MARCH LUNCH

COUGAR CAFÉ



Monday

Tuesday

Wednesday

Thursday

Friday

BBQ Sandwich Coleslaw & Cowboy Beans Slushie Choice BBQ or Plain Chips Fresh Banana

Salisbury Steak WG Roll

Mashed Potatoes

Green Beans Sliced Peaches

OR Cheesy Italian

Regular Chicken OR Spicy 11 Chicken Tenders

WG Roll

Mashed Potatoes & Green

Greens

Pineapple Chunks

Teriyaki Beef Bites WG Roll Mashed Potato & Green Beans

Pineapple Chunks OR Cheesy Italian Pizza Hut Cucumbers & Tomatoes w/ranch

Hard Shell Taco

Salsa & Cheese Cur.

OR Cheesy Italian

Pinto Beans

Apple Slices

Pizza Hut

Golden Corn

Carrots w/ranch

Sliced Peaches

Lettuce & Tomato Fixings

Diced Peache

Regular or Cheeseburger on WG Bun w/condiments Lettuce & Tomato Fixings Baked Fries Fresh Grapes

Stuffed Crust Pepperoni Pizza Steamed Green Peas Celery Stix & Ranch Banana OR Cheesy Italian

Choice of Regular or Spicy 20 Chicken Sandwich w/condiments Lettuce & Tomato Fixings French Fries Banana

Breaded Chicken Nuggets w/Sauces WG Roll Tossed Salad & ranch Steamed Carrots Fruit Cocktail

Chili w/Cheddar Goldfish Crackers Cucumbers & Tomatoes w/Ranch Applesauce Cinnamon Rolls

Egg & Cheese Omelet

WG Biscuit & Gravy

Hashbrown Patty

Cherry Tomatoes

Orange Juice

Grape Jelly

13

14

Hot Dog or Chili Dog **Baked Fries** Carrot Sticks & ranch Diced Peaches

Rotini

Golden Corn

Breadstick

Broccoli & ranch

Pineapple Tidbits

21 Chicken Sandwich or Hamburger Lettuce & Tomato Cowboy beans Sliced Apples

8

15

SPRING BREAK!!



Fiesta Chicken Salad offered Monday. Wednesday, & Friday Chef Salad offered Tuesday & Thursday Yogurt Plate & Grape or Strawberry PBJ available daily as alternate entrée. Non-Fat or Low-Fat Milk offered daily.

"USDA

Provider and employe



PAY FOR MEALS ONLINE MySchoolBucks.com