

Lawrence County Career & Technical Center February Lunch Menu



Kitchen Manager: Beth Clem bclem@cvf.tec.pa.us
724.658.4404 x 7117

The Garden

Garden Salad with Cheese
Breaded Chicken Salad

The Pizzeria

Mozzarella Cheese Pizza
Pepperoni Pinwheels

The Deli

Breaded Chicken Sandwich
Italian Hoagie



Fresh Produce from Local Farms based on crop availability



Take Nutrition Global Day



Whole Grains Available Daily

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Italian Dunkers w/Marinara Sauce Green Beans Assorted Fruit Choice of Milk	French Toast Sticks w/Sausage Links Oven Baked Tater Tots Assorted Fruit Choice of Milk	Chicken Nuggets w/Bread Slice Steamed Carrots Assorted Fruit Choice of Milk	Sloppy Joe on Bun Steamed Broccoli Assorted Fruit Choice of Milk Chocolate Chip Cookie	Cheeseburger on Bun Baked Beans Assorted Fruit Choice of Milk
8	Teriyaki Chicken over Rice Steamed Broccoli Assorted Fruit Choice of Milk	Spaghetti & Meatballs Steamed Carrots Assorted Fruit Choice of Milk	Grilled Cheese Sandwich Green Beans Tomato Soup Assorted Fruit Choice of Milk	Hot Dog on Bun Oven Baked Fries Assorted Fruit Choice of Milk	NO SCHOOL
15	NO SCHOOL	Walking Taco w/Rice Refried Beans Assorted Fruit Choice of Milk	Recipe of the Month Ham & Potatoes Au Gratin w/Dinner Roll Green Beans Assorted Fruit Choice of Milk 	Meatball Hoagie w/Cheese Sweet Potato Fries Assorted Fruit Choice of Milk	Italian Dunkers w/Marinara Sauce Steamed Broccoli Assorted Fruit Choice of Milk
22	Broccoli Pizza Slice Honey Glazed Carrots Assorted Fruit Choice of Milk	Crunchy Beef & Cheese Tacos Seasoned Black Beans Assorted Fruit Choice of Milk	Chili Cheese Bowl over Rice & Tortilla Chips Green Beans Assorted Fruit Choice of Milk	Breaded Chicken Strips w/Bread Slice Romaine Side Salad Assorted Fruit Choice of Milk Chocolate Chip Cookie	Fish Sandwich Oven Baked Fries Assorted Fruit Choice of Milk
29	Popcorn Chicken Bowl w/Gravy & Dinner Roll Steamed Corn Assorted Fruit Choice of Milk				

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetables may include:

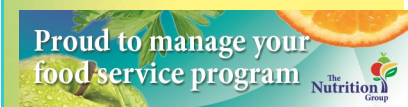
- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Celery & Cucumber

*Fruits may include:

- Crisp Apple
- Sliced Peaches
- Mixed Fruit
- Fresh Orange
- Banana
- Pineapple Tidbits
- Diced Pears
- Applesauce



Milk Choices Offered Daily:
1% white, non-fat white, non-fat chocolate,
non-fat strawberry, non-fat vanilla



Lunch Prices: Paid \$2.00 Reduced \$0.40

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE