## Lawrence County Career & Technical Center April Lunch Menu

Lawrence County Career & Technical Center April Lunch Menu Ritchen Nutrition Roup Ritchen Manager: Beth Clem bclem@lcvt.tec.pa.us						
	Monday	Tuesday	Wednesday	Thursday	Friday	
Garden Salad with Cheese Breaded Chicken Salad					1 <b>Breaded Fish</b> <b>Sandwich</b> Steamed Carrots Assorted fruit Choice of Milk	*Must take at least one 1/2 cup of fruit or vegetable *Vegetables may include:
Mozzarella Cheese Pizza Pepperoni Pinwheels	4 <b>Chicken Ala King Over Biscuit</b> Steamed Broccoli Assorted Fruit Choice of Milk	5 <b>Italian Baked Chicken</b> Mashed Potatoes Assorted fruit Choice of Milk	6 <b>Cheese Burger on a Bun</b> Carrots Assorted Fruit Choice of Milk	7 <b>Chicken Fajitas</b> Black Bean Salad Assorted Fruit Choice of Milk	8 <b>Pepperoni Pizza</b> Cauliflower Assorted Fruit Choice of Milk	Broccoli Florets Baby Carrots Dark Leafy Greens Celery & Cucumber *Fruits may include:
The Deli	11 <b>Crunchy Beef Taco</b> Corn Assorted Fruit Choice of Milk	12 Mac & Cheese Stewed Tomatoes Assorted Fruit Choice of Milk	13 Breaded Chicken Strips w/ Bread Slice Green Beans Assorted Fruit Choice of Milk	14 <b>Hot Dog on a Bun</b> Baked Beans Assorted Fruit Choice of Milk	15 <b>Buffalo Chicken Pizza</b> Steamed Broccoli Assorted Fruit Choice of Milk	Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange Banana Pineapple Tidbits Diced Pears Applesauce
Italian Hoagie Breaded Chicken Sandwich	18 <b>Bacon Cheese Burger</b> Tomato & Cucumber Salad Assorted fruit Choice of Milk	19 <b>Walking Taco</b> Steamed Corn Assorted Fruit Choice of Milk	20 Italian Dunkers\ w/ Sauce Romaine Salad Assorted Fruit Choice of Milk	21 Hot Ham & Cheese Roasted Chic Peas Assorted Fruit Choice of Milk	22 Teriyaki Chicken over Rice Steamed Broccoli Assorted Fruit Choice of Milk	Milk Choices Offered Daily: 1% white, non-fat chocolate,
Farms based on crop availability	25 <b>Breaded Fish Sandwich</b> Carrots Assorted Fruit Choice of Milk	26 BBQ Ham Sandwich Baked Beans Assorted Fruit Choice of Milk	27 Spicy Chicken Sandwich Green Beans Assorted Fruit Choice of Milk	28 Chicken Nachos Steamed Corn Assorted Fruit Choice of Milk	29 <b>Pepperoni Pizza</b> Romaine Salad Assorted Fruit Choice of Milk	non-fat strawberry, non-fat vanilla  Proud to manage your food service program Nutrition Lunch Prices: Paid \$2.00 Reduced \$0.40
Whole Grains Available Daily						The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE
				and the second se		MENUS SUBJECT TO CHANGE