



LADY TIGER

Summer Strength & Conditioning Camp
June 11th – June 28th , July 9th – July 20th
Tiger Arena/Activity Center

8:00 – 9:00 AM for girls entering 9th, 10th, 11th, 12th grade

Campers will work together as a team improving on strength, speed, and agility throughout the summer. They will work out Monday – Thursday.

Cut here

Name _____

Address _____

Parent/Guardian name _____

Daytime phone number _____

Please bring the bottom portion of this form, turn it in to any girls coach.

Parent Release

I hereby release the Glen Rose ISD and each of its instructors from any and all liability as a result of any injury which may occur during my child's participation. I fully understand as a parent/guardian, I am responsible for any and all medical expenses which may be incurred as a result of any accidental injuries.

Parent/Guardian Signature

Date