

National School Lunch Week October 15-19

*National Take Your Parents to Lunch Day
October 17!*

OCTOBER 2018

Macon County 6-12

MCJHS, MCHS, RBSHS
*This institution is an equal
opportunity provider.*
Menus are subject to change.

Monday

Biscuit & Gravy **1**

Chicken Strips
Mashed Potatoes
Green Peas
Roll
Fruit, Milk

Tuesday

Breakfast Pizza **2**

Pasta Bake
Garden Salad
Green Beans
Breadstick
Fruit, Milk

Wednesday

Muffin **3**

Hamburger or Cheeseburger
Lettuce/Tomato/Pickle/Onion
Tater Tots
Baked Beans
Fruit, Milk

Thursday

Pancake & Sausage on a Stick **4**

Managers Choice

Friday

**NO
SCHOOL** **5**

8

FALL BREAK NO SCHOOL

9

10

11

12

Biscuit & Gravy **15**

Oven Fried or Spicy Chicken Legs
Homemade Mac & Cheese
Green Beans
Roll
Fruit, Milk

Parfaits **16**

Hillbilly Nachos
Homemade Shredded BBQ
Lettuce/Tomato/Cheese
Sour Cream/Jalapenos
Baked Beans
Fruit, Milk

Sausage Biscuit **17**

Roasted Hotdog
Broccoli w/Cheese Sauce
Fries
Carrots w/dip
Fruit, Milk

Muffin **18**

Turkey & Dressing
Mashed Potatoes
Green Peas
Roll
Fruit, Milk

Chicken & Biscuit **19**

Personal Pan Pizza
Or
Buffalo Chicken Pizza
Corn
Broccoli w/ Dip
Fruit, Milk

*Free
Ice
Cream
with
Meal*

Biscuit & Gravy **22**

Breaded Chicken Sandwich
Potato Wedges
Broccoli w/ Dip
Fruit, Milk

Breakfast Pizza **23**

Taco Tuesday
Chicken Fajita or Ground Beef
Lettuce/Tomato/Cheese
Salsa/Sour Cream
Black Bean Salad
Fruit, Milk

Banana Split **24**

Chicken Nuggets
Mashed Potatoes
Green Beans
Roll
Fruit, Milk

Muffin **25**

Baked Potato Bar
with
Homemade Shredded BBQ
Or
Chili
Fruit, Milk

Sausage Biscuit **26**

Hamburger Steak
Corn
Pinto Beans
Roll
Fruit, Milk

Muffin **29**

Scrambled Eggs
Sausage or Chicken
Hash Brown
Biscuit & Gravy
Fruit, Milk

Pancake & Sausage on a Stick **30**

Hot Ham & Cheese
Fries
Fruitable
Carrots w/ Dip
Fruit, Milk

Parfaits **31**

Meatloaf
Green Peas
Mashed Potatoes
Roll
Fruit, Milk



Everyday Breakfast Items
Cereal with Toast
Poptart or Yogurt
Fruit, Juice, Milk

Notes

Cold Plates are offered as a lunch choice on Tuesday and Thursday.
Cold Plate Items are
Ham & Cheese or Turkey & Cheese
Lettuce/Tomato
Baked Chips or Crackers