

WE are MEYER!



October 24, 2016

A Note from the Principal; Mrs. Misty Ptasnik:

The Academy of Pediatrics has recently, according to Education Week (October 21, 2016), lifted its recommendation discouraging all electronic media use in children under the age of 2. They went on to say that families should, “balance media use with other healthy behaviors.” Here is a summary of recommendations:

- Children 2 – 5 years limit screen use to 1 hour per day of high-quality programs. Parents should co-view.
- Children ages 6+ should have consistent LIMITS on the time spent using media, and the types of media, and make sure that media doesn’t take the place of enough sleep, physical activity, and other behaviors essential to good health.

I hope you are implementing “media free” times when your family is choosing to put down cell phones, iPads, laptops, and other electronics while engaging in conversation, meal time, or family game night. Build in times to talk about online safety and good digital citizenship. We must always treat others with respect, both off and on-line.

The Academy’s advice is science-driven and we should be mindful of how much screen time our littles are getting.

http://blogs.edweek.org/edweek/early_years/2016/10/pediatricians_group_sets_guidelines_on_electronic_media_use_by_young_children.html?r=785606028&cmp=ml-enl-eu-news2-RM

Tell me something good?!

We have been placing an emphasis on attendance at Meyer Elementary School. We currently have 315 students with perfect attendance in October. Applied Survey Research published findings that students who arrived at school academically ready to learn, but missed 10% of their kindergarten and first grade years, on average scored 60 points below students with good attendance (on 3rd grade assessments). This is what I call an opportunity gap. We cannot teach your child when they are not here.

It is imperative for a child to be in school every day they can be.

**Students who have fever or contagious conditions need to stay out of school until cleared by a medical professional. If unsure, contact our nurse or myself. #stayhealthythisfall*



Need to call Head Start Office? They have their own phone line at: 1.830.426.7632.

Meyer Elementary Offices can be reached at: 1.830.426.3161.

Please take a moment to program these different numbers into your phone.

WE ARE MEYER!

THANK YOU PARENTS! We had 275 parents sign in to open house. Many of you not only visited the classroom but signed up for Watch Dog Dads and purchased books at our book fair. *Together, we will succeed!* 😊

Parent Teacher Organization (PTO) – Our next meeting is November 16th after the Fall Festival. We will have a presentation about the “Gifted Learner” that includes information on our GT identification process.



THANK YOU PTO officers for ALL you do!

Abby Wilson, President

Jennifer Wiemers, Vice President

Ashley Lowe, Secretary

Missy Braden, Treasurer



Upcoming Dates:

Red Ribbon Week – October 24-28

Dress for Success – October 31st

Halloween Parade – October 31st @ 2:45pm at the fence between McDowell and Meyer

Pep Rally (Perfect Attendance) – November 4th

Mc Teacher’s Night – November 7th

Veterans’ Day – November 11th @ 8:30am in the Courtyard

OLSAT Testing (1st Grade) – November 15th and 16th

Fall Festival – November 16th @ 4pm – 6:15pm

PTO – November 16th

Thanksgiving Break – November 21st – 25th