

# February Lunch Menu 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>BREAKFAST IS AVAILABLE TO ALL HAMBLÉN COUNTY STUDENTS AT NO COST</b></p> <p><b>BREAKFAST INFO</b> CHOICE OF 1 ENTRÉE FOR BREAKFAST: EACH TRAY MUST HAVE A FRUIT OR JUICE AND AT LEAST 2 OTHER ITEMS TO BE A COMPLETE MEAL</p>	<p><b>LUNCH INFO</b> CHOICE OF 1 ENTRÉE FOR LUNCH: EACH MEAL MUST HAVE A SERVING OF FRUIT OR VEGETABLE AND AT LEAST 2 OTHER ITEMS TO BE A COMPLETE MEAL</p> <p><b>DAILY OFFERING INCLUDE:</b> <u>FRUIT CHOICES, FRESH VEGGIES AND MILK CHOICES</u></p>		<p><b>1</b> Cini Mini or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Chicken Tenders 2. BBQ Rib Patty Mashed Potatoes Peas Fresh Veggies Pears Fresh Fruit or Juice Milk Choice</p>	<p><b>2</b> Bacon/Egg/Cheese Biscuit or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Fish Nuggets and Hushpuppies 2.Hamburger w/Fixings Baked Beans Potato Wedges Coleslaw / Fresh Veggies Mandarin Oranges Fresh Fruit or Juice Milk Choice</p>
<p><b>5</b> Waffle or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Quesadilla 2.BBQ Nachos/Cheese Corn Broccoli Fresh Veggies Peaches Fresh Fruit or Juice Milk Choice</p>	<p><b>6</b> Chicken Biscuit or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.HamburgerSteak/Gravy 2.Turkey/Gravy Dinner Roll Mashed Potatoes Peas Fresh Veggies Cinnamon Apples Fresh Fruit or Juice Milk Choice</p>	<p><b>7</b> Biscuit and Gravy or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Hoagie Sandwich 2.PB &amp; J Sandwich Vegetable Beef Soup Pickle Spear Fresh Veggies/Fixings Pineapple Tidbits Fresh Fruit or Juice Milk Choice Cookie</p>	<p><b>8</b> Doughnuts or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Beef Teriyaki Dippers 2.Grill Chicken Patty Fried Rice/Dinner Roll Green Beans Whole New Potatoes Fresh Veggies Applesauce Fresh Fruit or Juice Milk Choice</p>	<p><b>9</b> Sausage Biscuit or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Fish Sticks 2.CornDog Nuggets Pinto Beans / Greens Macaroni and Cheese Fresh Veggies Strawberry Cups Fresh Fruit or Juice Milk Choice</p>
<p><b>12</b> Cini Mini or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Chicken Patty 2.Sausage Patty Scrambled Eggs Tater tots Biscuit and Gravy Fresh Veggies/Tomatoes Cinnamon Apples Fresh Fruit or Juice Milk Choice</p>	<p><b>13</b> Chicken Biscuit or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Hamburger w/Fixings 2.Mini Calzones Smiley Fries Baked Beans Fresh Veggies Peaches Fresh Fruit or Juice Milk Choice</p>	<p><b>14</b> Egg/Chs Biscuit or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Spaghetti w/Breadstick 2.BBQ Rib Sandwich Green Beans Carrots Fresh Veggies/Toss Salad Jell-O Fresh Fruit or Juice Milk Choice</p>	<p><b>15</b> French Toast or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Hotdog with Chili 2.Cheesy Chicken Flatbread French Fries Corn Fresh Veggies Pears Fresh Fruit or Juice Milk Choice</p>	<p><b>16</b> Breakfast Pizza or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Cheese Pizza 2.Turkey/Bac/Ranch Wrap Mashed Potatoes Broccoli Fresh Veggies Pineapple Tidbits Fresh Fruit or Juice Milk Choice</p>
<p><b>19</b> Funnel Cake or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Chicken Patty Sandwich 2.Hamburger w/Fixings Mixed Vegetables French Fries Fresh Veggies Applesauce Fresh Fruit or Juice Milk Choice President Cookies</p>	<p><b>20</b> Sausage Biscuit or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Popcorn Chicken 2.Hoagie Sandwich Lettuce/Tomato/Pickle Alfredo Noodles Broccoli Fresh Veggies Mixed Fruit Cocktail Fresh Fruit or Juice Milk Choice</p>	<p><b>21</b> Eggs/Toast/Jelly or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Taco 2.Burrito Lettuce/Tomato/Cheese Salsa Refried Beans Fresh Veggies Mandarin Oranges Fresh Fruit or Juice Milk Choice</p>	<p><b>22</b> Doughnut Holes or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Chili/Chips/Cheese 2.Mini Calzones Baked Potato Coleslaw Fresh Veggies Pineapples Fresh Fruit or Juice Milk Choice</p>	<p><b>23</b> Biscuit and Gravy or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Lasagna Rolls 2.Grill Chicken Parmesan Garlic Toast Corn Green Beans Tossed Salad Peaches Fresh Fruit or Juice Milk Choice</p>
<p><b>26</b> Muffins w/Yogurt or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Chicken Casserole 2.Cheesy Breadsticks w/ Sauce Mashed Potatoes Broccoli Fresh Veggies Mixed Fruit Cocktail Fresh Fruit or Juice Milk Choice</p>	<p><b>27</b> Chicken Biscuit or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Cheese Pizza 2.Deli Turkey Sandwich Lettuce/Tomato/Pickle Corn French Fries Fresh Veggies Pears Fresh Fruit or Juice Milk Choice</p>	<p><b>28</b> Biscuit and Gravy or Cereal Fruit, Juice or Milk Choice <b>LUNCH</b> 1.Turkey/Gravy 2.Grill Chicken Patty Dinner Roll Sweet Potatoes Green Beans Fresh Veggies Cinnamon Apples Fresh Fruit or Juice Milk Choice</p>	<p><b><u>MENU IS SUBJECT TO CHANGE WITHOUT PRIOR NOTICE</u></b></p> <p>Hamblen County is an equal opportunity provider and employer. According to federal law and USDA policy, this institution is prohibited from discrimination on the bases of race, color, natural origin, sex, age or disability. To file a complaint of discrimination at <a href="http://www.usda.gov/complaintfilingcust.html">http://www.usda.gov/complaintfilingcust.html</a> or 866-632-9932</p>	