

# AUGUST 2018

## Macon County Jr High and High Schools

MCJHS, MCHS, & RBSHS  
 \*Menu is Subject to Change.\*  
 \*\*This Institute is an equal opportunity provider.\*\*

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

				Sausage Biscuit Pizza Garden Salad Corn Fruit, Milk
Biscuit & Gravy Hamburger/Cheese Fries Baked Beans Carrots w/ Dip Fruit, Milk	Cinnamon Roll Taco Tuesday Ground Beef Soft Taco Shell Lettuce, Tomato, Salsa, Cheese Black Bean Salad Fruit, Milk	Sausage Biscuit Pasta Bake Salad Cucumbers w/ Dip Breadstick Fruit, Milk	Muffin Chicken Strips Mashed Potatoes Peas Roll Fruit, Milk	Pancake on a stick Personal Pan Pizza OR Buffalo Chicken Pizza Corn Broccoli w/ Dip Fruit, Milk
Biscuit & Gravy Burritos w/ Enchilada Sauce & Cheese Black Bean Salad Mexican Rice Veggie w/ Dip Fruit, Milk	Breakfast Pizza Chicken Alfredo Steamed Broccoli Carrots w/ Dip Fruit, Milk	Chicken Biscuit Baked Potato Bar or Homemade Shredded BBQ White Beans Fries Fruit, Milk	Breakfast Burrito Roasted Hotdogs Chips Roasted Cauliflower Corn on the Cob Fruit, Milk	Sausage Biscuit Hamburger Steak Mashed Potatoes Green Beans Roll Fruit, Milk
Biscuit & Gravy Chicken & Waffles Roasted Carrots Garden Salad Fruit, Milk	Cinnamon Roll Taco Tuesday Ground Beef or Fajita Chicken Soft Taco Shell Lettuce, Tomato, Salsa, Cheese Black Bean Salad Fruit, Milk	Sausage Biscuit Meatloaf Scalloped Potatoes Peas Roll Fruit, Milk	Bacon Biscuit BBQ Chicken Bites Mashed Potatoes Green Beans Roll Fruit, Milk	Pancake on a stick Personal Pan Pizza OR Buffalo Chicken Pizza Corn Broccoli w/ Dip Fruit, Milk
Biscuit & Gravy Chicken Strips Mashed Potatoes Peas Roll Fruit, Milk	Muffin Roasted Hotdogs Roasted Cauliflower Corn on the Cob Fruit, Milk	Cinnamon Roll Oven Fried or Spicy Chicken Legs Homemade Mac & Cheese Green Beans Roll Carrots w/Dip Fruit, Milk	Bacon Biscuit Hamburger/Cheese Fries Baked Beans Cucumbers w/ Dip Fruit, Milk	Breakfast Pizza Ham & Cheese Wrap w/ Ranch Chips Lettuce/Tomato Broccoli w/ Dip Fruit, Milk

Everyday Breakfast Items  
 Cereal with Toast  
 Poptart or Yogurt  
 Fruit, Juice, Milk

### Notes

Cold Plates are offered as a lunch choice on Tuesday and Thursday.  
 Cold Plate Items are  
 Ham & Cheese or Turkey & Cheese  
 Lettuce/Tomato