

## **Bickleton School District No. 203**

### **SPORT CONTRACT**

Junior and Senior High Schools

This packet contains all of the necessary forms to make a student eligible for sports activities at the Bickleton School District. The enclosed forms must be completed and on file **before** participation can begin. A student may not practice until the forms are completed and turned in.

#### **THE PACKET CONTAINS:**

1. A proof of physical examination form to be completed by a physician for sports participation which must be updated every two years.
2. A list of rules and policies and a cover sheet signed by the participant and the parent/guardian which is placed on file at the school office. A major rule requirement is that the participant must have a C- or better in all subjects. (Section IV)
3. All 8-12<sup>th</sup> grade participants must have a current ASB card which can be purchased at the school office.
4. A signed Medical Release form along with a Medication Care Plan ( if applicable) which is filed in the office and a copy of which the coach carries to all events for athletic participation.
5. A Concussion Information sheet to be signed by both the parent/guardian and the athlete, after reading the entire contract.
6. A Photo Use Policy and Agreement which allows parents/guardians to accept or deny the school's request to use photographs and/or video of students for promotional purposes.

Information about or questions pertaining to the policy/contract can be addressed to the Athletic Director or Chief Administrator.

**\*A signed contract form must be on file for each sport season.**

**DEFINITIONS: ATHLETE:** Any individual and/or team, including but not limited to players, managers, scorekeepers, statisticians, video technicians, cheerleaders. \* Managers must be 5<sup>th</sup> grade and up, must sign a contract, and have a sports physical, and must abide by the guidelines established by the coach and the AD.

One of the good things about the sports program is that it is completely voluntary. Participation is not required for graduation, and is considered a privilege. Involvement in the extra-curricular program does, however, require extra effort and time beyond the school day on a voluntary basis.

Although extra-curricular participation is voluntary, those participating do represent their student bodies, families and communities. Therefore, the standards must be kept high; this includes academic requirements, citizenship, sportsmanship, conduct, honesty and loyalty. The dignity of the total school programs also reflected in the extra-curricular program. Thus it is important that the students conduct themselves in a manner above question.

The selection of team members is necessary in some cases; however selection is not based on performance alone, but also upon attitude, conduct, cooperation, loyalty, and an earnest and sincere desire to represent himself/herself and the school in a fashion that is complimentary to all.

The following rules and regulations apply to a student for a given sports season.

### ***SECTION I: RULES AND REGULATIONS***

#### ***A. USE OF ALCOHOLIC BEVERAGES***

The consumption, possession, or sale of alcoholic beverages by a student participant during a sport season is cause for **dismissal** from a team or a sport. *All students are strongly encouraged to avoid environments where drugs and/or narcotics are present. Association at such an environment could result in disciplinary measures.*

#### ***B. USE OF TOBACCO***

The use of tobacco, in any form is cause for **dismissal** from a team or sport.

#### ***C. USE OF DRUGS AND NARCOTICS***

The use of drugs or narcotics by a student is illegal as is the possession of sale of drugs and narcotics and is cause for **dismissal** from a team or sport.

#### D. COMMITTING AN ACT OF LARCENY

A student who takes/ appropriates the property of another without the right, and with the intent of keeping such, or using wrongfully; or sells or purchases stolen property will be **dismissed** from a team or sport.

#### E. PERSONAL APPEARANCE

Every participant shall abide by the school dress code, as well as the coach's dress code. Two infractions of this item will result in discipline (see page 4). After one infraction, the participant may have consequences (see page 4) outlined by the coach.

#### F. SCHOOL CONDUCT

Student participants are expected to be good citizens in school at all times. Disruptive behavior, persistent tardiness, truancy and other violations of school regulations are inexcusable. A participant must realize that his/her primary purpose in attending school is to acquire an education. Therefore, any two incidents of conduct that is detrimental to this purpose are unacceptable, and cause for discipline (see page 4). After one incident, the participant may have consequences (see page 4) outlined by the coach.

#### G. ATTENDANCE

**PRE-ARRANGED ABSENCES DO NOT OVERRIDE THESE CONTRACT ATTENDANCE POLICIES.** *Participants shall be in attendance:*

1. the entire day of a contest,
2. the day before a Non-School day contest,

Absences for a dentist or doctor appointment are excused, however the student must be in attendance for at least one full class period either at the start or the end of the school day before they will be allowed to practice or play in a contest that day. The absence from practice/contest is excused.

An office-issued unexcused tardy of 10 minutes or more any time during the school day is the same as an unexcused absence from school and participation in the next practice or contest is denied. The only time tardies or absence rules are mitigated are during inclement weather, when buses are late, or the school schedule is changed due to the weather.

*Note: The coach does not have the authority to supersede any of the above policies.*

DOCTOR/DENTIST APPOINTMENTS, CHURCH, SCHOOL-RELATED ACTIVITIES, DEATH IN THE FAMILY ARE LEGITIMATE REASONS FOR ABSENCES. Any other absence must be declared excused by both the coach and the Chief Administrator to supersede the above. Tardies during inclement weather are arbitrated by the coach and Athletic Director.

**Scenario #1** – Johnny is not at school for the **entire day** on Tuesday. Johnny cannot participate in a Tuesday contest or Tuesday practice.

**Scenario #2** – Joe is not in school for the entire day on Friday. If there is a contest scheduled for Saturday, Joe cannot participate in the Saturday contest.

**Scenario #3** – Shelly has a doctor appointment on Friday. She turns in a Dr. note to the office as soon as she returns to school. Shelly can participate in any contest or practice if she attends one full class period.

**Scenario #4** – Chris has a pre-arranged absence for Wednesday. Chris may participate in any practice or contest as long as he is in one full class period Wednesday.

A. PROFANE AND /OR OBSCENE LANGUAGE

The use of profanity and/or obscene language and/or acts of vulgarity during practice, contest, or meetings is cause for discipline (see page 4). After one infraction, the participant may have consequences (see page 4) as outlined by the coach.

B. SPORTSMANSHIP

Student participants representing any team of Bickleton School District are expected to exemplify the highest standards of good sportsmanship at all times during practices, contests, meetings, or any representation. Students exhibiting poor sportsmanship in two incidents are subject to discipline (see page 4). After one incident, the participant may have consequences (see page 4) as outlined by the coach.

***SECTION II: ENFORCEMENT OF RULES AND REGULATIONS***

The, Athletic Director, an administrator and head coach (and if these three so choose, other individuals) shall be responsible for all decisions relating to disciplinary action resulting from violation of rules, regulations, felonies, or misdemeanors with the following guidelines and stipulations:

1. All actions leading to probation and/or suspensions shall be based on factual knowledge and not hearsay. Any person witnessing an infraction of this

policy would need to formally make his/her statement in the presence of the accused before he/she is dismissed from the team.

2. A participant who is dropped from a team for disciplinary reasons will not be allowed to become a member of another team during that season, nor will they be allowed to practice with another team.
3. Student participants have access to due process procedures as provided by the Bickleton School District and the State of Washington, and may be referred to the Bickleton Board Policy Book.
4. An appeal board will be available for any participant who has been dismissed from a team who wishes to appeal the decision of the coach. The appeal board shall be selected at the beginning of each school year, and shall consist of one faculty member (not involved in sports activities), the Athletic Director and one administrator. The appeal process will be closed to any except the participant, the appeal board, and the parents or guardians of the participant, and any others who are directly involved.
5. An appeal presented by a participant must be made in writing to the coach within two weeks following dismissal from a team. The appeal board will meet no earlier than two weeks after dismissal.
6. Explicit documentation of the incident, disciplinary action and any decisions/conclusions made by the appeal board (if convened) will be placed in a file in the school office for future reference.

***DISCIPLINE:***

For items not calling for immediate dismissal: the student will not participate in the next two contests, no matter when the incident occurred (start, middle or end of the season). It is possible that the student would miss one or two contests of another sport if the discipline came at the end of a season.

***CONSEQUENCES:***

Any discipline by the coach for items not listed in the contract or for consequences given after first incidents/infractions not calling for discipline or dismissal as outlined in the contract must be clearly spelled out and documented by the coach prior to the beginning of the sport season with a copy given to the Athletic Director.

### ***SECTION III: PARTICIPATION GUIDELINES***

#### **ATHLETIC PARTICIPATION:**

1. Athlete must have on file in the school office all six items listed on the first page of the contract before participation may begin.
2. The meeting for prospective team members is not considered as participation in the sports activity.
3. Each student has 14 calendar days from the first day of practice to decide whether he/she wants to participate.
4. Each transfer student who comes in after the 14 calendar days has 7 calendar days to decide whether he/she wants to participate.
5. A student that chooses to drop out of a sport for any reason, i.e. quitting, disciplinary reason, eligibility and/or personal reasons, cannot decide at a later date to participate in that sport.
6. A student may switch sports activities during the first 14 calendar days of practice but after that period, it will not be allowed.
7. A student may only participate in one sports activity per season.
8. Quitting a team or being kicked off a team for other than specified contract violations, i.e. behavioral problems, is not permanent until the coach has met with the athletic director. This meeting shall take place as soon as possible after the infraction. The student will not participate or become involved in any new extra-curricular activities until the problem is resolved.

### ***SECTION IV: EQUIPMENT***

- A. **ISSUED EQUIPMENT:** School equipment checked out by the student is his/her responsibility. It is expected to be kept clean and in good condition. Loss of issued equipment or damage to issued equipment will be the student's financial obligation. There is absolutely no provision for keeping equipment that belongs to the school.
- B. **WEARING ISSUED EQUIPMENT-** Issued equipment is to be worn **ONLY** while participating with the team in practice or during scheduled contests. No one else may wear a student's issued equipment, unless assigned by the coach. Wearing jerseys the day of a contest is acceptable.
- C. **TURNING EQUIPMENT IN**  
Equipment must be turned in within 3 days of the end of the season or 3 days from when an athlete is no longer on a team due to any reason. Coaches will turn in an inventory of issued equipment at the start of the sports season, and one within one week of the end of the sports season.

#### D. PENALTY

Students failing to turn in equipment or paying for lost/damaged equipment will not receive quarter/semester grades, nor will they receive any recognition or award, nor can they turn out for a sports activity until the equipment is turned in or paid for, depending upon the situation.

#### ***SECTION V: AWARDS***

- A. All sports-affiliated awards shall be left to the discretion of the coaches, AD, administration and in some cases, the team members.
- B. Athletic awards shall only be given to 9th-12th grade Varsity Athletes, who have met the X-Country criteria of 75% of Varsity Meets, Volleyball criteria of 75% of Varsity Games, Basketball criteria of 20 Varsity Quarters played, Track criteria of 20 points received at a HS Meet, have completed the entire sport season or because of injury cannot complete the sports season but have met the sport criteria mentioned.
- C. Upon voluntarily dropping out of a sport for disciplinary reasons, all awards, points, quarters, or progress toward an award is automatically forfeited.
- D. If a student is disciplined (see page 4), he/she may not receive an award for that particular sports activity. He/she may only receive a letter or certificate of participation if he/she qualified for one.
- E. If there are three instances of ineligibility whether consecutive or non-consecutive, the athlete will not be eligible for any award above the letter award. (High School)
- F. Junior high athletes participating in Varsity, Jr. Varsity and/or Jr. High level sports will only receive a Certificate of Achievement if the season is completed without any ineligibility or discipline incidents. If there are incidents of ineligibility or discipline, the student will receive a Certificate of Participation.

#### ***SECTION VI: TRAVEL***

Transportation to and from athletic contests will be provided by the Bickleton School District whenever possible.

1. All participants must travel to and from the contest with the team/group and in the transportation provided for this purpose. Only on personal request by the parent/guardian directly to the coach/school office or with prior approval of such will this be altered. Contacting the bus driver is not mandatory, but would be considered a welcomed courtesy. Under this condition a student will be released to ride with another family member, another parent of a team member, or a school representative. A student will not be released to a person under the age of 21 in any circumstance. In case of emergency the student may be released to another adult at the coach's discretion.
2. Team members will remain with the team/group and under the supervision of the coach at all times when attending away events.
3. Team members will adhere to this code while traveling to and from the contests/events.
4. It will be the bus driver's decision (the coach may or may not have input) whether the team will stop for something to eat. Weather conditions, time of day, day of week, etc. will be contributing factors in making the decision.

### ***SECTION VII: ACADEMIC ELIGIBILITY***

The W.I.A.A. requires that a student be passing in at least (4) full-time subjects during the previous and present semester. All other rules and regulations of the W.I.A.A. as well as those of the district will be followed as outlines. The W.I.A.A. handbook is available at the office upon request. The Bickleton School District has the following additional requirements.

1. The Bickleton School District requires that a participant be enrolled in no less than seven credited courses during the season/term. The district also requires that the participant have a C- or above in all subjects during the quarter/term of the activity in order to participate in games/contests.
2. Eligibility will begin at the start of the school year, which will cover a two-week period with the exception of the end of each quarter which will cover a one week period.
3. Eligibility grade check dates will be posted at the beginning of each sport season.
4. Teachers post eligibility criteria for each class period and eligibility grade checks are conducted in the first week of the two week period for those students participating in a sport (including managers, cheerleaders etc.) . A "D+" or lower in a class places the student on the ineligible list. The Athletic Director will go through the eligibility grade check forms to see if any students have a "D+" or lower. For students who have a "D+" or



- lower, the coach (es), parent/guardian, and athlete will be notified that the student is ineligible for the next two weeks.
5. An ineligibility due to a “D+” or lower in a class, at the time eligibility is taken, will be given by a teacher **according to their published class eligibility criteria.**
  6. If a student is ineligible he/she may not participate in a pep assembly or contest. Ineligible students may not drive down with the team, ride the school transportation, sit on the bench with the team, and act as a manager/statistician, or be a part of team activities during the period of ineligibility.
  7. Ineligibility may not be cleared until the next eligibility evaluation. Ineligibility means that the student may not participate in games/contests, nor be recognized at pep assemblies or any other forum.
  8. A student who has three unexcused absences from sports practice/contests shall be dropped from the sport. (Unexcused absences are defined by the school attendance policy.)
  9. The student will be responsible for conducting an informal, weekly, eligibility check with each of his/her teachers. The student will weekly report directly to the coach his/her status.

### ***SECTION VIII: QUITTING OR BEING DISMISSED FROM A TEAM***

Quitting a team or being kicked off a team for other than specified contract violations i.e. behavior problems, is not permanent until the coach has met with the Athletic Director. This meeting shall take place as soon as possible after the infraction. The student will not participate or become involved in any new extra-curricular activities until the problem is resolved.

Bickleton School District #203  
Concussion Information Sheet

A **concussion** is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. **Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a "ding" or a bump on the head can be serious. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:

- |  |  |
|--|--|
| <ul style="list-style-type: none"><li>• Headaches</li><li>• "Pressure in head"</li><li>• Nausea or vomiting</li><li>• Neck pain</li><li>• Balance problems or dizziness</li><li>• Blurred, double, or fuzzy vision</li><li>• Sensitivity to light or noise</li><li>• Feeling sluggish or slowed down</li><li>• Feeling foggy or groggy</li><li>• Drowsiness</li><li>• Change in sleep patterns</li></ul> | <ul style="list-style-type: none"><li>• Amnesia</li><li>• "Don't feel right"</li><li>• Fatigue or low energy</li><li>• Sadness</li><li>• Nervousness or anxiety</li><li>• Irritability</li><li>• More emotional</li><li>• Confusion</li><li>• Concentration or memory problems (forgetting game plays)</li><li>• Repeating the same question/comment</li></ul> |
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Signs observed by teammates, parents and coaches include:

- Appears dazed
- Vacant facial expression
- Confused about assignment
- Forgets plays
- Is unsure of game, score, or opponent
- Moves clumsily or displays incoordination
- Answers questions slowly
- Slurred speech
- Shows behavior or personality changes
- Can't recall events prior to hit
- Can't recall events after hit
- Seizures or convulsions
- Any change in typical behavior or personality
- Loses consciousness

**What can happen if my child keeps on playing with a concussion or returns too soon?**

Adapted from the CDC and the 3rd International Conference on Concussion in Sport

Document created 6/15/2009

**STUDENT/PARENT CONTRACT FORM**

Dear Parents/Guardians,

We are pleased that your son/daughter/charge has elected to take part in sports activity here in the Bickleton School District. The staff wishes to assure you that we will make every effort to provide a wholesome, balanced program of activities for all youngsters who elect to participate. Toward this end, we need the cooperation and support of parents. We ask that you read ALL of the attached information containing the training rules, policies and procedures. You may keep the information portion of this packet for future reference.

We ask that you sign below indicating that you have read and understand the packet. Please have your son/daughter/charge sign it and then return it to the school office so that participation may be granted, with the understanding that your son/daughter/charge will abide by these rules and regulations.

If you have any questions or need further information, feel free to contact the appropriate staff member.

My son/daughter/charge and I have read the enclosed packet and agree to abide by the rules and regulations set forth.

\_\_\_\_\_  
PARENT SIGNATURE

\_\_\_\_\_  
PARTICIPANT SIGNATURE

\_\_\_\_\_  
DATE



**MEDICAL RELEASE FORM**

STUDENT: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_

BIRTHDATE: \_\_\_\_\_

I/We authorize the nearest medical facility, doctors, and staff to provide medical treatment including x-ray examination, medical or surgical diagnosis or treatment, and hospital care to be rendered to the minor named above under the general or special supervision and on the advice of any physician or surgeon licensed to practice in the state of Washington and Oregon, or elsewhere in the United States or Canada when the need for such treatment is immediate, and when efforts to contact me(us) are unsuccessful.

FAMILY PHYSICIAN: \_\_\_\_\_

ALLERGIES: \_\_\_\_\_

MEDICATION CURRENTLY BEING TAKEN: \_\_\_\_\_

RECENT INJURY OR ILLNESS: \_\_\_\_\_

CHOICE OF SPECIALISTS: \_\_\_\_\_

NEAREST RELATIVE & PHONE: \_\_\_\_\_

FATHER'S WORK PHONE: \_\_\_\_\_

MOTHER'S WORK PHONE: \_\_\_\_\_

INSURANCE CARRIER: \_\_\_\_\_

(Please include group name and necessary numbers)

SPECIAL CARE REQUESTS:

MEDICAL CARE EXCLUSIONS:

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_



Bickleton School District # 203  
Concussion Information Sheet

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a **concussion for a period of time after that concussion occurs, particularly if the athlete suffers** another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often fail to report **symptoms of injuries. Concussions are no different. As a result, education of administrators, coaches, parents and students is the key to student-athlete's safety.**

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new "Zackery Lystedt Law" in Washington now requires the consistent and uniform implementation of long and well-established return-to-play concussion guidelines that have been recommended for **several years:**

**"a youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time"**

and

**" ... may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider".**

You should also inform your child's coach if you think that your child may have a concussion. Remember it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

**For current and up-to-date information on concussions you can go to:**

<http://www.cdc.gov/ConcussionInYouthSports/>

\_\_\_\_\_  
Student-athlete Name  
Printed  
Student-athlete

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Legal Guardian Printed

\_\_\_\_\_  
Parent of Legal Guardian Signature

\_\_\_\_\_  
Date





## STUDENT- ATHLETE PHOTO USE POLICY AND AGREEMENT

During the year, the Bickleton School often has the opportunity to photograph and/or videotape our students in a variety of school-related activities. Student recognition programs, academic programs, fine arts programs, and athletics are a few examples of these activities. As such, these photographs and/or videotape footage may be used in district communication tools such as the district newsletter, annual report calendar, local newspapers, district web site and other mediums of communication. Highlighting the achievements and celebrating the successes in our schools is an integral part of responsible reporting to our community as well as a way of sharing in the success of our schools and students. However, it is our goal to respect your privacy as well. Therefore, parents/guardians are requested to indicate their wishes regarding the district's use of student photographs, videotapes or images at the beginning of each school year.

\*Photographs, videotapes or images including four or more students in a picture are exempt from this policy, (i.e. group or team photos). Permission can only be revoked by written request.

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### CHOOSE AND SIGN ONLY ONE RELEASE BELOW!

Student/Athlete: \_\_\_\_\_

#### **CONSENT TO STUDENT PHOTO USE POLICY FOR PARENTAL RELEASE**

I, the parent/guardian of (student name, please print) have read and therefore understand the Student Photo Use Policy and Agreement, and **DO PERMIT** Bickleton School to use photographs, videotapes and/or images of my child under these terms and conditions.

Signature of Parent/Guardian \_\_\_\_\_ Date: \_\_\_\_\_

#### **REFUSAL OF STUDENT PHOTO USE POLICY FOR PARENTAL RELEASE**

I, the parent/guardian of (student name, please print) have read and therefore understand the Student Photo Use Policy and Agreement. I **DO NOT PERMIT** Bickleton School to use photographs, videotapes and/or images of my child under these terms and conditions.

Signature of Parent/Guardian \_\_\_\_\_ Date: \_\_\_\_\_

