

Cougar Café



Monday		Tuesday		Wednesday		Thursday	Friday	
Menu Subject to Change			Egg & Cheese Omelet w/ Cinnamon Toast		Choice of Chocolate Chip, Cinnamon, Berry or Plain French Toast Sticks w/ a Sausage link	Goldfish Graham Cookie w/ Choice of Raspberry or Strawberry Yogurt	3	
Sausage & WG Biscuit w/Grape Jelly	6	Choice of Mini Maple or Strawberry Pancakes w/ Sausage Link	7	Egg Patty & WG Toast, Grape Jelly OR Oatmeal/Toast	8	Choice of Chocolate Chip, Cinnamon, Berry or Plain French Toast Sticks w/ a Sausage link	Choice of Banana or Blueberry muffin w/ Raspberry or Strawberry Yogurt	10
Choice of Powdered or Chocolate Donut	r 13	Choice of Mini Maple or Strawberry Pancakes w/ Sausage Link	14	Egg & Cheese Omelet & Toast	15	Choice of Chocolate Chip, Cinnamon, Berry or Plain French Toast Sticks w/ a Sausage link	Granola & Yogurt	17
Sausage Biscui Grape Jelly	20 it	Choice of Mini Maple or Strawberry Pancakes w/ Sausage Link Managers Choice	21	Egg Patty & Biscuit Managers Choice	22	Choice of Chocolate Chip, Cinnamon, Berry or Plain French Toast Sticks w/ a Sausage link	School's Out!!	24
5	27	MN	28	ER	29	REA	Kiii	31



Alternate Menu Choices:

Pop Tart and Cereal offered daily

Cereal Bar Variety offered daily

Choice of Fresh Fruit, Juice, & Non-Fat or Low-Fat Milk offered daily.

"USDA is an equal opportunity Provider and employer."