

# Welcome to our Lunch Cafe @

Lawrence Early Childhood Center (#4)

**April 2017**

View Menu On-Line  
www.whitsons.com/Lawrence

Questions call Food Service  
6.295-7040

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Cheeseburger Corn Caesar Side Salad Fresh Pineapple</p>	<p>4</p> <p>Pancakes and Turkey Sausage Baked Sweet Potato Fries Celery Sticks Fresh Orange</p> <p><b>BRUNCH FOR LUNCH TODAY!</b></p>	<p>5</p> <p>Baked Chicken Nuggets Baked Tater Tots Sweet Red Pepper Strips Cantaloupe</p>	<p>6</p> <p>Loaded Beef Nachos Brown Rice Mixed Veggies Black Beans Banana</p>	<p>7</p> <p>Cheese Pizza ✓ Steamed Broccoli Veggie Dippers Fresh Apple</p>
<p>10</p> <p>SPRING RECESS SCHOL CLOSED Re-Opens Monday April 19th</p>	<p>11</p> <p>Spring Recess</p>	<p>12</p> <p>Spring Recess</p>	<p>13</p> <p>Spring Recess</p>	<p>14</p> <p>Spring Recess</p>
<p>17</p> <p>Spring Recess</p>	<p>18</p> <p>Spring Recess</p>	<p>19</p> <p>Crispy Chicken Sandwich Celery Sticks Baked Sweet Potato Fries Fresh Apple</p>	<p>20</p> <p>Turkey Nachos Grande Black Beans Brown Rice Steamed Broccoli Pear</p>	<p>21</p> <p>Cheese Pizza ✓ Steamed Spinach Sliced Cucumber Banana</p>
<p>24</p> <p>Hot Dog Baked Tater Tots Celery Sticks Fresh Apple</p> <p>Heartzel Pretzel w/Lunch</p> <p><b>IT'S STUDENT APPRECIATION DAY</b></p>	<p>25</p> <p>Baked Chicken Nuggets French Bread Caesar Side Salad Steamed Carrots Sliced Peaches</p>	<p>26</p> <p>Macaroni &amp; Cheese WW Dinner Roll Peas Grape Tomatoes Strawberries</p>	<p>27</p> <p>Loaded Beef Nachos Brown Rice Mixed Vegetables Black Beans Sliced Cucumber Banana</p>	<p>28</p> <p>Pizza Bites Steamed Broccoli Garden Salad Cantaloupe</p>



Produce of the Month

**Bananas**



We proudly support clean, organic, local and sustainable agriculture.

We've partnered with Stonyfield to bring you the very best in yogurt. Everything they make isn't just delicious, it's certified organic - made without the use of toxic persistent pesticides, artificial hormones,

antibiotics and GMOs. Stonyfield also supports family farms and they take care of the world around us.



Follow the QR code to learn more.



All Meals Include  
Milk Choice (Fat Free, 1%  
or Fat Free Chocolate,  
hormone and antibiotic  
free)  
Grain, 100 Juice or Fruit,  
Vegetable

Available Daily:  
Deli Turkey on Whole  
Wheat Bread  
Deli Ham on Whole Wheat  
Bread  
Tuna Salad on Whole  
Wheat Bread  
Yogurt Parfait with Fruit &  
Granola, Vegetable  
4oz Yogurt with cheese  
stick, fruit, grain,  
vegetable  
Garden Salad with tomato,  
Student Lunch \$2.25  
Student Lunch \$2.25  
Adult \$4.75 plus tax