


LCCTC Breakfast Menu

DECEMBER

Kitchen Manager: Beth Clem
 bclem@lcvt.tec.pa.us
 724.658.4404 x 7117



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Breakfast Pizza Chilled Juice and Fruit Choice of Milk	2 Sausage & Cheese Sandwich Chilled Juice and Fruit Choice of Milk	3 Mini Maple Pancakes Chilled Juice and Fruit Choice of Milk	4 Pro Ball w/Toast Chilled Juice and Fruit Choice of Milk
7 Fruited Yogurt w/Mini Bagel Chilled Juice and Fruit Choice of Milk	8 Breakfast Pizza Chilled Juice and Fruit Choice of Milk	9 Sausage & Cheese Sandwich Chilled Juice and Fruit Choice of Milk	10 Apple Frudel Chilled Juice and Fruit Choice of Milk	11 Cinni Mini's Chilled Juice and Fruit Choice of Milk
14 Mini Maple Waffles Chilled Juice and Fruit Choice of Milk	15 Breakfast Pizza Chilled Juice and Fruit Choice of Milk	16 Sausage & Cheese Sandwich Chilled Juice and Fruit Choice of Milk	17 French Toast Sticks w/Syrup Chilled Juice and Fruit Choice of Milk	18 Cherry Frudel Chilled Juice and Fruit Choice of Milk
21 Fruited Yogurt with Mini Bagel Chilled Juice and Fruit Choice of Milk	22 Breakfast Pizza Chilled Juice and Fruit Choice of Milk	23 Sausage & Cheese Sandwich Chilled Juice and Fruit Choice of Milk	24 NO SCHOOL Happy Holidays!	25 NO SCHOOL Happy Holidays!
28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	
MENUS SUBJECT TO CHANGE	 Whole Grains Available Daily			

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price: Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.

Daily Alternate Options Include:
 Breakfast Pizza
 Assorted Breakfast Cereal & Toast

GRAB N GO MENU

MONDAY - Mini Powdered Donuts

TUESDAY - Banana Bread Slice

WEDNESDAY - 2 Pro Balls

THURSDAY - Wild Berry Bread Slice

FRIDAY - Goody Ring



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White

Proud to manage your
 food service program



Meal Prices:
Paid \$0.75
Reduced \$0.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

Lawrence County Career & Technical Center December Lunch Menu



Kitchen Manager: Beth Clem bclem@cvf.tec.pa.us
724.658.4404 x 7117

The Garden


Garden Salad with Cheese
Breaded Chicken Salad

The Pizzeria

Mozzarella Cheese Pizza
Pepperoni Pinwheels

The Deli

Breaded Chicken Sandwich
Italian Hoagie

 Fresh Produce from Local Farms based on crop availability

 Take Nutrition Global Day

 Whole Grains Available Daily

	Monday	Tuesday	Wednesday	Thursday	Friday
		1 Hot & Spicy Chicken Nuggets Green Beans Assorted Fruit Choice of Milk	2 Ham & Cheese Sandwich Steamed Carrots Assorted Fruit Choice of Milk	3 2 Hot Dogs on Buns Oven Baked Fries Assorted Fruit Choice of Milk	4 White Sicilian Pizza Steamed Broccoli Assorted Fruit Choice of Milk
7	Italian Dunkers w/Marinara Sauce Green Beans Assorted Fruit Choice of Milk	8 French Toast w/Sausage Links Oven Baked Tater Tots Assorted Fruit Choice of Milk	9 Chicken Nuggets w/Bread Slice Honey Glazed Carrots Assorted Fruit Choice of Milk	10 Sloppy Joe on Bun Steamed Broccoli Assorted Fruit Choice of Milk Chocolate Chip Cookie!	11 Bacon Cheeseburger on Bun BBQ Baked Beans Assorted Fruit Choice of Milk
14	Recipe of the Month! Turkey Supreme Mashed Potatoes & Gravy Assorted Fruit Choice of Milk	15 Walking Taco Refried Beans Assorted Fruit Choice of Milk	16 Holiday Feast! Glazed Spiral Ham Scalloped Potatoes Green Beans Assorted Fruit Choice of Milk Holiday Cookie	17 Meatball Hoagie w/Cheese Romaine Side Salad Assorted Fruit Choice of Milk	18 Italian Dunkers w/Marinara Sauce Steamed Carrots Assorted Fruit Choice of Milk
21	Popcorn Chicken Bowl w/Dinner Roll Steamed Corn Assorted Fruit Choice of Milk	22 2 Hot Dogs on Buns Green Beans Assorted Fruit Choice of Milk	23 Early Release	24 NO SCHOOL Happy Holidays!!	25 NO SCHOOL Happy Holidays!!
28	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	

Accompaniments

***Must take at least one 1/2 cup of fruit or vegetable**

***Vegetables may include:**

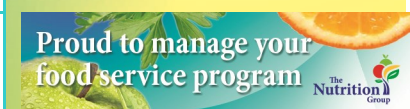
- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Celery & Cucumber

***Fruits may include:**

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce



Milk Choices Offered Daily:
1% white, non-fat white, non-fat chocolate, non-fat strawberry, non-fat vanilla



Lunch Prices: Paid \$2.00 Reduced \$0.40

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MENUS SUBJECT TO CHANGE