

Welcome to our Breakfast Cafe @

Lawrence Middle School

April 2018

Monday

Tuesday

Wednesday

Thursday

Friday



2 Spring Recess School Closed	3 School Closed	4 School Closed	5 School Closed	6 School Closed
9 Fluffy Pancakes ✓ Crispy Sausage Links Strawberry Cup Whole Grain Pancakes	10 French Toast Slices ✓ Crispy Sausage Links Fresh Grapes Whole Grain French Toast	11 Fluffy Waffles ✓ Crispy Sausage Links Fresh Orange Whole Grain Waffle	12 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i> Fresh Apple Served on a Whole Wheat Bagel	13 French Toast Slices ✓ Syrup Crispy Sausage Links Fresh Banana
16 French Toast Slices ✓ Crispy Sausage Links Fresh Pear Whole Grain French Toast	17 Fluffy Waffles ✓ Syrup Crispy Sausage Links Diced Peach Cup Whole Grain Waffles	18 Fluffy Pancakes ✓ Syrup Crispy Sausage Links Strawberry Cup Whole Grain Pancakes	19 French Toast Slices ✓ Syrup Crispy Sausage Links Fresh Banana Whole Grain French Toast	20 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i> Fresh Pear Served on Whole Grain Bagel
23 Fluffy Pancakes ✓ Crispy Sausage Links Strawberry Cup Whole Grain Pancakes	24 French Toast Slices ✓ Crispy Sausage Links Fresh Grapes Whole Grain French Toast	25 Fluffy Waffles ✓ Crispy Sausage Links Fresh Orange Whole Grain Waffles	26 Bacon, Egg and Cheese Breakfast Sandwich <i>warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese</i> Fresh Apple Served on Whole Grain Bagel	27 French Toast Slices ✓ Syrup Crispy Sausage Links Fresh Banana Whole Grain French Toast
30 Fluffy Pancakes ✓ Crispy Sausage Links Sliced Oranges Whole Grain Pancakes	<h3>FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!</h3> <ul style="list-style-type: none"> VEGETARIAN MADE WITH ORGANIC INGREDIENTS MADE WITH ALL NATURAL INGREDIENTS P PORK VEGAN 			

SIMPLY ROOTED™ in food and family

We offer yogurt that is 100% all-natural or organic. Also, our hummus is organic and tahini-free. This is because we are Simply Rooted™ in food and family and we care about



our young customers. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



Breakfast Prices

Regular: \$2.00

Reduced: \$0.25

Breakfast is served in the cafe between the hours of 7:15 and 7:45 am

Available Daily

Whole Grain Bagel w/low fat cream cheese
Egg & Cheese On a Whole Grain Bagel
Turkey Sausage Link

4oz Yogurt served with Fruit, choice of bread

Muffins: banana or-chocolate chip

Assorted Cereals: Cinnamon Toast Crunch, Cheerios, Coco Puffs
Fruity Cheerios, all served with Teddy Graham Cracker or cheese stick

All served with whole grain choice of bread, fat free or 1% low fat white milk, Fat Free Chocolate milk, 100%

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.