

February 2018 Rappahannock County Elementary School

BREAKFAST



Student Breakfast \$1.30
 Reduced Student Breakfast \$.30
 Student Breakfast \$2.30

Coming up for next month:

~March 5-9 is "National School Breakfast Week"~

Monday

Tuesday

Wednesday

Thursday

Friday

Sausage Biscuit **5**
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

French Toast Sticks **6**
 Cinnamon Nachos & Fruit
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

Sausage Gravy & Biscuit **7**
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

Pancakes **1**
 Glazed Doughnut
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

Breakfast Pizza **2**
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

Chicken Biscuit **12**
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

French Toast Sticks **13**
 Fruit & Yogurt Parfait
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

Sausage Gravy & Biscuit **14**
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

Egg & Cheese Burrito **8**
 Glazed Doughnut
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

Breakfast Pizza **9**
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

19
 NO SCHOOL!

French Toast Sticks **20**
 Cinnamon Nachos & Fruit
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

Sausage Gravy & Biscuit **21**
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

Pancakes **15**
 Glazed Doughnut
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

Breakfast Pizza **16**
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

Chicken Biscuit **26**
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

French Toast Sticks **27**
 Fruit & Yogurt Parfait
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

Sausage Gravy & Biscuit **28**
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

Egg & Cheese Burrito **22**
 Glazed Doughnut
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

Breakfast Pizza **23**
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk



"This institution is an equal opportunity provider."

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LUNCH



Student Lunch \$1.95
 Reduced Student Lunch \$.40
 Adult Lunch \$3.50

Check out our new menu items for the month of February:
 ~Greek Grilled Chicken Salad Bar~
 ~Baja Black Beans, Roasted Asparagus & Roasted Cauliflower~

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Tenders & Roll **5**
 PB&J Sandwich
 Chef Salad
 Carrots & Oven Fries
 Apple Slices & Milk

Tacos & L/T/C Cup **6**
 PB&J Sandwich
 Chef Salad
 Corn & **Baja Black Beans** *New!
 Orange Slices & Milk

Cheeseburger **7**
 PB&J Sandwich
 Chef Salad
 Green Beans & Sweet Potatoes
 Pineapple & Milk

Ham & Cheese Melt **1**
 PB&J Sandwich
 Salad Bar
 Potato Wedges & Roasted Broccoli
 Fresh Fruit Cup & Milk

Pizza Dippers & Marinara **2**
 PB&J Sandwich
 Chef Salad
 Tater Tots & Cucumber Slices
 Banana & Milk

Chicken Nuggets & Roll **12**
 PB&J Sandwich
 Chef Salad
 Carrots & Oven Fries
 Apple Slices & Milk

Corn Dog **13**
 PB&J Sandwich
 Chef Salad
 Baked Beans & Mashed Potatoes
 Orange Slices & Milk

Chicken Patty **14**
 PB&J Sandwich
 Chef Salad
 Sweet Peas & Potato Wedges
 Pineapple & Milk

Turkey, Bacon & Cheese Melt **15**
 PB&J Sandwich
 *New! Greek Salad Bar
 Carrot Sticks & Roasted Broccoli
 Fresh Fruit Cup & Milk

Pepp French Bread Pizza **16**
 PB&J Sandwich
 Chef Salad
 Tater Tots & Cucumber Slices
 Banana & Milk

NO SCHOOL! **19**

Soft Tacos & L/T/C Cup **20**
 PB&J Sandwich
 Chef Salad
 Corn & Baja Black Beans
 Orange Slices & Milk

Cheeseburger **21**
 PB&J Sandwich/Chef Salad
 Green Beans & **Roasted Cauliflower** *New!
 Pineapple & Milk

Chicken Pasta **22**
 PB&J Sandwich
 Taco Salad
 Potato Wedges & Broccoli Florets
 Fresh Fruit Cup & Milk

Cheese Pizza **23**
 PB&J Sandwich
 Chef Salad
 Tater Tots & Carrot Sticks
 Banana & Milk

Chicken Nuggets & Roll **26**
 PB&J Sandwich
 Chef Salad
 Carrots & Oven Fries
 Apple Slices & Milk

Mini Corn Dogs **27**
 PB&J Sandwich
 Chef Salad
 Baked Beans & Mashed Potatoes
 Orange Slices & Milk

Chicken Patty **28**
 PB&J Sandwich/Chef Salad
 Green Beans & **Roasted Asparagus** *New!
 Pineapple & Milk



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