

Monday

Tuesday

Wednesday

Thursday

Friday

Because it wasn't "peeling" well

Because it was in a jam!

ears!

Check for a sticker on your tray to win a prize! ~

1
 Pizza Dippers & Marinara
 PB&J Sandwich
 Chef Salad
 Tater Tots & Roasted Broccoli
 Banana & Milk

4
 Chicken Nuggets & Roll
 PB&J Sandwich
 Chef Salad
 Carrots & Oven Fries
 Apple Slices & Milk

5
"Taco Tuesday"
 Tacos & Lett/Chs/Tom Cup
 PB&J Sandwich
Salad Bar & Baked Potato Bar
 Corn & Baja Black Beans
 Pineapple & Milk

6
 Cheeseburger on Bun
 PB&J Sandwich
 Chef Salad
 Green Beans & Sweet Potatoes
 Orange Slices & Milk

7
 Spaghetti & Bread Stick
 PB&J Sandwich
Greek Salad Bar
Baked Potato Bar
 Potato Wedges & Roasted Broccoli
 Fresh Fruit Cup & Milk

8
 Pepperoni French Bread Pizza
 PB&J Sandwich
 Chef Salad
 Tater Tots & Sweet Peas
 Frozen Fruit Cup & Milk

11
 Chicken Tenders & Roll
 PB&J Sandwich
 Chef Salad
 Carrots & Oven Fries
 Apple Slices & Milk

12
 Corn Dog
 PB&J Sandwich
Salad Bar
Baked Potato Bar
 Baked Beans & Mashed Potatoes
 Pineapple & Milk

13
 Chicken Patty on Bun
 PB&J Sandwich
 Chef Salad
 Green Beans & Sweet Potatoes
 Orange Slices & Milk

14
 Chicken Pasta
 PB&J Sandwich
Caesar Salad Bar
Baked Potato Bar
 Potato Wedges & Roasted Broccoli
 Fresh Fruit Cup & Milk

15
"Lucky Leprechaun Lunch"
Charm Cheese Pizza
Pot o' Gold PB&J Sandwich
Charm Chef Salad
 Tater Tots & Clover Cucumber Slices
 Frozen Fruit Cup & Milk
Shamrock Cookie

18
 Chicken Nuggets & Roll
 PB&J Sandwich
 Chef Salad
 Carrots & Oven Fries
 Apple Slices & Milk
 Green Smoothie Samples

19
 Beef & Cheese Nachos
 PB&J Sandwich
Salad Bar
Baked Potato Bar
 Corn & Baja Black Beans
 Pineapple & Milk

20
 Pancakes & Sausage Links
 PB&J Sandwich
 Chef Salad
 Hash Brown & Carrot Sticks
 Orange Slices & Milk

21
 Turkey, Bacon & Cheese Sub
 PB&J Sandwich
 Potato Wedges & Roasted Broccoli
 Fresh Fruit Cup & Milk
 Early Release 12:00 pm

22
 Pizza Dippers & Marinara
 PB&J Sandwich
 Chef Salad
 Tater Tots & Cucumber Slices
 Frozen Fruit Cup & Milk

25
 Chicken Tenders & Roll
 PB&J Sandwich
 Chef Salad
 Carrots & Oven Fries
 Apple Slices & Milk

26
"Taco Tuesday"
 Soft Tacos & Lett/Chs/Tom Cup
 PB&J Sandwich
Salad Bar & Baked Potato Bar
 Corn & Baja Black Beans
 Pineapple & Milk

27
 Chicken Patty on Bun
 PB&J Sandwich
 Chef Salad
 Green Beans & Sweet Potatoes
 Orange Slices & Milk

28
 Tomato Soup &
 Grilled Cheese Sandwich
 PB&J Sandwich
**Fiesta Taco Salad Bar &
 Baked Potato Bar**
 Potato Wedges & Broccoli Florets
 Fresh Fruit Cup & Milk

29
 Pepperoni French Bread Pizza
 PB&J Sandwich
 Chef Salad
 Tater Tots & Sweet Peas
 Frozen Fruit Cup & Milk

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"This institution is an equal opportunity provider."

BREAKFAST

MARCH 2019

Rappahannock County Elementary School

Student Breakfast \$1.30
 Reduced Student Breakfast \$.30
 Adult Breakfast \$2.30

March 4th-8th is "National School Breakfast Week"

Monday

Tuesday

Wednesday

Thursday

Friday

Why did the banana go to the doctor? (saw a doctor on other side)

Why was the strawberry so upset?

What is a pig's favorite fruit?

Check for a sticker on your tray to win a prize! ~

4
 Chicken Biscuit
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

5
 French Toast Sticks
 Fruit & Yogurt Parfait
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

6
 Sausage Gravy & Biscuit
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

7
 Pancakes
 Glazed Doughnut
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

1
 Breakfast Pizza
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

11
 Sausage Biscuit
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

12
 French Toast Sticks
 Fruit & Yogurt Parfait
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

13
 Sausage Gravy & Biscuit
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

14
 Egg & Cheese Burrito
 Glazed Doughnut
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

8
 Breakfast Pizza
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

15
 Breakfast Pizza
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

18
 Chicken Biscuit
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

19
 French Toast Sticks
 Fruit & Yogurt Parfait
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

20
 Sausage Gravy & Biscuit
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

21
 Pancakes
 Glazed Doughnut
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

22
 Breakfast Pizza
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

25
 "National Waffle Day"
 Waffles
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

26
 French Toast Sticks
 Fruit & Yogurt Parfait
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

27
 Sausage Gravy & Biscuit
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

28
 Egg & Cheese Burrito
 Glazed Doughnut
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

29
 Breakfast Pizza
 Bagel & Cream/String Cheese
 Cereal & Grahams
 Muffin & Yogurt
 Fruit, Juice & Milk

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