



OCTOBER | 2017

WEST ELEMENTARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 SAUSAGE BISCUIT / CEREAL POPCORN CHICKEN TURKEY SANDWICH ALFREDO NOODLES BROCCOLI FRESH VEGGIE BAR STRAW. CUPS, FRESH FRUIT MILK AND JUICE	3 GRAVY / BISCUIT / CEREAL CHICKEN DUMPLING CHEESE STICKS/SAUCE SEASONED POTATOES CARROTS FRESH VEGGIE BAR MANDARIN ORANGES, FRUIT MILK AND JUICE	4 BAC. / EGG BISCUIT / CEREAL TACO/SHELL BURRITO LETT/TOM/CHEESE SMILEY FRIES / SALSA / REFRIED BEANS/ VEGGIE BAR PEARS, FRESH FRUIT, JUICE MILK CHOICE	5 CHOCOLATE DONUTS CEREAL BAG LUNCH TURKEY SANDWICH PEANUT BUTTER & JELLY CHIPS APPLESAUCE, FRUIT, MILK AND JUICE	6 CHICKEN BISCUIT / CEREAL BAG LUNCH HAM SANDWICH PEANUT BUTTER & JELLY CHIPS STRAWBERRY CUPS, FRESH FRUIT, JUICE MILK CHOICE
9 BREAKFAST PIZZA CEREAL CHICKEN FAJITA/SHELL BEEF TERIYAKI/ROLL LETT/TOM/CHEESE WAFFLE FRIES / BROCCOLI VEG. BAR / FRESH FRUIT PEACHES, MILK AND JUICE	10 CINNAMON ROLL / CEREAL PIZZA CHICKEN SLIDERS FRIES / CORN FRESH VEGGIE BAR MIX FRUIT, FRESH FRUIT MILK AND JUICE	11 CHICKEN BISCUIT / CEREAL TURKEY ROAST CHICKEN CASSEROLE SWEET POTATOES GREEN BEANS FRESH VEGGIE BAR PEARS, FRESH FRUIT, MILK AND JUICE	12 POP TART / CEREAL CHICKEN FILLETS MEATLOAF MASHED POTATOES ROLL / PEAS VEG. BAR/ FRESH FRUIT BAKED APPLES MILK AND JUICE	13 SAUSAGE BISCUIT / CEREAL BBQ SANDWICH FISH BAKED BEANS / FRIES SLAW FRESH VEGGIE BAR APPLESAUCE, FRUIT, JUICE AND MILK
16	17	18	19	20
FALL BREAK - NO SCHOOL				
23 CHICKEN BISCUIT / CEREAL HOTDOG/CHILI MINI CHEESEBURGER WAFFLE FRIES BAKED BEANS FRESH VEGGIE BAR PEACHES, FRESH FRUIT, MILK AND JUICE	24 FRENCH TOAST / CEREAL SCRAMBLED EGGS/ CHICKEN OR BACON GRAVY BISCUIT CHERRY TOMATOES SEASONED POTATO BAKED APPLE, FRUIT ORANGE JUICE AND MILK	25 GRAVY/BISCUIT. CEREAL BEEF TERIYAKI CHICKEN CASSEROLE MASHED POTATOES GREEN BEANS/ ROLL FRESH VEGGIE BAR MIXED FRUIT. FRUIT MILK AND JUICE	26 CINI MINI / CEREAL TACO/SHELL POPCORN CHICKEN/ LETT/TOM/CHEESE PINTO BEANS CORN ROLL / SALSA / VEG. BAR PINEAPPLE, FRUIT MILK AND JUICE	27 BACON/EGG BISCUIT CEREAL MINI CALZONE CHICKEN ALFREDO/ TOAST BROCCOLI/ CARROTS FRESH VEGGIE BAR MANDARIN ORANGES, FRESH FRUIT, JUICE AND MILK
30 SAUSAGE BISCUIT CEREAL PIZZA GRILL CHIX SAND. FRIES/ GREEN BEANS FRESH VEGGIE BAR APPLESAUCE, FRESH FRUIT. JUICE AND MILK	31 FRUEDEL / CEREAL QUESADILLA BBQ PORK NACHO LETT/TOM/SALSA BROCCOLI/ CORN FRESH VEGGIE BAR PEACHES, FRESH FRUIT, MILK AND JUICE			

BREAKFAST IS AVAILABLE TO ALL HAMBLEN COUNTY STUDENTS AT NO COST.

October 9-13 is NATIONAL SCHOOL LUNCH WEEK-----

School Lunch... "Recipe for Success"

CHOICE OF ONE ENTRÉE. Each meal must have a serving of fruit or vegetable and at least 2 other choices to be complete meal.

DAILY OFFERINGS

INCLUDE:

Fruit choices, fresh veggie bar, 1% or fat-free milk choices.

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.

Hamblen County is an equal opportunity provider and employer.