

# FreedomFest

## 5K Run / Walk



**JOIN US FOR THIS EVENING RACE TO KICK OFF THE CITY OF ALCOA'S ANNUAL FREEDOMFEST CELEBRATION**

**Race Date and Time:** Friday, June 24, 2016 - 9:00 p.m. (Registration from 7:30-8:45 p.m..)

**Location:** Alcoa High School football stadium (Goddard Field)

**Entry Fees:** \$20.00 (Adults) // \$15.00 (Students age 18 and under) (Received by June 17.)

*Late Registration (received June 18 through race day): \$25.00 (Adults) // \$20.00 (Students)*

**Online Registration at <http://knoxvilleyouthathletics.org/meetsraces>  
(Choose FreedomFest 5k from drop down menu)**

**Or mail registration forms and payment to:** FreedomFest 5K, Attn: Chris Frary  
Alcoa High School, 1205 Lodge Street, Alcoa, TN 37701

Note: Please make checks payable to **AHS Track & Field**

**T-shirts:** Guaranteed to all runners registered through Friday, June 17. Late registrants as supplies last

**EVENTS:** 5 kilometer run/walk. The 3.1 mile course will begin at the new Alcoa High School and will wind through all of the campuses of the Alcoa City School system before finishing under the lights on the artificial turf of Goddard Field. Watch your favorite runners and walkers on the stadium jumbotron as they finish.

Age Group Awards (male and female) 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

**Results:** Available online at <http://knoxvilleyouthathletics.org>

**All proceeds benefit the Alcoa High School Track & Field teams.**

For information, contact race director Chris Frary, AHS Track Coach: 865-567-7483 / Email: [cfrary@alcoaschools.net](mailto:cfrary@alcoaschools.net)

### 2016 FreedomFest 5K Run/Walk Entry Form

Detach and return this form with check or money order made payable to AHS Track & Field. Mail to: FreedomFest 5K, Attn: Chris Frary  
Alcoa High School, 1205 Lodge Street, Alcoa, TN 37701

**Please Print Clearly**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ Current Age \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

T-Shirt Size (Circle Size): **M (youth)**    **S**    **M**    **L**    **XL**    **XXL**    **Gender:**    \_\_\_ **Male**    \_\_\_ **Female**

**EMERGENCY CONTACT** \_\_\_\_\_ **Phone** \_\_\_\_\_

**ATHLETE'S RELEASE:** I know that running in road races is a potentially hazardous activity. I should not enter and run in this race unless I am medically able and properly trained. I assume all risks associated with running in this road race, including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course; all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release the Alcoa City Schools and their staff and students, race volunteers, Knoxville Youth Athletics, and all sponsors, their representatives, and successors from all claims and liabilities of any kind arising out of my participation in the race, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant my permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

**SIGNATURE** \_\_\_\_\_

**DATE** \_\_\_\_\_

(If under 18 years of age, parent's signature required)