

# Three Types of Behavior

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## **PHYSICAL** Harm to another's person or property

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- Threatening physical harm
  - Making threatening gestures
  - Starting a fight
  - Cornering or blocking movement
  - Pushing, Shoving
  - Biting
  - Pinching, Scratching
  - Hair pulling
  - Spitting
  - Slapping, Hitting
  - Kicking, Tripping
  - Punching
  - Destroying or defacing property
  - Extortion
  - Theft
  - Sexual Assault
  - Child sexual abuse
  - Assault with a weapon
  - Arson
  - Homicide
  - Rape
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## **EMOTIONAL** Harm to person's self-concept

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- Insulting gestures
  - Dirty looks
  - Insulting remarks
  - Name calling
  - Taunting
  - Racial, ethnic, or religious slurs or epithets
  - Insulting remarks related to disability, gender, sexual orientation, race
  - Defacing or falsifying schoolwork
  - Insulting/degrading graffiti
  - Harassing and/or frightening phone calls, e-mail, text or phone messages
  - Unwanted sexually suggestive remarks, images, or gestures
  - Challenging in public
  - Threatening another to secure silence
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## **RELATIONAL** Harm to another person through damage (or threat of damage) to relationships or to feelings of acceptance, friendship, or group inclusion

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- Using negative body language or facial expressions
- Gossiping
- Starting/spreading rumors
- Playing mean tricks
- Insulting publicly
- Ruining a reputation
- Ignoring someone to punish or coerce
- Threatening to end a relationship
- Undermining other relationships
- Passively not including in group
- Exclusion
- Ostracizing/total group rejection
- Arranging public humiliation