

WAJ News and Notes

Windham Ashland Jewett

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FREE Breakfast for ALL students - Reminder to All Parents - Chartwells is offering free breakfast to all students on Wednesdays. Please take advantage of this great opportunity! Also, please be aware that you may fill out a Free or Reduced Price Meal Application at any time during the year. Contact Barbara Agostinoni at 734-3400 extension 1129 if you are interested.

Breakfast menu for this week.....

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Sausage,	French Toast Sticks	Bagel with Cream Cheese	Blueberry Muffin	Salsa Cheddar Bagel
Egg & Cheese Bagel	Syrup	Applesauce	Fruit Cocktail	Pineapple
Pears	Sausage			
	Peaches			

Lunch menu for this week.....

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Taco Filling	Whole Grain Chicken Nuggets	Brown Gray	Breaded Chicken Parmesan	Sloppy Joe Sandwich
Whole Grain Flour	Brown Rice	Whole Grain Breadstick	Seasoned Rotini Pasta	Seasoned Green Beans
Tortilla	Whole Grain Dinner Roll	Mashed Potatoes	Broccoli Florets	Caesar Romaine Side
Whole Grain Vegeta- ble	Seasoned Oven Baked Fries	Garbanzo Beans	Fresh Diced Tomatoes	Salad Chilled Pears
Pasta Salad	Chopped Romaine Lettuce	USDA Commodity:	Chilled Fruit Cocktail	
Seasoned Corn	Chilled Canned Peaches	Strawberries, Frozen, Diced	Fresh Granny Smith Apple	Fresh Granny Smith Apple
Carrots, Rainbow Apples	Fresh Granny Smith Apple	Fresh Granny Smith Apple	Fresh Orange Wedges	Fresh Orange Wedges
	Fresh Orange Wedges	Fresh Orange Wedges		
Fresh Granny Smith Apple				

Lifetouch returns for Winter sports team pictures! Lifetouch will return on February 4th to photograph grades 4-6 Youth Basketball, Modified Girls & Modified Boys Basketball, Varsity Boys and Varsity Girls Basketball, JV Boys Basketball and the Cheerleading Squad. Also, on February 5th, Lifetouch will be at Windham Mountain for the Ski and Snowboard team pictures. For more information or times please contact your coach for the order form.

BLUE and WHITE Day! We will have a school wide Blue and White day on Friday, January 31st to show our support for all the Warrior athletes! The goal is to have the entire school wear blue and white. If you are interested in purchasing Warrior wear, the Booster club continues to sell select sizes during the home basketball games. Go Warriors!

CALENDAR OF EVENTS:

January 27-30 - REGENTS Exams

Fresh Orange

Wedges

January 30 - End of 1st semester, End of the 2nd quarter; Beginning of 3rd quarter

January 31 - Blue and White Day! Support those Warriors!

February 4/5- Winter sports pictures by Lifetouch

February 5 - Morning Program 8:15 AM –Cafetorium; PTA Meeting 7:00 PM Library; AI List updated and in effect; Report Cards mailed home

February 13 - AFC Meeting 6:00 PM, BOE Meeting 7:00 PM

February 14 - Student of 2nd Marking Period Assembly; Happy Valentine Day!

February 17 - 21 - NO School—Winter Recess

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also available at www.wajcs.org



SUNY Financial Aid Day 2014 is Saturday February 22. At this event students and families

will receive assistance from SUNY financial aid professionals in completing the FAFSA form. These workshops are *FREE of charge* and are offered at many different campus locations.

Visit www.suny.edu/student events to see a list of participating campuses. Pre-registration is required by contacting the SUNY Recruitment Response Center at 800-342-3811.

Snow Sports Tuesday

The Snow Sports Tuesday program is under way and the students are enjoying their time.

This week at a glance (Jan. 28th)

Gr. 3—8:45—10:45; Gr. 1—11:10-1:05; Gr.5/6—1:10-3:15

Next week at a glance (Feb. 4th)

Gr. 2—8:45—10:45; Kdgtn-11:10-1:05; Gr.4—1:10-3:15



Snacks and Volunteers Needed

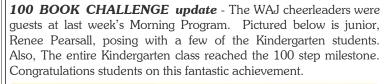
The afterschool CROP program is looking for parents who are willing to volunteer their time and expertise with students in the afterschool program. We are also looking for donations of snacks i.e. cookies, pretzels, etc. If you can help or are willing to volunteer, please call CROP coordinator.

Mrs. Gribbins at the school at 734-3400.



BMI Notice from the Nurse's Office - As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or "BMI". The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. A sample of school districts will be selected to take part in a survey by the New York State Department of Health. If our school is selected to be part of the survey, we will be reporting to New York State Department of Health information about our students' weight status groups. Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report. The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier. If you do not wish to have your child's weight status group information included as part of the Health Department's survey this year, please notify our school nurse, Bridget (Bunny) Tompkins by calling the school at 518-734-3400 extension 1131. Information is reported to NYS by January 31st.

Fourth Grade Visits Hanford Mills Museum - On Monday, January 27, fourth graders bundled up and headed to East Meredith, N.Y. to Hanford Mills for an ice harvest. We learned that 100 years ago, before electricity was in homes, people used ice blocks in iceboxes to keep their food cold. Every winter, people would cut blocks of ice from local ponds and big companies would cut blocks from larger bodies of water like the Hudson River. They would be stored in icehouses and covered in sawdust for insulation. We got to see old movies from the 1920's and 1930's of ice cutting and then went to the pond and put on ice cleats. We each cut a block of ice, picked it up with ice tongs up the blocks. We checked out the kitchen in Mr. Hanford's home and put ice in his icebox. Some of the ice we cut will be used to make ice cream at the Hanford Mills Fourth of July Community Celebration!













Looking for Employment?? Employment opportunity for students in grades ten through twelve. C.R.O.P. the new afterschool program is looking for students to participate as peer tutors. The job is from 2:45-4:45. You will earn minimum wage and you can choose the days you work. Ask at the main office for an application. **Creating Rural Opportunities Partnership (CROP) Afterschool Program.**