



kidcentral tn is a free, one-stop resource for Tennessee families to raise healthy and happy kids.



Created by the Governor's Children's Cabinet, **kidcentral tn** features articles on health, education, development and more, as well as a searchable directory of state-sponsored services for your family.

AT KIDCENTRALTN.COM, YOU CAN ...

- **UNDERSTAND AND CONNECT** with state services that matter to your family like child support or counseling services, and find help for any parenting situation.
- **BROWSE HUNDREDS OF ARTICLES** designed to help your family better understand topics like choosing the best child care and helping children through a difficult time.
- **REGISTER FOR A MY PROFILE ACCOUNT** and receive tips on how to support your child's physical, mental and emotional development—from birth to age 18—to ensure your family is on track.
- **EXPLORE INFORMATION** on how to teach your children the life skills they need to succeed, like money management and understanding insurance options.

A great resource for grandparents and other family members, too!

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