

HAMBLEN COUNTY SCHOOLS K-12 MENU

**W
E
E
K**

CHOOSE 1 ENTRÉE FOR BREAKFAST
EACH TRAY MUST HAVE A FRUIT OR A JUICE AND 2 OTHER ITEMS TO BE CONSIDERED A MEAL

Note: 1(2 pk) Poptart = 1 Entree, 2 Cereals = 1 Entree

CHOOSE 1 ENTRÉE FOR LUNCH
EACH TRAY MUST HAVE A FRUIT OR A VEGETABLE AND TWO OTHER ITEMS TO BE CONSIDERED A MEAL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY, 08/03/18
1	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
					(1)Chicken Biscuit
					(2)Cereal
					Fruit Choice
					Fruit Juice
					Milk Choice
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
					(1)Cheese or Pepperoni Pizza
					(2)PB&J Sandwich w/Cheesestick
					Smiley Fries
				Fresh Veggies	
				Fruit Choice	
				Fruit Juice	
				Milk Choice	
2	MONDAY, 08/06/18	TUESDAY, 08/07/18	WEDNESDAY, 08/08/18	THURSDAY, 08/09/18	FRIDAY, 08/10/18
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	(1)Sausage & Egg Biscuit	(1)Breakfast Pizza	(1)Mini Muffin w/Yogurt	(1)Sausage Biscuit	(1)Egg & Cheese Omelet Biscuit
	(2)Cereal	(2)Cereal	(2)Cereal	(2)Cereal	(2)Cereal
	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
	Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	(1)Popcorn Chicken w/Texas Toast	(1)Hamburger	(1)Scrambled Eggs w/Bacon	(1)Chicken Tenders	(1)Corn Dog Nuggets
	(2)Cheese Sticks w/Marinara Sauce	(2)Hot Dog w/Chili	(2)Scrambled Eggs w/Chicken	(2)Beef Dippers	(2)Fish Sticks
Corn	Baked Beans	Biscuit w/Gravy	Sweet Glazed Carrots	Hushpuppies	
Broccoli w/cheese sauce	French Fries	Tater Tots	Green Beans	Pinto Beans	
Fresh Veggie Bar	Lettuce/Tomato	Sliced Tomatoes	Roll	Mac & Cheese	
Fruit Choice	Fresh Veggie Bar	Fresh Veggie Bar	Fresh Veggie Bar	Fresh Veggie Bar	
Fruit Juice	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice	
Milk Choice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	
	Milk Choice	Milk Choice	Milk Choice	Milk Choice	
3	MONDAY, 08/13/18	TUESDAY, 08/14/18	WEDNESDAY, 08/15/18	THURSDAY, 08/16/18	FRIDAY, 08/17/18
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	(1)Biscuit/Gravy	(1)Pancakes	(1)Sausage Biscuit	(1)Cini Minis	(1)Breakfast Pizza
	(2)Cereal	(2)Cereal	(2)Cereal	(2)Cereal	(2)Cereal
	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
	Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	(1)BBQ Nachos w/Chips	(1)Chicken Casserole	(1)Baked Spaghetti w/Meat Sauce	(1)Cheese or Pepperoni Pizza	(1)BBQ Rib Sandwich
	(2)Cheese Quesadilla	(2)Baked Ham	(2)Popcorn Chicken	(2)PB&J Sandwich w/Cheesestick	(2)Fish Sticks w/Hushpuppies
Corn	Roll	Garlic Breadstick	Smiley Fries	Waffle Fries	
Refried Beans	Mashed Potatoes	Green Beans	Fresh Veggie Bar	Slaw	
Salsa	Peas	Sweet Glazed Carrots	Fruit Choice	Fresh Veggie Bar	
Fresh Veggie Bar	Fresh Veggie Bar	Fresh Veggie Bar	Fruit Juice	Fruit Choice	
Fruit Choice	Fruit Choice	Fruit Choice	Milk Choice	Fruit Juice	
Fruit Juice	Fruit Juice	Fruit Juice		Milk Choice	
Milk Choice	Milk Choice	Milk Choice			
4	MONDAY, 08/20/18	TUESDAY, 08/21/18	WEDNESDAY, 08/22/18	THURSDAY, 08/23/18	FRIDAY, 08/24/18
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	(1)Sausage & Egg Biscuit	(1)French Toast Sticks	(1)Chicken Biscuit	(1)Fruedel Pastry	(1)Biscuit/Gravy
	(2)Cereal	(2)Cereal	(2)Cereal	(2)Cereal	(2)Cereal
	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
	Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	(1)Hamburger	(1)Popcorn Chicken	(1)Pizza	(1)Chicken Sliders	(1)Corn Dog Nuggets
	(2)BBQ Sandwich	(2)Turkey/Dressing (or casserole)	(2)Deli Turkey & Cheese Sub	(2)Cheese Sticks w/Marinara Sauce	(2)Fish Sticks
French Fries	Roll	Smiley Fries	Corn	Hushpuppies	
Baked Beans	Mashed Potatoes	California Vegetables	Steamed Broccoli	Pinto Beans	
Slaw	Peas	Fresh Veggie Bar	Fresh Veggie Bar	Mac & Cheese	
Fresh Veggie Bar	Fresh Veggie Bar	Fruit Choice	Fruit Choice	Fresh Veggie Bar	
Fruit Choice	Fruit Choice	Fruit Juice	Fruit Juice	Fruit Choice	
Fruit Juice	Fruit Juice	Milk Choice	Milk Choice	Fruit Juice	
Milk Choice	Milk Choice			Milk Choice	
5	MONDAY, 08/27/18	TUESDAY, 08/28/18	WEDNESDAY, 08/29/18	THURSDAY, 08/30/18	FRIDAY, 08/31/18
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	(1)Breakfast Pizza	(1)Waffle	Sausage & Egg Patty Biscuit	(1)Muffin & Yogurt	(1)Biscuit/Gravy
	(2)Cereal	(2)Cereal	(2)Cereal	(2)Cereal	(2)Cereal
	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
	Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	(1)Meatloaf	(1)Beef Teriyaki	(1)Bacon Cheeseburger	(1)Pizza	(1)Taco Salad
	(2)BBQ Rib Patty	(2)Popcorn Chicken	(2)Hot Dog w/Chili	(1)Deli Turkey & Cheese Wrap	(2)Cheese Quesadilla
Roll	Egg Roll	French Fries	California Vegetables	Corn	
Mashed Potatoes	Rice	Baked Beans	Green Beans	Refried Beans	
Peas	Sweet Carrots	Fresh Veggie Bar	Fresh Veggie Bar	Salsa	
Fresh Veggie Bar	Fresh Veggie Bar	Fruit Choice	Fruit Choice	Fresh Veggie Bar	
Fruit Choice	Fruit Choice	Fruit Juice	Fruit Juice	Fruit Choice	
Fruit Juice	Fruit Juice	Milk Choice	Milk Choice	Fruit Juice	
Milk Choice	Milk Choice			Milk Choice	