

Mental Pablum

Food For Thought



Lawrence's Top Scholars: Class of 2016

Every year a Lawrence administrator gets on the loudspeaker and announces who the top three seniors are based on academic merit. It is one of the hardest feats to accomplish, especially when juggling school work, standardized tests, clubs, community service, music, and more. However, it is the most rewarding feeling after working so hard for all four years of high school. This year's top three are: Samantha Rubenstein as valedictorian, Taylor Luck as salutatorian, and Dahlia Forte as honor speaker. They are three extremely talented and well-rounded students who will go very far in life, starting the next chapter of their lives at college in the fall.

The valedictorian, Samantha Rubenstein, is one of the brightest Lawrence High School has ever had the pleasure of educating. Academically, she has truly gone the distance. Sam has won: the American Chemical Society (ACS) Award in grade 11, the Friends and Family of Rock Hall Outstanding Achievement Award in grade 11, the Math-Outstanding Achievement award in grade 11, and the

St. John's University- Women in Science Society Certificate of Recognition in grade 9. She has also been the treasurer of National Honor Society, also helping run Lawrence's Safe Trick-or-Treat and Culture Fest. Helping in the community is also a large passion of Sam's. She has been a member of Math Mentors for two years and has done peer tutoring for grades 11-12. Being a competitive gymnast, Sam has worked at this sport at an outside club since she was in 2nd grade. On her science-side, Rubenstein presented her psychology project to Intel this year. The research was conducted about how insomnia and hypersomnia can lead to anxiety and depression among high school students. Lastly, one of Sam's favorite activities is DECA. She has participated in the club since freshman year. Winning first place at the regional competition and fourth place at NY state competition in 2015, she made it to internationals in Orlando, Florida. Sam also won second place at regional competition and first place at NY state competition in 2016, making it again to internationals in Nashville, Tennessee. Sam will be attending the University Of Washington in Saint Louis in the fall.

Taylor Luck is one of Lawrence's hardest

workers in all aspects. She holds a 4.0 on her transcript. With taking AP Chemistry last year (receiving a 4 on the AP exam) and AP Physics this year, you could say she is a very science-oriented student. She was named an AP Scholar after her sophomore and junior AP scores. However, Taylor's pride and joy come in her extracurricular activities. She has been in National Honor Society for two years, along with being named a John Hopkin's Woman of Science. Luck is a member of Lawrence's Model Congress club and has been a part of that since her freshman year. She has been an active member of Key Club for four years, participating in the President 2016 and Cabaret Night events. Inside and outside of school, Taylor shows her creative passion of dance. She has danced for Ms. Sales since she was in 7th grade, and takes part in a Dance Workshop on her own time. Taylor also teaches ballet and tap to young children. Lastly, Luck was an avid member of the varsity gymnastics team for six years, bringing great pride to Lawrence and her family. She will be attending Cornell University in the fall.

Dahlia Forte is one of Lawrence's brightest and well-rounded students. She maintains a 99.91 weighted average, also a 4.0 on her transcript. Forte was named an AP Scholar, as well. She has been in National Honor Society for two years. Also, Dahlia has accomplished becoming a QuestBridge College Prep Scholar in 2015, along with a Questbridge National College Match Finalist. Her favorite and most notable club is Model Congress. For all four years, Forte proved her passion for the club. In her senior year, she was selected to become the General Chair (equivalent of president) of Lawrence's delegation. Dahlia has won an impressive number of seven awards in various topics through her debate skills in the club. Another love of Dahlia's is the high school marching band. She has participated since September 2012 and held a leadership position for three years in it. Lastly, Forte shows generosity with her volunteer work since 2011 at the Vineyard Church, ranging from donating meals for the homeless and Toys for Tots. Dahlia will be attending Vassar College in the fall.

Where Will Our Seniors Be Next?

Jamila Alkaifi- Laguardia Community College: Business	Xavier Drinks- University At Albany: Finance and Accounting	Jordan Kleinworm- Hofstra University: Business	Naomi Oken- Queens College: Undecided
Cindy Almonte- Adelphi University: Marketing	Bonnie Dubins- Stony Brook University	Gabrielle Koster- Marist College: Biomedical Sciences	Luis Perez- Johnson and Wales University: Culinary Arts
Jacquelyn Aquino- Queens Borough Community College: Business Administration	Jacqueline Echeverria- Nassau Community College: Bio Chem	Gabriella Levey: Stony Brook University: Engineering	Sabrina Perry- Vassar University
Raymond Aracena- Nassau Community College: Computer Science	Sherena Edmond- Nassau Community College: Nursing	Matthew Libbey- Syracuse University: Sports Management	Aleia Pierre- John Jay College Of Criminal Justice: Political Science/Economics
Michelle Argueta- Sarah Lawrence College: English	Jose Escalante- Stony Brook University: Biology	Nicholas Loch- Ohio State University: Finance	Jeremy Rampersaud- University of North Carolina at Chapel Hill: Undecided
Lydia Arroyo- Nassau Community College: Undecided	Fernando Fajardo- John Jay College of Criminal Justice: Criminal Justice	Laqwaan Lockwood- Air Force: Engineering	Shruti Reddy- University At Buffalo: Pharmacy
Natalie Azcona- Fashion Institute of Technology: Market Management Advertisement and Communications	Harris Feldman- Rutgers University	Sierra Lyerly: Monroe: Business Management	Monica Reyes- Lone Star College: Register Nurse
Kurt Banaag- University of California Los Angeles: Applied Mathematics	Dahlia Forte- Vassar College: Economics	Frank Manara- University at Castleton	Christopher Rincon- Suny Dutchess: Criminal Justice
Joshua Baxter-Nassau Community College: Computer Engineering	Jahfarie Francis Jr- Undecided	Laura Marciszweski- Marines: Medical	Carlos Rivera- Nassau Community College: Audio Production
Brandon Behar- Nassau Community College	Angelica Galetti- Old West Bury: Dentistry	Andrea Mari- Queens Borough: Early Childhood	Nicholas Rizzo- Binghamton University: Engineering Probability
Neol Belliard- Husson University	Ryan Gargarita- Riverside College: Nursing	Carlos E. Martinez- Nassau Community College: Business	Breanna Robinson- Nassau Community College: Criminal Justice
Lee Blackburn- University of Pennsylvania	Shelly Goldman- Ithica College School of Music	Jessica Martinez- Molley College: Special Education	Madison Rolon- Farmingdale State College: Liberal Arts and Sciences
Brandon Brumm- Bard College	Josh Gomez- Fashion Institute of Technology: Illustration/Graphic Design	Joshua Martinez-Reyes	Alex Romero Cortez- New York University
Serge Byakov- Embry Riddle Aeronautical University: Aerospace Engineering	Tamara Gonzalez- Berklee College Of Music: Music Marketing	Matthew Masselle- Nassau Community College: Accounting	Paulina Romo- Brittany's Beauty School: Makeup
Evelyn Cabrera- Adelphi University: Nursing	Toni Gonzalez- The New York Film Academy: Acting for Film	Asya Mavurk- John Jay: Forensic Psychology	Samantha Rubenstein- Washington University: Business
Sierra Canetti- Utica College: Criminal Justice/ Business	Alexandra Gresge- Indiana University	Josselyn Mejia- Pace University: Biology	Jason Sanchez- Nassau Community College: Graphic Design
William Cuestas- Nassau Community College: Liberal Arts	Cyle Hearst- Utica: Nursing	Wiss-Omaelle Mesidor- University Of Tampa: Journalism/ Psychology	Zaynah Sanders- Monroe College: Baking and Pastry
Anaya Davis- Howard University	Edwin Hernandez- Binghamton	Elizabeth Miller- Suny Cortland: Childhood Education	Ashley Sandoval- Mercy College: Exercise Science
Danielle Diamond- University of Florida: Marketing/ Pre-Law	Essence Hightower- Suny Plattsburg: Undecided	Neida Morales- Nassau Community College: Business	Marianna Santostefano- Skidmore - Theater
Stefany Diaz- Brigham Young University: Pre-Medica	Damario Hussey- Cortland: Pre-Medical	Xavier Moscoso- Nassau Community College: Undecided	Noah Serrette- Cortland University
Chase Doyle- Alderson Broaddus University: Environmental Science	Gabriella Jan- Loyola University: Biology/ Psychology	Alexa Napolitano- Nassau Community College: Undecided	Damari Shackelford- Weber State University: History Teaching
Owen Dredger- Stony Brook University: Undecided	Shamijia Jones- Suny Oneonta	Manmeet Nijjer- Hofstra University: Criminology	Maylaya Smiley- Georgia Gwinnett College
	David Kats- Long Island University Post: Business/Finance	Kiana Nunez- St. Johns University	
	Natalie Kenny- University of Massachusetts Amherst	Jamie Oberstein- Syracuse University	

Where Will Our Seniors Be Next?

Jesse Smith- Hunter College: X-Ray Tech

Hannah Stevenson- Nassau Community College: Pre-Med/ Physician Assistant

Denkwe Summers- Suny New Paltz: Criminal Law

Felix Taveras- New York Institute of Technology: Computer Science and Engineering

Moises Tirado- Nassau Community College: Undecided

Vinicio Torre- Johnson And Whales University

Frank Tortorici-Suny Geneseo

Elmer Umana- Nassau Community College: Undecided

Arelys Velasquez- Nassau Community College: Mediacl

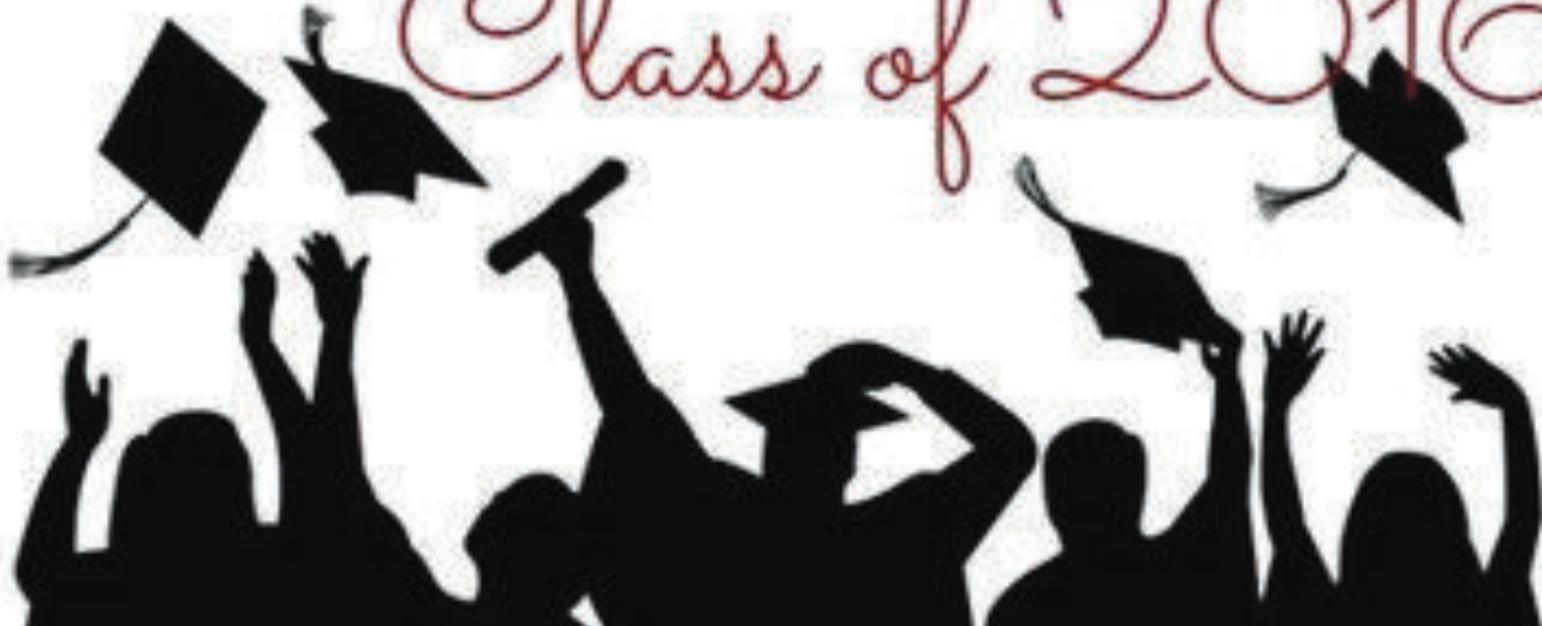
Omari Washington- Trade School

Jadzia Wray- Hofstra University

Though I know I'll never lose affection for people and things that went before. I know I'll often stop and think about them in my life I love you more. ~ "In My Life" The Beatles

Congratulations

Class of 2016





Head To The Moon

By: Toni Cruz

We've fallen. We have questioned ourselves, our limits and our talents. Nights we lay awake, asking our reflections if we'll make it through this time. Tears stained our cheeks, mirrors shattered at our feet and our voices low and cracked when spoken to. We fell apart, in pieces and in bricks. Lost the eyes that were set on the future, grazed greatness with our fingertips because we fell victims to temporary happiness. Mistakes made by foolish thinking and vowing promises for any prospect of redemption.

We never believed we'd get here like this.

We're bandaged and bruised, barely holding up our frames, but we still stand tall and we put our chests out. We pick up our heads, square our shoulders, and we take a deep breath. They're not going to beat us. We toss our pride up, like adolescence does their middle fingers, and we declare ourselves undefeated. We have fallen but we rose from the ashes of childhood dreams and broken hearts. Once embers of a small flame, now a rain of conflagration.

We have let go of the past to achieve our potential and to be bold enough to surpass it. We have overcome, we have lost, and we have survived. This is the end of blueprints, it is time for construction. It's time to build ourselves, put together the pieces that refused to break, and become better than we ever thought we'd be.

It's time to be alive.

2016 Graduate



Summer Fun

By: Luis Felepe and Anonna Sumaiya Ahmed

With summer about to begin we decided to ask some of the teachers what they would be doing with their time off. Here is what they said:

Mrs. Stanley: The global teacher said she might be the summer school principal, but she will definitely spend time with her family and practice her Spanish.

Mrs. Hudson: The ENL teacher will bring her son to the beach, go fishing and hopefully go to a concert. She also wants to visit her family in California, and maybe take a trip to Spain!

Mrs. Mazzarino: This math teacher will work at City College as a professor of math. On her free time she will play vol-

leyball at the beach, swim, or ride her bike. She will also visit her family in California.

Mr. Appel: He will be a lifeguard and he will be in a lifeguard competition. He will surf, play volleyball, have barbecues, and you guessed it - visit California.

Mrs. Eskin: The art teacher will work in her art studio where she will make some tiles for her kitchen and she may sell them at a local store. She plans on making some sculptures and going to the beach with her dog.

Enjoy your Summer!