

EXPERIENCING ADDICTION IN YOUR FAMILY?



Need a place to explore, support, and
grow your understanding?
Everyone is welcome for:

Addiction Recovery 101

*Addiction affects over 60% of
Americans, 46% of families, and
comes in many forms--
from addiction to alcohol and drugs,
to screens, work, and gambling.
It can be hard to know what to do.*

WED., MARCH 23

5:30-7:00 PM

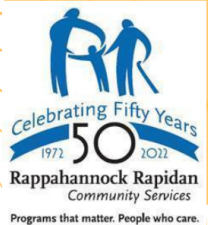
Washington Fire Hall
10 Firehouse Ln.
Washington, VA

Register
here
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OR ATTEND VIA ZOOM:
<https://bit.ly/Recovery101March23>

Join us for a lively discussion
as we consider the various
pathways and styles of
recovery. We will talk about
frameworks of recovery
(secular, non-secular groups),
types of recovery (abstinence
based, non-abstinence based),
recovery terminology, and
recovery identity. We will
spend time addressing our own
bias and stigma and how that
shows up in our lives and
prevents us from fully
embracing the vast spectrum of
recovery.

Refreshments will be served
Questions?
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*These materials, and the activity described herein, are not sponsored or
endorsed by the Rappahannock County School Board.*