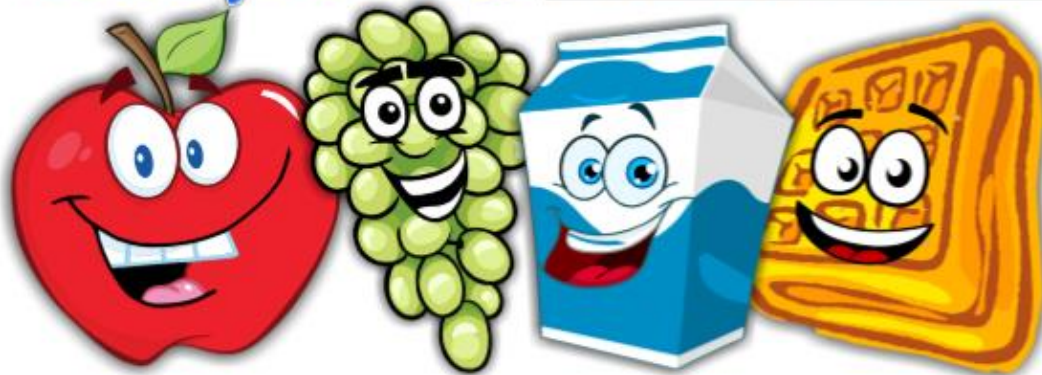


Menus for  
**March**  
 2018  
**ELEMENTARY SCHOOL**  
 Orangeburg Consolidated

**Small Chef Salad**  
 Romaine or Shredded Lettuce  
 Tomatoes  
 Cucumbers  
 Baby Carrots  
 Shredded Cheese  
 1/2 Egg, Diced Turkey  
 3 packs Whole Wheat Crackers  
 1 pack Croutons

**Available Daily**  
**Choice of Milk**  
**w/Complete Meals:**  
 1% White, Skim White,  
 Skim Vanilla, Skim Chocolate,  
 Skim Strawberry  
**All Cereal Served is Whole**  
**Wheat**  
**All Juice Served is 100%**

come join us for **Breakfast@School**



**Thursday, March 1**  
**BREAKFAST**  
 Breakfast Pizza or  
 Cereal  
 Peach Cup or  
 Juice  
**LUNCH**  
 Baked or  
 Teriyaki Chicken  
 Vegetable Rice  
 Black Eyed Peas  
 or  
 Mexican Corn  
 Fruit Jell-O w/Topping or  
 Juice  
 Whole Wheat Roll

**Friday, March 2**  
**BREAKFAST**  
 Grits or Cereal  
 Green Eggs & Ham  
 Fruit Cup or  
 Juice  
**LUNCH**  
 Small Chef Salad or  
 Oven Fried Fish Nuggets  
 w/Tartar Sauce  
 Oven Baked Potato  
 Wedges w/Ketchup  
 Cole Slaw or Baked  
 Beans, Peach Crisp or  
 Sliced Cantaloupe  
 Whole Wheat Roll

I SCHOOL  
**BREAKFAST**  
 Kids! Join us March 5-9 for  
**National School Breakfast Week 2018**

**Monday, March 5**  
**BREAKFAST**  
 Cheese Grits or Cereal  
 Sliced Turkey Bacon  
 Sliced Cantaloupe or  
 Juice  
**LUNCH**  
 Small Chef Salad or  
 Salisbury Steak  
 w/Lite Gravy  
 Mashed Potatoes  
 Collard Greens or  
 June Peas & Carrots  
 Sliced Peaches or  
 Sliced Apple  
 Whole Wheat Roll

**Tuesday, March 6**  
**BREAKFAST**  
 Pancake w/Lite Syrup or  
 Cereal, Sausage Patty  
 Sliced Orange or  
 Juice  
**LUNCH**  
 Corn Dog  
 w/Mustard & Ketchup or  
 Chicken Nuggets  
 w/Honey Mustard Sauce  
 Oven Baked French  
 Fries w/Ketchup or  
 Corn on the Cob  
 Sliced Pears or Juice  
 Whole Wheat Roll

**Wednesday, March 7**  
**BREAKFAST**  
 French Toast Sticks  
 w/Lite Syrup or Cereal  
 Strawberry Cup or  
 Juice  
**LUNCH**  
 Small Chef Salad or  
 Spaghetti  
 w/Meat Sauce  
 Steamed Cabbage  
 or  
 Lima Beans  
 Fruit Cup or  
 Sliced Orange  
 WW Cinnamon Roll

**Thursday, March 8**  
**BREAKFAST**  
 WW Banana/Applesauce  
 Loaf or Cereal  
 Sliced Apple or  
 Juice  
**LUNCH**  
 Baked  
 or  
 BBQ Chicken  
 Macaroni & Cheese  
 Green Beans or  
 Turnip Greens  
 Pineapple Chunks or  
 Sliced Cantaloupe  
 Whole Wheat Roll

**Friday, March 9**  
**BREAKFAST**  
 Grits or Cereal  
 Scrambled Eggs  
 Fruit Cup or  
 Juice  
**LUNCH**  
 Small Chef Salad or  
 Oven Fried Fish  
 Nuggets w/Tartar Sauce  
 Oven Baked French  
 Fries w/Ketchup or  
 June Peas  
 Fruit Cup or  
 Juice  
 Whole Wheat Roll

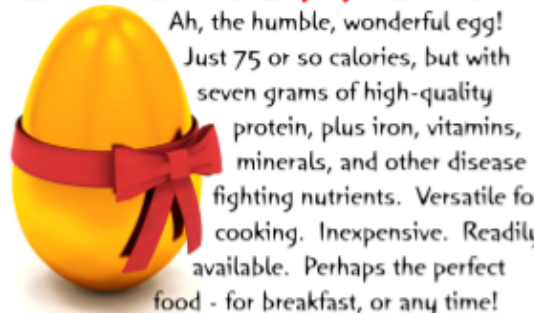
| Monday, March 12   | Tuesday, March 13   | Wednesday, March  | Thursday, March 15  | Friday, March 16   |
|--|---|---|---|--|
| <b>BREAKFAST</b><br>Blueberry Muffin or Cereal<br>1/2 Banana or Juice  | <b>BREAKFAST</b><br>Pancake Roll-up w/Lite Syrup or Cereal<br>Peach Cup or Juice  | <b>BREAKFAST</b><br>Waffle w/Lite Syrup or Cereal<br>Fruit Cup or Juice   | <b>BREAKFAST</b><br>French Toast Sticks w/Lite Syrup or Cereal<br>Strawberry Cup or Juice   | <b>BREAKFAST</b><br>WW Banana Loaf or Cereal<br>Sliced Cantaloupe or Juice   |
| <b>LUNCH</b><br>Small Chef Salad or Chicken Fillet on WW Bun w/FF Mayo<br>Oven Baked Potato Wedges w/Ketchup<br>Corn on the Cob or Turnip Greens<br>Fruit Cocktail Cup or Sliced Apple | <b>LUNCH</b><br>Hamburger w/Lettuce, Tomato & Pickle Spear or Chicken Nuggets w/Honey Mustard Sauce<br>Oven Baked French Fries w/Ketchup<br>June Peas<br>Jell-O Fruit Cup or Pear<br>Whole Wheat Roll | <b>LUNCH</b><br>Small Chef Salad or Spaghetti w/Meat Sauce<br>Collard Greens or Lima Beans<br>Sliced Peaches or Sliced Orange<br>WW Cinnamon Roll | <b>LUNCH</b><br>Baked or Oven Fried Chicken<br>Brown Rice w/Lite Gravy<br>Black Eyed Peas or Green Beans<br>Banana or Sliced Cantaloupe<br>Whole Wheat Roll | <b>LUNCH</b><br>Small Chef Salad or Hot Dog w/Chili<br>Oven Baked French Fries w/Ketchup<br>Cole Slaw<br>Peas & Carrots or Baked Beans<br>Irish Green Applesauce or Orange |

| Monday, March 19  | Tuesday, March 20   | Wednesday, March  | Thursday, March 22  | Friday, March 23       |
|---|---|---|---|------------------------|
| <b>BREAKFAST</b><br>Breakfast Pizza or Cereal<br>Peach Cup or Juice   | <b>BREAKFAST</b><br>Cheese Grits or Cereal<br>Sliced Turkey Bacon<br>Sliced Cantaloupe or Juice   | <b>BREAKFAST</b><br>Pancake w/Lite Syrup or Cereal, Sausage Link<br>Sliced Pears or Juice   | <b>BREAKFAST</b><br>Pancake Roll-up w/Lite Syrup or Cereal<br>Sliced Apple or Juice   | No School For Students |
| <b>LUNCH</b><br>Small Chef Salad or Meat Loaf w/Tomato Sauce<br>Mashed Potatoes<br>Turnip Greens or Black Eyed Peas<br>Sliced Pears or Strawberry Cup<br>Whole Wheat Roll | <b>LUNCH</b><br>Chicken Fillet on WW Bun w/FF Mayo or Whole Wheat Pizza<br>Oven Baked French Fries w/Ketchup or Mexican Corn<br>Pineapple Circles or Sliced Peaches | <b>LUNCH</b><br>Small Chef Salad or Lasagna<br>June Peas & Carrots or Lima Beans<br>Fruit Cocktail Cup or Juice<br>WW Cinnamon Roll | <b>LUNCH</b><br>Baked or Teriyaki Wings<br>Yellow Rice w/Lite Gravy<br>Green Beans or Collard Greens<br>Rosey Red Applesauce or Sliced Cantaloupe<br>Whole Wheat Roll | Teacher Workday        |

| Monday, March 26  | Tuesday, March 27   | Wednesday, March  | Thursday, March 29   | Friday, March 30                     |
|---|---|---|--|--------------------------------------|
| <b>BREAKFAST</b><br>Grits or Cereal<br>Scrambled Eggs<br>Fruit Cup or Juice   | <b>BREAKFAST</b><br>Waffle w/Lite Syrup or Cereal<br>Strawberry Cup or Juice  | <b>BREAKFAST</b><br>Breakfast Pizza or Cereal<br>Sliced Peaches or Juice  | <b>BREAKFAST</b><br>French Toast Sticks w/Lite Syrup or Cereal<br>Sliced Pears or Juice  | <b>BREAKFAST</b><br>Manager's Choice |
| <b>LUNCH</b><br>Small Chef Salad or Chicken Fillet on WW Bun w/FF Mayo<br>Oven Baked French Fries w/Ketchup<br>Lima Beans or Garden Salad<br>Fruit Cup or Sliced Orange | <b>LUNCH</b><br>Cheeseburger w/Lettuce, Tomato, Pickle Spear & Sun Chips or Chicken Nuggets w/Sauce<br>Oven Fries w/Ketchup<br>June Peas & Carrots or Green Beans<br>Jell-O Fruit Cup or Pear<br>Whole Wheat Roll | <b>LUNCH</b><br>Small Chef Salad or Salisbury Steak w/Lite Gravy<br>Mashed Potatoes<br>Turnip Greens or Mexican Corn<br>Peach Crisp or Sliced Apple<br>Whole Wheat Roll | <b>LUNCH</b><br>Baked or Oven Fried Chicken<br>Red Rice<br>Black Eyed Peas or Collard Greens<br>Banana Pudding or Rosey Red Applesauce<br>Whole Wheat Roll | <b>LUNCH</b><br>Manager's Choice     |



## EGG-CELLENT.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**



Last day of classes:  
Friday, March 30  
Classes resume:  
Monday, April 9