

# Welcome to our Lunch Cafe @

Lawrence Elementary School

March 2018

Monday

Tuesday

Wednesday

Thursday

Friday



We proudly support clean, organic, local and sustainable agriculture.

<p>5 Meatball Parmesan Sandwich warm meatballs on a roll, topped with tomato sauce and melted mozzarella cheese Carroteenies Mixed Vegetables Fresh Grapes</p>	<p>6 French Toast slices of French toast baked to perfection Syrup Turkey Sausage Patty Sweet Potato Fries Grape Tomatoes Watermelon Cup</p>	<p>7 Stuffed Bread Sticks baked bread sticks filled with melted cheese Side of Carrots Cucumber Coins Fresh Apple</p>	<p>8 Middle Eastern Veggie Burger veggie burger topped with hummus, lettuce and tomato, on a bun Baked Beans Cucumber Coins Fresh Pear</p>	<p>9 Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese Green Beans Grape Tomatoes Fresh Banana Heartzel Pretzels</p>
<p>12 Chicken Nuggets crispy breaded chicken nuggets perfect for dipping in your favorite sauce Cucumber Coins Whole Wheat Dinner Roll Sweet Potato Fries Melon Cup</p>	<p>13 Pasta &amp; Meatballs freshly baked meatballs with tomato sauce over pasta French Bread Side of Carrots Side Garden Salad Strawberry Cup</p>	<p>14 Spicy Chicken Sandwich spicy crispy chicken sandwich Oven Baked Fries Green Pepper Slices Pineapple</p>	<p>15 Nachos Grande tortilla chips topped with mexi style meat and cheese sauce Brown Rice Corn Black Beans Strawberry Cup  Ground Turkey</p>	<p>16 Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese Celery Broccoli Fresh Banana</p>
<p>19 Turkey Hot Dog on Bun turkey hot dog on soft bun Tator Tots Celery Applesauce</p>	<p>20 Chicken Nuggets crispy breaded chicken nuggets perfect for dipping in your favorite sauce Peas Grape Tomatoes Brown Rice Melon Cup</p>	<p>21 Mac &amp; Cheese pasta in cheese sauce, garnished with parsley Whole Wheat Dinner Roll Side Salad Side of Carrots Fresh Apple</p>	<p>22 Parent Teacher Conferences NO Lunch</p>	<p>23 Cheese Pizza whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese Steamed Broccoli Red Pepper Strips Fresh Banana</p>
<p>26 Stuffed Bread Sticks baked bread sticks filled with melted cheese Corn Carroteenies Fresh Apple</p>	<p>27 Waffles with Sausage light and crispy waffles served with a sausage patty Side of Carrots Celery Fresh Orange</p>	<p>28 Popcorn Chicken breaded chicken bites baked to perfection Sweet Potato Fries Caesar Salad French Bread Fresh Grapes</p>	<p>29 Spring Recess School Closed</p>	<p>30</p>

## SIMPLY ROOTED™ in food and family

Did you know that all of our tuna is dolphin safe? It's true, also, our shelled eggs are cage-free (or pasture-raised when possible). This is because we are Simply Rooted™ in food and family



and we care. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



Student Lunch \$2.75  
Reduced Student \$0.25  
Adult \$4.75 plus Tax

Prepay at your child's cafeteria, cash, check or money order  
On-Line  
[www.scholarchip.com](http://www.scholarchip.com)

Questions call

VEGETARIAN Food MADE WITH ALL NATURAL INGREDIENTS% PORK PEGAN ECT MADE WITH ORGANIC INGREDIENTS ad

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.

Available Daily  
4oz Yogurt Meal served with Fruit 100% Juice, Whole Grain Bread,  
Yogurt Parfait with Fruit & Granola  
American Cheese, Tuna Salad, Turkey or Ham Sandwich served on Whole Wheat Bread  
Side Garden Salad, Garden Salad with Turkey/Ham, Grain,  
American/Mozzarella Cheese All Meals served with Choice of Milk Fat Free or 1% White or Fat Free Flavored Milk