


October 2018 McMinn County Elementary School Menu

Fruit will be included in each breakfast meal and a choice of the entree listed OR cereal OR cereal bar. Students may select a peanut butter sandwich, cheese stick and crackers in place of

1 Chicken Nuggets Creamed Potatoes Green Peas Baked Roll Fruit Milk	2 Cheeseburger on Bun Fresh Trimmings Veggie Beans Baked Smiles Fruit Milk	3 Chicken Casserole / Baked Roll Glazed Carrots Broccoli w Cheese Chocolate Chip Cookie Fruit Milk	4 Hotdog on Bun Baked Fries Green Beans Cole Slaw Fruit Milk	5 Pepperoni Pizza Square Leafy Green Salad Seasoned Corn Fruit Milk
Chicken Biscuit	Cinnamon Roll	Egg Biscuit	Yogurt Parfait	Mini Cinnis
8 Fall Break 	9 Fall Break 	10 Fall Break 	11 Fall Break October 15-19 National School Lunch Week	12 Fall Break 
No School	No School	No School	No School	No School
15 Chicken Nuggets Creamed Potatoes Green Peas Baked Roll Fruit Milk	16 Hamburger on Bun Trimmings Baked Fries Fruit Milk	17 Orange Chicken and Rice / Roll Baby Carrots with Ranch Green Beans Chocolate Pudding Fruit Milk	18 BBQ Pork Nachos Veggie Pick up w/ Ranch Refried Beans Fruit Milk	19 Cheese Pizza Square Leafy Green Salad Seasoned Corn Fruit
Sausage Biscuit	Mini French Toast	Pancake Pup	Chicken Slider	Muffin and Yogurt
22 Chicken Nuggets Creamed Potatoes Green Peas Baked Roll Fruit Milk	23 Taco w Baked Scoops Chopped Trimmings Cheese/Salsa Refried Beans Fruit Milk	24 Chicken Sandwich Fresh Trimmings Baby Carrots with Ranch Macaroni and Cheese Jello Fruit/ Milk	25 BBQ on Bun Baked Fries Veggie Beans Fruit Milk	26 Pizza Sticks Leafy Green Salad Seasoned Corn Fruit Milk
Biscuit & Gravy	Mini Pancakes	Yogurt & Scobby Bones	Jelly Biscuit	Poptarts & String Cheese
29 Chicken Nuggets Creamed Potatoes Green Peas Baked Roll Fruit Milk	30 Cheeseburger on Bun Fresh Trimmings Veggie Beans Baked Smiles Fruit Milk	31 Chicken Casserole / Baked Roll Glazed Carrots Broccoli w Cheese Chocolate Chip Cookie Fruit Milk	Remember to start you day with Breakfast!	This institution is an equal opportunity provider
Egg Biscuit	Cinnamon Roll	Ham Biscuit		