

January 2018

Rappahannock County Elementary

LUNCH



Student Lunch \$1.95

Reduced Student Lunch \$.40

Adult Lunch \$3.50



Happy New Year!



Monday

1

No School!

Winter Break!

Tuesday

2

No School!

Winter Break!

Wednesday

3

No School!

Teacher Workday!

Thursday

4

Chicken Patty on Bun
PB&J Sandwich
Chef Salad
Sweet Peas & Potato Wedges
Apple Slices & Milk

Friday

5

Pizza Dippers & Marina
PB&J Sandwich
Chef Salad
Tater Tots & Cucumber Slices
Banana & Milk

Chicken Tenders & Roll
PB&J Sandwich
Chef Salad
Carrots & Oven Fries
Apple Slices & Milk

8

Tacos & L/T/C Cup
PB&J Sandwich
Chef Salad
Corn & Black Beans
Orange Slices & Milk

9

Cheeseburger on Bun
PB&J Sandwich
Chef Salad
Green Beans & Sweet Potatoes
Pineapple & Milk

10

Ham & Cheese Melt
PB&J Sandwich
Salad Bar
Potato Wedges & Roasted Broccoli
Fresh Fruit Cup & Milk

11

Cheese Pizza
PB&J Sandwich
Chef Salad
Tater Tots & Carrot Sticks
Banana & Milk

12

No School!
Martin Luther King Holiday

15

Chicken Nuggets & Roll
PB&J Sandwich
Chef Salad
Carrots & Oven Fries
Orange Slices & Milk

16

Chicken Patty on Bun
PB&J Sandwich
Chef Salad
Corn & Sweet Peas
Pineapple & Milk

17

Turkey, Bacon & Cheese
PB&J Sandwich
Salad Bar
Potato Wedges & Carrot Sticks
Fresh Fruit Cup & Milk

18

Pizza Dippers & Marina
PB&J Sandwich
Chef Salad
Tater Tots & Cucumber Slices
Banana & Milk

19

Chicken Tenders & Roll
PB&J Sandwich
Chef Salad
Carrots & Oven Fries
Apple Slices & Milk

22

Tacos & L/T/C Cup
PB&J Sandwich
Chef Salad
Corn & Black Beans
Orange Slices & Milk

23

Cheeseburger on Bun
PB&J Sandwich
Chef Salad/soup
Green Beans & Sweet Potatoes
Pineapple & Milk

24

Chicken Pasta
PB&J Sandwich
Taco Salad
Potato Wedges & Broccoli Florets
Fresh Fruit Cup & Milk

25

Cheese Pizza
PB&J Sandwich
Chef Salad
Tater Tots & Carrot Sticks
Banana & Milk

26

Chicken Nuggets & Roll
PB&J Sandwich
Chef Salad
Carrots & Oven Fries
Apple Slices & Milk

29

Corn Dog
PB&J Sandwich
Chef Salad
Baked Beans & Mashed Potatoes
Orange Slices & Milk

30

Chicken Patty on Bun
PB&J Sandwich
Chef Salad
Green Beans & Sweet Potatoes
Pineapple & Milk

31



January 2018

Rappahannock County Elementary

BREAKFAST



Student Breakfast \$1.30

Reduced Student Breakfast \$.30

Adult Breakfast \$2.30



Happy New Year!



Monday

Tuesday

Wednesday

Thursday

Friday

1

No School!

Winter Break!

2

No School!

Winter Break!

3

No School!

Teacher Workday!

4

Pancakes
Egg & Cheese Burrito
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

5

Breakfast Pizza
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

8

Chicken Biscuit
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

9

French Toast Sticks
Glazed Doughnut
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

10

Sausage Gravy & Biscuit
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

11

Pancakes
Fruit & Yogurt Parfait
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

12

Breakfast Pizza
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

15

No School!

Martin Luther King Holiday

16

French Toast Sticks
Glazed Doughnut
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

17

Sausage Gravy & Biscuit
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

18

Pancakes
Egg & Cheese Burrito
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

19

Breakfast Pizza
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

22

Sausage Biscuit
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

23

French Toast Sticks
Glazed Doughnut
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

24

Sausage Gravy & Biscuit
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

25

Pancakes
Fruit & Yogurt Parfait
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

26

Breakfast Pizza
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

29

Chicken Biscuit
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

30

French Toast Sticks
Glazed Doughnut
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

31

Sausage Gravy & Biscuit
Bagel & Cream/String Cheese
Cereal & Grahams
Muffin & Yogurt
Fresh Fruit, Juice & Milk

