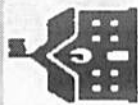


# BREAKFAST

## May 2018 Rappahannock County Elementary School



Student Breakfast \$1.30  
 Reduced Student Breakfast \$ .30  
 Adult Breakfast \$2.30



\*\* = Breakfast options offered for Pre-K, K, 1<sup>st</sup> grade & Head Start

### Monday



**7**  
 Chicken Biscuit \*\*  
 Mini Cinnamon Cream Cheese Bagel  
 Cereal & Grahams \*\*  
 Muffin & Yogurt  
 Fruit, Juice & Milk

**14**  
 Bacon, Egg & Cheese Biscuit  
 Mini Cinnamon Cream Cheese Bagel  
 Cereal & Grahams \*\*  
 Muffin & Yogurt  
 Fruit, Juice & Milk

**21**  
 Chicken Biscuit \*\*  
 Mini Cinnamon Cream Cheese Bagel  
 Cereal & Grahams \*\*  
 Muffin & Yogurt  
 Fruit, Juice & Milk

### Tuesday

**1**  
 French Toast Sticks \*\*  
 Fruit & Yogurt Parfait  
 Cereal & Grahams  
 Muffin & Yogurt \*\*  
 Fruit, Juice & Milk

**8**  
 French Toast Sticks \*\*  
 Cinnamon Nachos & Fruit  
 Cereal & Grahams  
 Muffin & Yogurt \*\*  
 Fruit, Juice & Milk

**15**  
 French Toast Sticks \*\*  
 Fruit & Yogurt Parfait  
 Cereal & Grahams  
 Muffin & Yogurt \*\*  
 Fruit, Juice & Milk

**22**  
 French Toast Sticks \*\*  
 Mini Waffles  
 Cereal & Grahams  
 Muffin & Yogurt \*\*  
 Fruit, Juice & Milk

**29**  
 Bacon, Egg & Cheese Bisc  
 Mini Cinnamon Rolls  
 Cereal & Grahams  
 Muffin & Yogurt \*\*  
 Fruit, Juice & Milk

### Wednesday

**2**  
 Sausage Gravy & Biscuit \*\*  
 Bagel & Cream/String Cheese  
 Cereal & Grahams \*\*  
 Muffin & Yogurt  
 Fruit, Juice & Milk

**9**  
 Sausage Gravy & Biscuit \*\*  
 Bagel & Cream/String Cheese  
 Cereal & Grahams \*\*  
 Muffin & Yogurt  
 Fruit, Juice & Milk

**16**  
 Sausage Gravy & Biscuit \*\*  
 Bagel & Cream/String Cheese  
 Cereal & Grahams \*\*  
 Muffin & Yogurt  
 Fruit, Juice & Milk

**23**  
 Sausage Gravy & Biscuit \*\*  
 Bagel & Cream/String Cheese  
 Cereal & Grahams \*\*  
 Muffin & Yogurt  
 Fruit, Juice & Milk

**30**  
 Manager's Choice \*\*  
 Cereal & Grahams \*\*  
 Muffin & Yogurt  
 Fruit, Juice & Milk

### Thursday

**3**  
 Glazed Doughnut \*\*  
 Pancakes  
 Cereal & Grahams  
 Muffin & Yogurt \*\*  
 Fruit, Juice & Milk

**10**  
 Glazed Doughnut \*\*  
 Egg & Cheese Burrito  
 Cereal & Grahams  
 Muffin & Yogurt \*\*  
 Fruit, Juice & Milk

**17**  
 Glazed Doughnut \*\*  
 Pancakes  
 Cereal & Grahams  
 Muffin & Yogurt \*\*  
 Fruit, Juice & Milk

**24**  
 Glazed Doughnut \*\*  
 Egg & Cheese Burrito  
 Cereal & Grahams  
 Muffin & Yogurt \*\*  
 Fruit, Juice & Milk

**31**  
 Manager's Choice \*\*  
 Cereal & Grahams  
 Muffin & Yogurt \*\*  
 Fruit, Juice & Milk  
**Last Day of School -  
 12:00 pm Release**

### Friday

**4**  
 Breakfast Pizza \*\*  
 Bagel & Cream/String Cheese  
 Cereal & Grahams \*\*  
 Muffin & Yogurt  
 Fruit, Juice & Milk

**11**  
 Breakfast Pizza \*\*  
 Bagel & Cream/String Cheese  
 Cereal & Grahams \*\*  
 Muffin & Yogurt  
 Fruit, Juice & Milk

**18**  
**DARE Day!**  
 Breakfast Pizza \*\*  
 Bagel & Cream/String Cheese  
 Cereal & Grahams \*\*  
 Muffin & Yogurt  
 Fruit, Juice & Milk

**25**  
 Breakfast Pizza \*\*  
 Bagel & Cream/String Cheese  
 Cereal & Grahams \*\*  
 Muffin & Yogurt  
 Fruit, Juice & Milk



No School!

Memorial Day Holiday!

# May 2018

## Rappahannock County Elementary School

### LUNCH



Student Lunch \$1.95  
Reduced Student Lunch \$.40  
Adult Lunch \$3.50



### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

1  
Corn Dog  
PB&J Sandwich  
Chef Salad  
Baked Beans & Mashed Potatoes  
Oranges Slices & Milk

2  
Chicken Patty on Bun  
PB&J Sandwich  
Chef Salad  
Green Beans & Sweet Potatoes  
Pineapple & Milk

3  
Ham & Cheese Melt  
PB&J Sandwich  
Greek Salad Bar  
Potato Wedges & Roasted Broccoli  
Fresh Fruit Cup & Milk

4  
Pizza Dippers & Marinara  
PB&J Sandwich  
Chef Salad  
Sweet Peas & Tater Tots  
Banana & Milk

7  
Chicken Tenders & Roll  
PB&J Sandwich  
Chef Salad  
Carrots & Oven Fries  
Apple Slices & Milk

8  
Tacos & L/T/C Cup  
PB&J Sandwich  
Chef Salad  
Corn & Black Beans  
Orange Slices & Milk

9  
Cheeseburger on Bun  
PB&J Sandwich  
Chef Salad  
Green Beans & Sweet Potatoes  
Pineapple & Milk

10  
Turkey, Bacon & Cheese Melt  
PB&J Sandwich  
Strawberry Summer Salad Bar  
Potato Wedges & Roasted Broccoli  
Fresh Fruit Cup & Milk

11  
Pepperoni French Bread Pizza  
PB&J Sandwich  
Chef Salad  
Sweet Peas & Tater Tots  
Banana & Milk

14  
Chicken Nuggets & Roll  
PB&J Sandwich  
Chef Salad  
Carrots & Oven Fries  
Apple Slices & Milk

15  
Corn Dog/Mini Corn Dogs  
PB&J Sandwich  
Chef Salad  
Baked Beans & Mashed Potatoes  
Orange Slices & Milk

16  
Chicken Patty on Bun  
PB&J Sandwich  
Chef Salad  
Green Beans & Sweet Potatoes  
Pineapple & Milk

17  
Ham & Cheese Sub  
PB&J Sandwich  
Chef Salad  
Potato Wedges & Roasted Broccoli  
Fresh Fruit Cup & Milk

18  
**DARE Day!**  
Bagged lunch –  
Hot Dog on Bun  
Carrot Sticks & Ranch  
Apple & Milk

21  
Chicken Tenders & Roll  
PB&J Sandwich  
Chef Salad  
Carrots & Oven Fries  
Apple Slices & Milk

22  
Bean & Cheese Burrito or Quesadilla  
PB&J Sandwich  
Chef Salad  
Corn & Pinto Beans  
Orange Slices & Milk

23  
Cheeseburger on Bun  
PB&J Sandwich  
Chef Salad  
Green Beans & Sweet Potatoes  
Pineapple & Milk

24  
Turkey & Cheese Sub  
PB&J Sandwich  
No Salads  
Potato Wedges & Roasted Broccoli  
Fruit Cup & Milk

25  
Cheese Pizza  
PB&J Sandwich  
No Salads  
Sweet Peas & Hash Brown  
Fruit Cup & Milk

28  
**No School**  
  
**Memorial Day Holiday!**

29  
Chicken Nuggets & Roll  
PB&J Sandwich  
No salads  
Peas/Carrots & Oven Fries  
Fruit Cup & Milk

30  
Chicken Patty on Bun  
PB&J Sandwich  
No salads  
Green Beans & Sweet Potatoes  
Fruit Cup & Milk

31  
**Bagged Lunch -**  
Hot Dog on Bun  
Carrot Sticks & Ranch  
Fruit Cup & Milk  
**Last Day of School -**  
**12:00 pm Release**

