

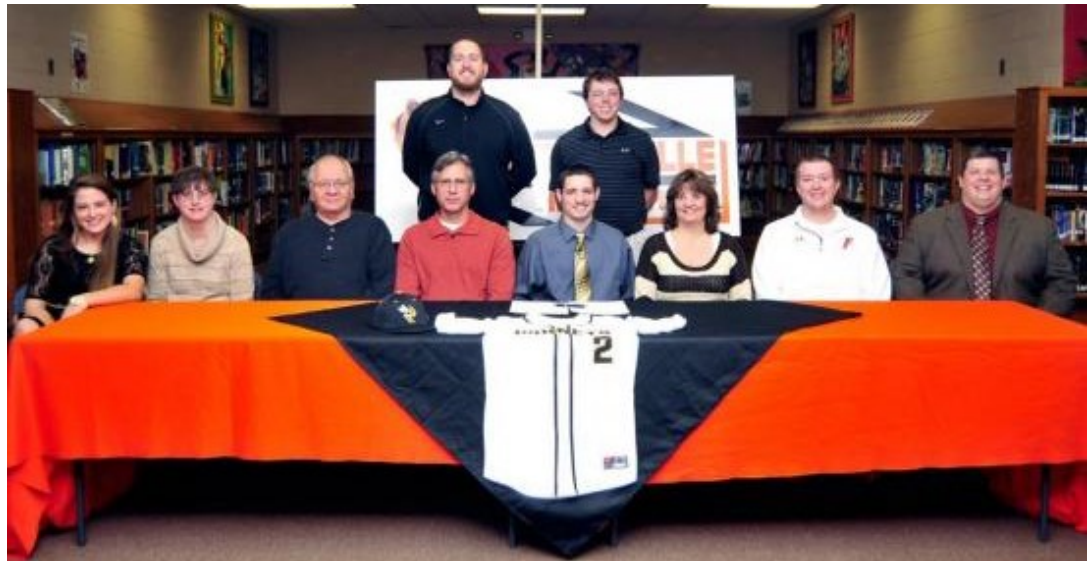
# THE PROWL

*..the Fearless, the Faithful, the Future.*

## Yates commits to Harris-Stowe State!

### Upcoming events:

- January 30: FHS Blood Drive
- February is Black History Month
- February 4: Writing Assessment for Juniors.
- February 8: ACT date
- February 17: President's day!
- March 7: Registration Deadline for April 12 ACT,



Pictured sitting from left Demarie Corley, Joy Forst, Fred Forst, Michael Yates, Ryan Yates, Julie Yates, Coach Eddie Cunningham, and FHS Principal, Eric Jones. Standing from left are Harris-Stowe's Coach, David Estes, and Assistant, Coach C.J. Bilbre.

### Inside this issue:

Year in review: 2013	2
New Year's Resolutions!	3
FHS Vs. Huntland	3
Nick scores 1000	4
FHS Pink Out!	5
The Prowl	6
Max Raby Appreciation Night!	6

Editor: Annie Ho



Recently, Fayetteville High School student, Ryan Yates, signed with Harris-Stowe State University in St. Louis, MO to play baseball following graduation.

Ryan's decision not only affects his college career, but also affects the history of FHS. This move marks Ryan as the first ever Tiger to receive an athletic scholarship in the school's history.

# Year In Review: 2013

On January 21, 2013, at the State Capitol, Barack Obama gave his second inaugural address telling Americans to seize the moment, together.

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During the Boston marathon, two bombs exploded near the finish line leaving three people dead and over two hundred injured. This event left the city in terror and the rest of the country paralyzed.

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Paula Deen, a celebrity chef, was sued for racial discrimination and sexual harassment. Even though the lawsuit was settled, Food Network dropped Paula's show.

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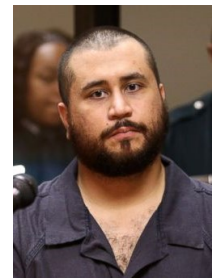
Pope Benedict XVI announced that he was going to resign from the office of papacy. The cardinals of the Catholic Church elected Jorge Mario Bergoglio, otherwise known as Pope Francis, to take his place in the papacy.

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A neighborhood watch volunteer, George Zimmerman, was charged with second degree murder of a teenage boy named Trayvon Martin. However, a six person jury concluded that he was not guilty.

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On July 22, 2013, Prince William and Kate Middleton introduced to the world the future King of England, Prince George. When he was born he weighed 8 pounds and six ounces.



# New Year's Resolutions

New Year's day is not only the beginning of a new year but for many people it is also the beginning of them turning into a new and improved person. It's a time when people think of the past year that is filled with their past mistakes and their flaws that they'd like to leave in 2013. We begin yearning for a reformation, and a new year provides us with the clean slate we need to begin this arduous journey. Now, I know that some of your resolutions will be intimidating, but DON'T PANIC! Here are some tips on how you can reach your ambitious goals!

## **Make changes to your behavior:**

Why are you trying the same thing over and over expecting a different result? That's like dropping a ball from the air hoping it will do something besides fall to the ground! Instead, change your routine and modify your behavior. Don't get stuck in a rut!

## **Define SMART goals:**

When you choose your goal for 2014 use the SMART acronym. SMART: specific, measureable, attainable, relevant, and time specific. Do not just say, "I'm going to get fit." You need to make a workout routine, set a time to do it, and most importantly follow it!

## **Track your progress:**

It is important to monitor your goals or else you'll fall into your old routine! A calendar app is a handy tool to keep you on track to attaining your goals.

## **Reward yourself:**

When you make a feat on the journey of reaching your goal, recognize your achievement and reward yourself! This will keep you focused and will keep you excited about your overall goal!

## **Make it public:**

Announce your resolutions to your family, friends, or even on social media! This makes you held accountable and will keep you on track! However, it can create a pit of embarrassment, if you fail.

## **Remember you are human:**

Chances are you are going to slip up a couple times, but that's OKAY. Just tell yourself, "I am human. Let me learn from it, let me keep going." It is important to deal with failure and to keep going even after this disappointment.

## FHS Lady Tigers Vs. Huntland Hornets

Depth continues to cause trouble for the Lady Tigers who now have a roster of 6. The Lady Tigers played the final 6 minutes with 4 players on the court.

Huntland won the first quarter 12-7 and lead with a score of 37-23 at the half.

The Hornets carried their lead into the second half, winning the game with a score of 71-41.

Carrie Staples lead the scoring for the Tigers with 16 points, and Kerry Brown in second with 9.



Sports editor: Noah Young

## FHS Tigers Vs. Huntland Hornets

The Fayetteville Tigers and the Huntland Hornets met in an exciting clash on Friday night where both teams battled hard for the win.

The first quarter we saw the Tigers outscore their opponents 21-16. The two sides differed in attacking styles, with the Hornets getting a lot of penetration on the Tiger defense, but strong and accurate 3 point shooting kept the Tigers in the lead.

The Tigers maintained their lead in the second quarter, but they had to fight hard. Going into the half with the score at 37-35, the game promised to be one that would go down to the wire.

The Tigers came back out onto the hardwood determined to keep their lead and keep it they did. The game continued with back to back scoring, with neither team

gaining more than a 3 point advantage, and even then not for long. The Hornets switched to 3 point shooting, while the Tigers drove in and converted to close shots. The two teams entered the fourth with a neck and neck score of 54-52 with the Tigers in front.

In a tense and thrilling fourth quarter, the two teams again locked horns. With the score locked at 72-70 and seconds on the clock, Huntland had one chance to salvage the game. The ball was thrown in just in front of half court; but, James Keith, an influential player for the Tigers, stole the ball, raced down the court, and slammed home the dunk to secure the Tiger victory!

Aaron Parks was the leading scorer for the Tigers with 28 points, and James Keith second with 17.



Sports editor: Noah Young

## Hopkins Reaches 1,000 Points!

Nick Hopkins, sophomore at Fayetteville High School, is the first Tiger in the school's history to surpass 1000 points on the ball court.

On Friday, January 10, 2014, Nick was honored with a plaque recognizing his efforts.

Nick reached this goal over the holiday break during Fayetteville's game against Collinwood in the Summertown Classic.



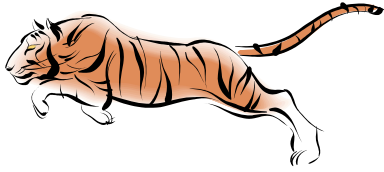
Pictured from left FHS principle Eric Jones, Director of Fayetteville City Schools Dr. Janine Wilson, Coach Chris Murdock, Nick Hopkins, and parents Bridgett and Troy Hopkins

## Both girls and boys win pink out game against Cornersville!

The Lady Tigers and the Lady Dawgs met in a thrilling clash on last Thursday night. The two sides battled hard and the Lady Tigers sealed the victory through excellent teamwork and stolid determination. The final score was 41-38, and lead scorer for the Lady Tigers was Tamia Baker, grabbing 15 points. Second lead scorer was Lexie Horton, who bagged 9. The pink out win was huge for the Lady Tigers, who have been struggling with depth problems. They managed to overcome that difficulty, and played to win against the Lady Dawgs.

The Tigers and the Dawgs barred fang and tooth on Thursday as they met in a non district game. Every sports fan knows that there is no such thing as a friendly game, and the two sides showed that as they fought hard to get the win. What started out as a close game soon proved it wasn't with the Tigers easily grabbing the win—69-29. Nick Hopkins, the leading scorer for the Tigers, drained 18 points and James Keith was second with 16. James fell victim to injury in the 3<sup>rd</sup> quarter, coming down on his left ankle badly after winning an offensive rebound. The ankle is sprained with possible ligament damage. We wish James a speedy recovery.

# THE PROWL



## FAYETTEVILLE HIGH SCHOOL

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Our mission is:

- To instill in our students a life long love for learning.
- To emphasize academic excellence and preparation for life after graduation.
- To foster both the ability and desire to make a positive difference in an ever changing global society.

*...the Fearless, the Faithful, the Future*

## Max Raby Dedication!

On Thursday, January 23, a special event was held at the FHS Breast Cancer Awareness basketball game. Many fans, decked out in pink, were here to remember a special man, former coach and teacher, Coach Max Raby.

Raby coached for 31 years in the Fayetteville City School System. By his efforts, our system was able to build our athletic programs for the school and community. It was said that he instilled competitiveness and after playing for him, one wanted to give 150%. He would even coach multiple teams at the same time and still have great records.

At the half-time of the boys game, Coach Raby was recognized for his service and dedication to athletics and education. One of his former players wrote a letter that was read to the audience talking about what a positive impact Coach Raby had made in her life. Pride and sentiment showed on his face as tears of joys rolled down his cheeks. With two standing ovations and continued applause, it was visible how happy this award made him and all who came out to honor him. A group picture was taken with the Coach and some 50 former players. Congratulations Coach Raby!

