

2019-2020 ENRICHMENT CATALOG

1. ACTING FOR THE STAGE (Mr. Tony Davis)

Students will work duet and monologue scenes to sharpen their acting skills in comedy and drama.

2. AMERICAN SIGN LANGUAGE (Mrs. King)

American Sign Language is a natural language that serves as the predominant sign language of Deaf communities in the United States. Learn how to communicate through sign language.

3. ARE YOU READY FOR COLLEGE...OR NOT? (Coach Pierce)

Information on the experience of transitioning from high school to college. A description of some of the changes you will encounter as you enter the college culture. AND, information for students who don't think college is in their future.

4. ATHLETIC SCHOLARSHIPS (Coach Davis)

So you want to play sports in college? A description of required high school courses as well as an explanation of the available college scholarships for athletes.

5. BIBLE AS LITERATURE (Mr. Bowling)

A look at the different literary types that are present in the Bible and the influence of these types of literature from a historical perspective.

6. CARD MAKING (Mrs. Friedman)

Learn how to create beautiful greeting cards.

7. CATCH ME IF YOU CAN (Mr. Bowling)

Outside games, weather permitting.

8. CHOOSING THE BIG LIFE (Mrs. Lemmons)

Looking at life through the lens of what matters most. What are ways that you can positively impact the lives of others while making changes to be uplifted in your own life?

9. CONSTRUCTION JUNCTION (Mr. Stitzel)

Students will work as teams to construct a variety of structures using Tinker Toys, i.e. tallest structure, strongest structure, etc.

10. CTE COMPETITIONS (Mrs. Friedman)

Learn how to be competitive in your CTE competitions; speech prep, interview prep, scrapbook presentations, etc.

11. DIRECTING FOR THE THEATER (Mr. Tony Davis)

Ever wanted to sit in the director's chair? Student will have the opportunity to cast a short scene and block it for performance.

12. EARLY AMERICAN FILM (Mr. Pruitt)

Explore the classic filmography of the 1900s to the 1950s that helped define one of the world's largest entertainment industries. Learn about the birth/rise of Hollywood and have a better understanding of the Silent/Golden Age of American Film. Chronicle the journey from silent, black and white movies to sound, to color and discuss themes of these time periods. Analyze the impact of Hollywood on American culture

13. EVERYDAY PE! (Coach Pierce)

Enjoy additional time for fun and fitness! There will be lots of time outside, weather permitting.

14. EXPLORING POE (Mr. Brown)

Join Mr. Brown in a trip through the poetry and literature of Edgar Allen Poe.

15. FANTASY SPORTS (Coach Davis)

Can you pick a winning fantasy team? Join this enrichment session and plan ways to have a winning fantasy team!

16. FIT FOR YOU! (Coach Neill)

A prescriptive health and wellness class where you decide goals for your personal fitness level. Do you want to increase strength, agility, endurance? Lose weight? Tone up certain areas? Then this is the session for you.

17. GOOGLE DOCS (Mrs. Martin)

Learn how to create works cited pages, create a PowerPoint presentation, set up tables within a document and the proper MLA format. Especially helpful for college bound students.

18. GRADUATION SONG PREP (Mr. Bratcher/spring only)

Learn and practice the senior graduation song.

19. HISTORY OF HEAVY METAL (Mr. Pruitt)

From "Thrash" to "Death," catch a glimpse into the fierce background of Heavy Metal. Follow the journey of Rock and Roll and its evolution into the metal genre. Study the time periods of metal and the idiosyncrasies of each period as well as distinguish the differences between each sub-genre. Develop an understanding of the culture and stylistic differences as you learn to appreciate the influence of heavy metal on history

20. HOW NOW BROWN COW? (FFA Judging/Mr. Tocchio)

Prior approval from Mr. Tocchio required to participate in this session. (Spring only)

21. HUNTER SAFETY (Mr. Tocchio)

The basic Hunter Education Course provides firearms safety training and introduces students to their responsibilities in the fields of hunter ethics and wildlife management. The main objective of the Hunter Education Program is to reduce the potential for hunting accidents and ultimately reduce the number of hunting injuries. The course is taught according to standards established by the International Hunter Education Association. By meeting these standards the Tennessee Hunter Education program is recognized by all states, Canada, and Mexico.

22. KEYBOARDING (Mrs. Gregory/Mrs. Martin)

ALL freshmen will learn basic keyboarding skills in order to better prepare for future online classes. Freshmen will be assigned to the appropriate lab each session. For interested students, advanced keyboarding will be an option in the spring semester.

23. LAWN GAMES AND ACTIVITIES (Coach Neill/Spring semester)

Come try your hand at corn hole, croquet, badminton, etc. and discover different things to do for your next picnic or tailgating party!

24. LITERATURE BY REGION (Mr. Brown)

A study of the dialect and culture of specific regions of the United States through the study and review of literature.

25. LOOK IT UP! (Mr. Brown)

Research-based extended projects.

26. MEDITATION, YOGA AND STRESS RELIEF (Mrs. King)

Learn how to take some time to regroup and refocus during busy times in your life.

27. MONEY MATTERS (Mrs. Gregory)

Learn how to shop and save; use your money wisely!

28. MUSIC FOR THE SOUL! (Mr. Bratcher)

An opportunity to explore music through singing and instruments.

29. OLYMPIC LIFTING (Mr. Stitzel)

Strength training and conditioning that includes techniques for Olympic power lifting.

30. ONLINE/CREDIT RECOVERY (Mrs. Rhonda Leverette)

This is for students who are *currently* enrolled in online and/or credit recovery classes.

31. PARLEZ VOUS FRANCAIS? (Coach Neill)

This is your chance to learn commonly used phrases in a variety of different languages: French, German, Italian, etc.

32. POTTER MORE (Mr. Pruitt)

Learn everything this is to know about Harry Potter's world!

33. PROM COMMITTEE (Mrs. Ralston/Spring sessions only)

Juniors that need to work on details necessary to insure a successful prom! Prom date will be set later. The venue for the prom is determined by the amount of money the junior class raises via the mum sale.

34. P90X FITNESS (Coach Neill)

This fitness regime will keep you moving as you practice lots of stretching, high kicks, movement of all kinds in this exercise routine.

35. QUIZ BOWL (Mrs. Ralston)

Practice and review of skills necessary for participation in the math and science Quiz Bowl.

36. READ LIKE A COLLEGE KID! (Mr. Brown)

Learn how to annotate and comprehend complex texts.

37. RELAXED CHOIR (Mrs. Beech)

The opportunity to sing fun and casual songs; "old favorites".

38. RESPONSE TO INTERVENTION (RTI) (Mrs. Trott/Mr. Struk)

Students will be assigned to these sessions for additional help in either math or language arts.

39. RESUME WRITING (Ms. Williams)

The opportunity to practice writing personal statements, resumes, and job interview scenarios.

40. SELF-DEFENSE FOR GIRLS (Mr. Tony Davis)

Basic concepts of self-defense; techniques of striking, blocking and evasion. You'll learn how to use ordinary objects from everyday life as weapons to increase your chances of survival. The class will allow you to become more confident and less likely to become a victim.

41. SETTLERS OF CATAN (Mr. Stitzel vs. Mr. Bratcher)

In this board game, you will have the chance to pit your wits as a team against another group!

42. SCIENCE GUY (Mr. Hinson)

Take a world tour of science phenomena by watching science related videos.

43. SCIENCE REVIEW WITH GAMES AND PUZZLES (Mr. Hinson)

Learning and review can be fun with games and puzzles! Navigate online sites that offer practice and review in a game and/or puzzle format. Learn to review with websites such as “Kahoots”!

44. SCRAPBOOKING (Mrs. Friedman)

Learn how to organize and create beautiful scrapbooks in order to preserve your precious memories.

45. SOMETHING ROTTEN: The History of Punk Rock (Mr. Pruitt)

Listen to and analyze punk rock music and lyrics.

46. STOP ASKING WHY!! (Mr. Bowling)

An opportunity to explore many of the scientific observations that make us ask “why”? For instance, why is the sky blue?

47. STRING ART AND ORIGAMI (Mrs. Ralston)

A fun way to practice math skills through art.

48. STRINGS AND THINGS (Mr. Bratcher)

Bring your own stringed instrument, (fiddle, guitar or ukulele) and learn how to play your favorite tunes

49. STUDENT COUNCIL (Mrs. Lemmons/ Mrs. Beech/Ms. Williams)

This session is ONLY for student council representatives.

50. STUDY HALL (Mr. Gregory)

Use your time at school wisely with a concentrated study hall.

51. THEATER ARTS ENRICHMENT (Mr. Tony Davis)

Practice script analysis and performance as well as summary of the basics of drama class.

52. THERE AND BACK AGAIN (Mr. Pruitt)

A study of Tolkien and examples of fantasy literature.

53. TRASH TO TREASURE (Mrs. Friedman)

Repurpose your everyday items to give them a new look! For instance, take a worn-out pair of blue jeans and create a purse.

54. BUCK DANCING

Flatfoot and Buck Dancing (related to clogging) are the traditional, solo, percussive dance forms that go along with Old-Time Music (fiddles, banjos, guitars). The dancer's feet are a rhythm instrument, keeping the downbeat for the musician with much room for personal expression and style.

55. ULTIMATE FRISBEE (Mr. Stitzel)

Try your skills with a Frisbee!

56. YOU ARE WORTHY! (Mrs. Trott/spring semester)

Learn how to feel good about life choices and decisions that you make for yourself.

57. VIKING VENTURES (Mrs. Beech)

Walk and talk; keep fit and have good conversation as you meander around our campus.

58. STRANGER THINGS: AN ANALYSIS (Mr. Tony Davis)

Based on the current popular television show, Mr. Davis will discuss the themes of the show.

59. SKETCHING

Sketching enrichment will cover the beginning basics of drawing skills in a variety of media from direct observation that can be applied to ANY drawing goals. This course is meant to provide tips and tricks with drawing supplies as well as time to train the eye to see during sketching practices.

60. ROCK GUITAR BASICS

Bring your own guitar or other stringed instrument and strum along with Mr. Brown as you learn some basics of rock guitar.

