

New Exploratory Starting in January!



RCES is excited to announce the addition of the Action Based Learning (ABL) Lab. This is a new exploratory for students in grades Pre-K-4. The other grades will have opportunities to use the lab as well.

What is an Action Based Learning Lab?

The lab is based on brain research that supports the link of movement and physical activity to increase academic performance. Students move through a series of progressions and stations, which are designed to target the young, developing brain and enhance input and processing. Research shows that using specific movement patterns help children retain and retrieve information more effectively. The lab will integrate current classroom curriculum and can be adapted for all grade levels and core subjects.



The Action Based Learning Lab is provided by the Commit to Be Fit program. Through the generosity of the PATH Foundation, C2BF was created to help promote healthier lifestyles by focusing on three core areas: cafeteria, classroom, and community. For more information on Commit to Be Fit, visit their website at www.rappc2bf.com.

Parents- Please make sure that your child wears tennis shoes on the days they are scheduled to be in the lab.

Parents,

I am very excited to share with you a new class for our exploratory rotation. Along with art, library, music, p.e., and computer/Spanish we will be adding an action based learning lab. In order to make this happen we will be adding a 6th day in our exploratory schedule. This means that instead of the traditional Monday – Friday rotation we will rotate through 6 activities in 6 days. We will start day 1 when students return on Thursday, January 4th. February 1st will be a day 2. Please see the calendar and schedule.

Respectfully,

Ben Temple
RCES Principal

January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1/4/18 Day 1	1/5/18 Day 2
1/8/18 Day 3	1/9/18 Day 4	1/10/18 Day 5	1/11/18 Day 6	1/12/18 Day 1
No school	1/16/18 Day 2	1/17/18 Day 3	1/18/18 Day 4	1/19/18 Day 5
1/22/18 Day 6	1/23/18 Day 1	1/24/18 Day 2	1/25/18 Day 3	1/26/18 Day 4
1/29/18 Day 5	1/30/18 Day 6	1/31/18 Day 1		

Exploratory Rotation

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Gangel	Art	Computer	Music	P.E.	ABL	Library
Way	ABL	Library	Art	Computer	Music	P.E.
Williams	Music	P.E.	ABL	Library	Art	Computer
Clark	Art	Computer	Music	P.E.	ABL	Library
Deal	ABL	Library	Art	Computer	Music	P.E.
Seeley	Music	P.E.	ABL	Library	Art	Computer
Pre-K/H.S	Library	Music	Computer	Art	P.E.	ABL
Bailey	Art	Computer	Music	P.E.	ABL	Library
Barron	ABL	Library	Art	Computer	Music	P.E.
Beard	Music	P.E.	ABL	Library	Art	Computer
Bostic	Art	Computer	Music	P.E.	ABL	Library
Estes	ABL	Library	Art	Computer	Music	P.E.
McMath	Music	P.E.	ABL	Library	Art	Computer
Smith	Library	Music	Computer	Art	P.E.	ABL
Henslik	Library	Art	P.E.	Music	Computer	ABL
Jackson	P.E.	ABL	Computer	Art	Library	Music
Shankle	Computer	Music	Library	ABL	P.E.	Art

Parents- Please make sure that your child wears tennis shoes on the days they are scheduled for the ABL lab & P.E.