Welcome Back!

AUGUST

	2	3	4	5
8 Biscuit/Gravy Chicken Nuggets Mashed Potatoes Green Bens Glazed Carrots Roll Fruit, Milk	9 Muffin Spaghetti/Meat Sauce Cheese Sticks Garden Salad Corn on the Cob Roll Fruit, Milk	10 Sausage/Biscuit Hamburger or Corndog Tater Tots Baked Beans Lettuce/Tomato/Onion Fruit, Milk	11 Pancake/sausage on a stick Stuffed Crust Pizza Diced Lett/Tomato Mexican Rice Mixed Vegetables Fruit, Milk	12 Jelly/Biscuit Breaded Chicken or Fish Sandwich Baked Chips Broccoli Spears/Dip Lettuce/Tomato Cookie Fruit, Milk
15 Biscuit/Gravy Chicken Tenders Mashed Potatoes Corn Green Peas Roll Fruit, Milk	16 Breakfast Pizza Sausage or Chicken Eggs Hash Brown Potato Sliced Tomatoes Biscuit/Gravy Fruit, Milk	17 Sausage/Biscuit Hamburger or Grilled Chicken Sandwich French Fries Lettuce/Tomato/Onion Garden Salad Carrots/Dip Fruit, Milk	18 Cinnamon Roll BBQ Sandwich White Beans Potato Wedges Cole Slaw Pickles Fruit, Milk	19 Chicken/Biscuit Pizza or Grilled Ham & Cheese Sandwich Baked Chips Broccoli/Dip Sliced Tomatoes Juice Fruitable, Milk
22 Biscuit/Gravy Country Chicken Basket or Ham/Biscuit Mashed Potatoes Corn on the Cob Fruit, Milk	23 French Toast Sticks Super Beef Nachos Lett/Tomato/Salsa Refried Beans Mexican Rice Fruit, Milk	24 Sausage/Biscuit Hamburger Steak Steak Fries Garden Salad Roll Fruit, Milk	25 Muffin Baked Ham Scalloped Potatoes Green beans Roll Apple Crisp Fruit, Milk	26 Jelly/Biscuit Pizza or Chicken Quesadilla Marinara Sauce Garden Salad Corn Fruit, Milk
29 Biscuit/Gravy Chicken Nuggets Mashed Potatoes Vegetable Sticks Carrots/dip Roll Fruit, Milk	30 Cinnamon Roll Hamburger French fries Lett/Tomato/Onion Pork and Beans Fruit, Milk	31 Sausage/Biscuit Taco Salad Lettuce/Tomato Black Beans Corn Fruit, Milk	1 Pancake/Sausage on a stick Chicken Tenders Mashed Potatoes Macaroni & Cheese Breaded Okra Fruit, Milk	2 Chicken/Biscuit Pizza Baked Chips Broccoli/Dip Juice Fruitable Fruit, Milk

News

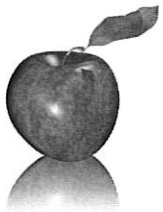
Everyday Breakfast Items:

Cereal with toast, pop tart or yogurt

Fruit, juice, milk

Cold Plates

Ham & Cheese or Turkey & Cheese Sandwiches
Lettuce/Tomato
Veggies/Dip
Baked Chips or Crackers
Fruit
Milk



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