

## Brain Games and the Science of Executive Function at Brookdale

HopeLab, a non-profit organization based in California, facilitated professional development at Brookdale for faculty and administrators on Tuesday, February 10, 2015 from 12:30-3:30. The purpose of the professional development was to provide Brookdale faculty and administrators with scientific brain research published by Dr. Stephanie Jones, an associate Harvard University Graduate School of Education professor. Dr. Jones created Brain Games that the faculty will use to help strengthen students' Executive Function. Executive Function in children is typically defined as working memory, attention, and mental flexibility. Brain games are quick games using movement and playfulness to practice and build cognitive control during transition times. The faculty had an opportunity to actively engage in the Brain Games during the session.

Thanks to Dr. Wilson's continued support, Brookdale faculty members enjoyed a catered, delicious lunch during the session. The Brookdale faculty accepted the challenge of piloting the Brain Games and looks forward to their continued partnership with HopeLab.