

PHYSICAL EDUCATION COURSE SYLLABUS

Coach McAlister

Coach Gregory

Coach Walters

CLASS: Physical Education I & II

DRESS CODE: Shorts, T shirts, or sweats, socks, and shoes (**NO SANDALS, FLIP-FLOPS, OR BOOTS ALLOWED**). No tank tops allowed. Students are expected to dress out each day.

Please do not wear rings or jewelry to class, due to hazards and possible injury.

GRADING POLICY:

- 60% participation
- 20% dress
- 20% testing

Weekly grades will be given to determine a final grade.

ACTIVITIES

- Physical Fitness
- Ultimate Frisbee
- Fitness Testing
- Softball
- Flag Football
- Bowling
- Basketball
- Badminton
- Ping Pong
- Volleyball
- Soccer
- Yoga
- Comprehensive Health

----- Please cut here and return portion below to teacher -----

I have received and reviewed the course syllabus with my child.

Parent/Guardian signature: _____

Student signature: _____

Teacher: _____ Academic block: _____ Date: ____/____/____