



# DECEMBER | 2017

## Russellville School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> <u>BREAKFAST</u> Funnel Cake or Steak Biscuit Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Hamburger on Bun 2 <sup>nd</sup> Chicken Fillet on Bun French Fries, Baked Beans, Tomato/Onion, Pickles, Salad Mix Fruit or Fruit or Juice/Milk
<b>4</b> <u>BREAKFAST</u> Pancakes or Chicken Biscuit Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Cheese Pizza 2 <sup>nd</sup> Burrito Green Beans, Corn, Salad Bar, Strawberries or Fresh Fruit Or Juice and Milk	<b>5</b> <u>BREAKFAST</u> Bacon/Egg/Cheese Biscuit or Frudel, Cereal, Fruit, Juice/Milk <b>LUNCH</b> 1 <sup>st</sup> Chicken Nuggets 2 <sup>nd</sup> Teriyaki Beef Whole Potatoes, Salad Bar, Broccoli/Cheese, Texas Toast Pears, Fresh Fruit or Juice, Milk	<b>6</b> <u>BREAKFAST</u> Donut or Sausage Biscuit Cereal, Fruit, Juice, Milk <b>BREAKFAST FOR LUNCH</b> 1 <sup>st</sup> Chicken w/ Eggs 2 <sup>nd</sup> Steak w/ Eggs Gravy, Biscuit, Potato Tots, Salad Bar, Jelly, Baked Apples Fresh Fruit or Juice, Milk	<b>7</b> <u>BREAKFAST</u> Breakfast Pizza or Muffin or Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Popcorn Chicken 2 <sup>nd</sup> Slice Turkey Mashed Potatoes, Peas, Roll, Salad Bar, Pineapple or Fresh Fruit or Juice, Milk	<b>8</b> <u>BREAKFAST</u> Bacon Biscuit or Funnel Cake Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Taco (Soft Shell) 2 <sup>nd</sup> Chicken Fajita ( Soft Shell) Smiley Fries, Salsa, Refried Beans, Salad Bar, Peaches Peaches/Fruit/Milk Side Kick
<b>11</b> <u>BREAKFAST</u> Sausage Biscuit or Cinn Mini Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Chicken Tenders 2 <sup>nd</sup> Lasagna Roll w/ Sauce Corn, Broccoli w/ Cheese, Salad Bar, Garlic Bread Stix, Pears, Fresh Fruit or Juice, Milk	<b>12</b> <u>BREAKFAST</u> Chicken Biscuit or Frudel Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Popcorn Chicken 2 <sup>nd</sup> Teriyaki Beef Whole Potatoes, Green Beans, Roll, Salad Bar, Peaches or Fresh Fruit or Juice, Milk	<b>13</b> <u>BREAKFAST</u> Bacon/Egg/Cheese Biscuit or Waffle, Cereal, Fruit/Juice/Milk <b>LUNCH</b> 1 <sup>st</sup> Hot Dog on Bun (Plain) 2 <sup>nd</sup> BBQ Chicken on Bun Chili, Potato Wedges, Slaw, Salad Bar, Strawberries or Fresh Fruit or Juice, Milk	<b>14</b> <u>BREAKFAST</u> Yogurt w/ Muffin or Pop Tarts or Cereal, Fruit, Juice, Milk <b>CHRISTMAS LUNCH</b> 1 <sup>st</sup> Turkey w/ Gravy & Dressing 2 <sup>nd</sup> Slice Ham Mashed Potatoes, Peas, Roll, Sweet Potato Casserole, Fruit Pineapple, Juice, Milk Jello	<b>15</b> <u>BREAKFAST</u> Funnel Cake or Steak Biscuit Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Hamburger on Bun 2 <sup>nd</sup> BBQ Pork on Bun Smiley Fries, Baked Beans, Pickles/Tomato/Onion, Salad Bar, Mix Fruit/Fruit/Juice, Milk
<b>18</b> <u>BREAKFAST</u> Bacon Biscuit or Muffin or Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> 2- Chicken Littles on Buns 2 <sup>nd</sup> Sliced Turkey on Bun French Fries, Salad Bar, Broccoli w/ Cheese, Pears or Fresh Fruit or Juice, Milk	<b>19</b> <u>BREAKFAST</u> Sausage Biscuit or Donut or Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Chicken Patty on Bun 2 <sup>nd</sup> Uncrustable PBJ / Cheese Baked Chips, Carrot Sticks/Dip Apple or Juice Christmas Cookie	<b>20</b> <u>BREAKFAST</u> Pancakes or Pop Tarts or Cereal, Fruit, Juice, Milk  <p style="text-align: center;"><b>Early Dismissal</b></p>	<b>21</b>	<b>22</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>

### News

***Choice of One Entrée***  
***Each meal must have a***  
***Serving of fruit or***  
***vegetable and at least 2***  
***Other choices to be a***  
***Complete meal.***

***Daily offerings include:***  
***Fruit choices fresh veggie***  
***bar, 1% or fat-free Milk***

***Menus are subject to***  
***Change without notice.***

**FREE BREAKFAST**  
**TO ALL STUDENTS**

***Hamblen County is an equal***  
***Opportunity provider & employer***

***According to federal law and***  
***USDA policy this institution is***  
***Prohibited from discrimination on***  
***The bases of race, color, natural***  
***origin, sex, age, or disability. To***  
***File complaint of discrimination***  
***At <http://www.wisda.gov/complaint>***  
***Filingcust.html or 866-632-9992***