

Student Name: _____

Extra Credit Home Assignment

During the semester, your son/daughter may choose to prepare a food item at home for extra credit. During the specific class labs, students are not always given the opportunity to plan, prepare and evaluate a recipe all by themselves as they work in groups and divide responsibilities. These home cooking tasks will give the student another experience to practice techniques that they learn in class. It will give the family an opportunity to benefit from their cooking and will help the students to become more efficient in their own kitchens.

They may choose their own recipe. The student needs **to include the recipe used**, evaluate the recipe and return this sheet back with parent/guardian signature with any comments and please note if they cleaned up after themselves.

Food Item Prepared _____

What area(s) of MyPlate does this food fit into? _____

Student Evaluation:

- ____ 1. Did you assemble all the ingredients first?
- ____ 2. Did you clean up the kitchen after preparing the food?
- ____ 3. Was the final result satisfactory?
- 4. Did the family enjoy the food prepared? Explain

- 5. What would you have done differently the next time you prepare this recipe?

Parent/Guardian Evaluation:

- ____ 6. Did the student make this recipe by him/herself?
- ____ 7. Was the product satisfactorily prepared?
- ____ 8. Did the student clean up by him/herself?
- ____ 9. Has your child improved in clean-up and their general food preparation habits and skills?
- 10. Your comments regarding this assignment:

Parent/Guardian Signature

Date Prepared

*Attach a small sample of the food prepared and put into a baggie and staple it to this paper and turn in for credit. **This sheet, the recipe, and a sample/or pictures must be included for credit.***