they do, because they care for you, should be valued and embraced for their knowledge and wisdom. You should look them in the eye and say thank you."

"Don't let history be one of missed opportunities. Learn from the past."

"Friends talk to each other, but real friends listen."

"You don't have to be blood to be family."

Chris Rincon- "Don't talk back to teachers."

Aleia Pierre- "Be involved, be yourself and enjoy your time as a freshman."

Shrena Edmond- "Do your homework. Don't try to fit in with your classmates by not doing your homework. If you do your homework it will pay off in the end. Do your projects. Don't procrastinate. Just do it."

"Exercise. People that exercise everyday tend to be more peaceful since they are

able to release their anger and become relaxed."

Frank Tortorici- "Set a goal average for yourself and try to maintain it for the year. Setting a goal, believe it or not, pushed you to maintain that goal."

"For the love of a God, WEAR DEODORANT!!!"

"Don't be afraid to ask for help."

Cinthya Martinez- "Join clubs."

Chris Cespedes- "Get enough rest."

Sammy Robinson- "Play a sport and bond with teammates, you will learn a lot on and off the court, field."

"Choose your friends carefully, don't post anything inappropriate on social media."

Bertha Saavedra- "Don't bring balloons on your birthday."

"If someone's alone go and talk to that person."

Ariana Taller- "If you see gum on the desk, banister or floor, leave it there. It's not free candy."

"Bring cereal in a bag to school if you don't have time to eat at home."

Noah Serrette- "Don't bring 100 balloons."

"Brush your teeth."

Vinnie Torre- "Always have pencils."

"Make sure you do all your homework the night before."

Damari Shackelford- "Stop kissing in the hallways, not everyone wants to see that"

"Don't let anyone tell you you're too sassy. Sass is good. Sass is life."

"Don't be afraid to be DIFFERENT. It's okay to be yourself"

"Spend your time wisely, because time is the one thing you can never earn back, and enjoy every moment you spend."



Anti Social Media

By: Jordan Garry

"The disciplinary episode began when the student used her phone during math class." This is what the Los Angeles Times had to say in mid-October concerning a violent assault on a South Carolina student by a school deputy. The situation started when a girl was caught with her phone in the middle of her high school math class. When the girl refused to put her phone away, the school deputy was called in to handle the situation. This is when the deputy viciously threw the girl across the room like a rag doll. Despite the horrific actions by the school deputy, the underlying question would be "What was on the phone that made the girl not want to put it away?" I think that the answer to this question would be "Social Media". In this day and age it is almost impossible to find a person who doesn't have at least one social media account. This isn't necessarily a bad thing however, given the benefits that social media brings to the table. For instance, social media is very convenient when it comes to keeping in contact with friends and family, despite geographic location. I was able to experience this benefit firsthand. When my brother in the army was stationed in Iraq, I was able to keep in contact with him via Facetime. One other main benefit of social media would have to be how teenagers are now socializing more. Our generation, the "millennials" (born early 80s to early 2000s), are shown to be more active on social media than our parents' generation, "generation x" (born mid 60s to late 70s) and the "baby boomers" (born mid 1940s to early 60s). According to a study by eMarketer, "90

percent of Millennials are social media users, with 76 of Gen X on social networks and 59 of Baby Boomers".

Despite these benefits of social media, when they are abused they create the cons.

One such con includes social media's poor effect on the academic performances of students. According to a 2011 study by a Lock Haven University professor, those who frequently go on Facebook have their average GPA a full point lower than nonusers. That is 3.0 to 3.5 for frequent users versus 3.5 to 4.0 for nonusers.

In addition to this, social media has also been discovered to create addictive traits mirroring those of drug addiction. A study at the University of Winchester found

that when heavy social media users were asked to stop using social media for a month, many experienced negative feelings toward the ban, feeling "cut off from the world" or "socially isolated". These feelings were almost identical to that of a drug addict who went a while without drugs. Social media also affects how people

perceive themselves and creates a feeling of self-consciousness to the point where they find the need to look good to the outside world. This, thus creates narcissistic

people who are self-centered and feel the need to keep the attention on themselves based only on the amount of followers and likes they have. A Canadian study at York University, published in the journal *Cyberpsychology, Behavior and Social Networking* concluded that the people who used Facebook the most tended to have narcissistic or insecure personalities. In my opinion, people shouldn't care too much about what others think because then they'll never be satisfied with themselves. The more narcissistic and self-conscious users of social media are also affected by cyberbullying most because they are the ones that care the most about their image. A grim example of how social media is linked to cyberbullying is through college student Tyler Clementi. You may have

heard about Clementi, because in 2010 his death brought about a change in what's being done about cyberbullying. Clementi was a homosexual Rutgers University student who had been taped on his roommate's webcam kissing a

man. When the roommate put it on Twitter and showed it to other's, Clementi jumped off of the George Washington Bridge. Tyler Clementi's suicide clearly displays that social

media can be very dangerous given that you can't take back what you post.

Another of the more dangerous cons of social media is how social media is not real communication and lacks emotion. Therefore people can say one thing and

mean another. For instance, according to forbes.com, "Sharon Seline exchanged

text messages with her daughter who was in college. They 'chatted' back and forth, mom asking how things were going and daughter answering with positive

statements. Later that night, her daughter attempted suicide." The emotionless posts of social media hides true intentions that would be seen through talking. One can't tell if another is joking, lying, being sarcastic, or being serious based on

posts alone. Despite all of the cons of social media, some worse than others, in my

opinion there is one that stands out. Social media users who are accustomed to sites like Facebook are not actually talking with people and are thus found in a weird spot when faced with up close real conversation. This is due to the fact that they weren't able to build on their professional talking skills in actual conversations. This is why many teens avoid conversing altogether. Therefore creating antisocial behavior. Marty and the Doc from the film "Back to the Future" were already scheduled to arrive in October. I don't believe they would be nearly as surprised by how we don't have hoverboards than they would be about how someone could be sitting next to someone they know and say nothing simply because they are too busy on their phone. To me that is the final blow: how Social Media makes people Antisocial. While there are many pros to social media, the many cons are far more consequential and thus should be taken into consideration when using social media sites. I don't dislike social media, but am

against overusing it, as this is when the cons begin to show themselves. Overall, social media shows that too much of anything is never good- unless your last name is Kardashian :)





ABSTRACTION BY TONI GONZALEZ

The preconceived notion of love is usually thought of with an inexperienced mindset and an endearing, though naive, heart. You wish and hope, pray if you think it'll work, that it's as black and white as right and wrong. But it's not like that and it never was, because not everyone loves the same way you do. As human beings, we evolve. On the daily or through the years, we never finish the same as when we started. That's not to scare you, to have you believing one day you'll be cherished and forgotten the next. Instead it's to inform you that who you love now will grow, develop, and inevitably change. Time and time again I've heard the telltale sign of denouement, "He/she/they changed," "They're not the same," and of course, "I don't feel like I know them anymore." But to ask a person to remain unaltered throughout their budding existence is to demand failure and heartbreak. Allow a person to switch in and out of skins until they find their footing as you may have. You are not set in stone either and you are entitled to transformation. And through the trials and errors, if you find you still love each other by will and effort, maybe it is meant to be. If not, maybe you're a different kind of soulmate. There is gray in a black world, but the coloration of love is on an entirely undiscovered spectrum.



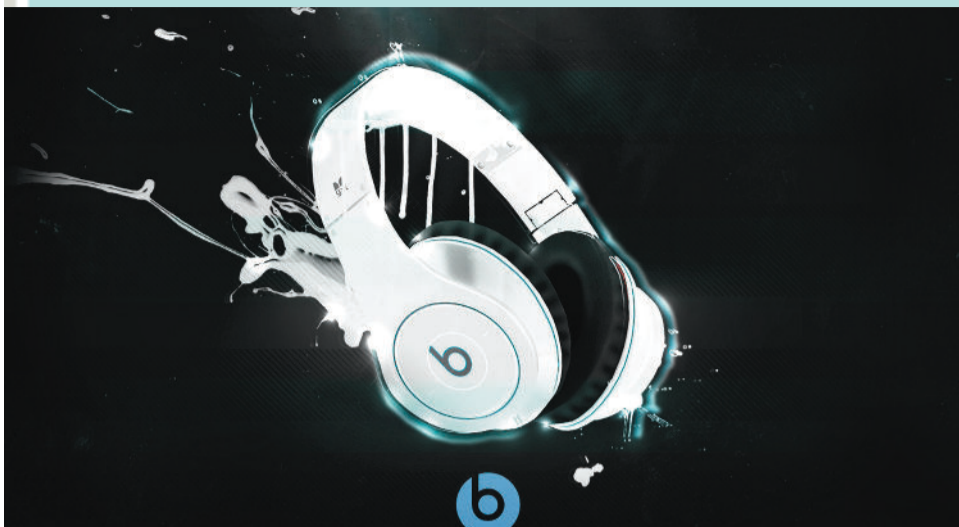
N.B. BY TONI GONZALEZ

Sometimes I worry about you. I wonder if you're on edge, warding off demons of your past. I wonder if you're cursing my name, burning my face, smoking on sidewalks, out in the rain, when someone asks what's wrong and you can barely be heard, by the puffs of smoke and lumps in your throat. Have you bathed or does the silence leave you breathless? Have you caught word of me and grew restless? Does sweet sleep escape you and leave tears as talisman? If gone back in time, would you do it all over again?

Or are you instead holding hands, with new-found rocker friends, swimming in their backyard pools, sharing drinks in the neck of the woods, lighting lanterns and watching them float to be stars, do you think it'll never get better than right where you are? Did you meet a face, along the trailway, with eyes like winter fire and full of untapped desire? Do you find yourself interested in this new adventure, grateful I wished you happy endeavors, because now it shows, it builds and explodes, you're sticky with its residue, and you don't wish to be new, you forget me, a note on the counter, what we used to be, withered to dust by fired gun powder.

Maybe you're not either or, instead going on like you have before, a laugh here, a sigh there, why travel, there's always air, air in your lungs, that gets knocked off your tongue, in despair or pleasantries, maybe you're just a little too busy, in overwhelming urgency, to leave your post, or reply to ghosts, your only stability has an iron grip, you're unprepared to give, even an inch, in fear that you could fall through the cracks, expose the truth, admit you love me back... or maybe you're just tired, tired of me and this, why I earned no swift, death, or rest, you are lost on this world, and I too, the lovesick girl.





Teenage Hearing Loss

By: Emma Balsman

In today's modern world of technology, it is a typical sight to see a teenager with their earbuds plugged in. Most likely, they are blasting their music or digital content at a level where they cannot hear anything outside of their headphones. While the kids think that these high volumes are perfectly alright, they are terribly mistaken. In just a short amount of time, excessive, and even permanent, damage can occur.

Constantly listening to sounds that are over 85 decibels can cause everlasting hearing loss within just minutes. The World Health Organization claims that over 1.1 million adolescents are vulnerable to hearing loss due to personal sound-emitting devices and exposure to large concerts or sporting events. Decibels can reach over 120 at mass dance festivals, leaving a high chance for irreversible ear damage. Most teenagers today will have lost nearly all their hearing by the time they are forty. This is because in today's day and age, the most popular type of headphone, the earbud, is the most destructive. Due to the earbud's design of sitting lightly in your ear, the damage to the eardrum is affected by the directly projected nine-decibel increase of sound. While the intensely loud sounds emitted stylish earbuds are appealing to the teenage masses now, they will be a huge regret in adulthood. Hearing aid companies will skyrocket in income, and ear canal surgery will be a common trend. However, at that point, most of this damage will be hard to fix.

In the past few decades, Dr. Sreekant Cherukuri states that teen hearing loss has increased by 30% since the 1980s and 1990s. A sign of hearing loss known as tinnitus is more common in people in their 20s and 30s than ever before, says Dr. Nicole Raia, a clinical audiologist. "Experts say the best way to protect young ears is to apply the "60/60" rule: Keep the volume on the MP3 player under 60 percent and only listen for a maximum of 60 minutes a day" ("Generation Deaf" NBC News). By following this guide to safe listening, teenage hearing loss might not be as rampant in the future as doctors predict.



EMBRACING THE DRESS CODE

By: Sierra Conetti

What is the dress code policy? And why does our high school even have a dress code? Well these are reasonable questions to be asked and that can also be answered! Every morning it's usually a struggle to get up and out of your bed. It's a struggle to just think of what to wear and to even try to arrive at school on time. As students, all of us know that at times there are just moments, where we sit and think about why in the world do we have to be at school so early? Why are the classes so long? And why can't we express ourselves by the way we dress?

Yes, these questions are definitely great questions to think about. Yet on the other side we as students have to thoroughly think about the main reasons as to why are high school enforces these rules upon us. For the most part the major reason our high school, well not just our high school as well as the school board enforces the dress code policy is to primarily promote and enhance a more "serious school atmosphere" in which will emphasize the academics within the school as well as promoting good behavior too. Our dress code policy is based upon various aspects which are; that dress codes have been proven to increase the student achievement in academics by encouraging students to mainly concentrate more on their studies and less on their attire. When referencing an article from *koshercasual* it states "A de-emphasis on clothing can also save money, as there will be less pressure to keep up with expensive trends and fashions and Dress codes in school settings reduce social conflict and peer pressure that may be associated with appearance." These are just some reasons as to why the dress code policy is not a terrible rule to be enforced through school. In relation towards other school dress code policies which would be uniforms, the dress code policy actually in fact has a benefit as a rule. The benefit is that the dress code still allows students to still wear what they want which leaves the students with a sense of expression as well as a choice on what to wear. In addition, when referencing the *koshercasual* article it states "While teenagers will always find a way to express themselves, imposing boundaries can prevent them from resorting to extremes that can sometimes lead to undesirable consequences. School dress codes are a way to teach students the importance of a respectable appearance which is a lesson that can positively impact their self-respect and self-esteem." This is definitely a major point as to why the dress code policy should be enforced throughout schools and as to why it is important to keep throughout schools.

WHAT'S YOUR NUMBER?

By: Nicholas Williams and Stacy Portillo

The idea for this survey came about from the popularization of the #thefightto-standup, which was started to help people come together to love their bodies and raise their self esteem. After talking about this movement, the adolescent psychology class decided to conduct a survey, to see what the average self esteem rating of the students was. The students were given the challenge of coming up with questions that could accurately evaluate the self esteem of their peers. The students then agreed on different questions and created the anonymous survey. The class first took the survey themselves containing the chosen drafted questions. Afterwards, they eliminated a few questions, revised it and then took it again. Once it was agreed upon that the test would generate accurate results if taken seriously and ready to go, they began to survey other students around the school. Each student in the psychology class was given a minimum of four surveys. Their job was to get two boys and two girls from their respective grade to fill it out. Since there were no 9th grade representatives in the class, unfortunately the survey could not be given to them. The class had many different predictions as to which race, grade and gender would have the highest or lowest self-esteem. After several surveys, the data was analyzed to obtain these results (see right):

Our conclusion was that perhaps self-esteem wasn't constant, and that it changed depending on the time of day, how you're feeling, and what has happened that day for example, but more research is needed. With that in mind, the class came up with a few ways to raise your self-esteem.

1. Try something new, you never know when you could find something new you like to do or are good at.
2. Talk to someone who makes you laugh and who makes you happy.
3. Look on the brightside, or in other words try to be optimistic about difficult situations.
4. Have a "you" day, dedicate a day to yourself to relax and have fun, but remember to take care of yourself everyday as well.
5. Watch a funny movie or tv show, to help cheer yourself up on a bad day. A smile is an instant boost to your self confidence.

If you'd like to take the survey to see how you rate on self esteem, answer the survey below and average the scores for questions 1, 4, 6, 7, 9, 13, and 17, for your score.

Self Esteem Statistics

10th Grade Total Average: 6.98

Males Females

African American 7.08 8.13

Hispanic 7.48 7.06

White 8.73 8.20

Other 4.10 5.00

Total 6.85 7.1

11th Grade Total Average: 7.805

Males Females

African Americans 8.90 8.06

Hispanic 7.14 6.73

White 7.15 7

Other 8.03 9.40

Total 7.81 7.80

12th Grade Total Average: 7.52

Males Females

African American 8.1 8.38

Hispanic 7.03 7.30

White 7.08 8.27

Other 7.65 6.30

Total: 7.47 7.56

Male Total Average: 7.38 Female Total Average: 7.49

