BESSEMER'S NUTRITION IS ON A MISSION

ALL individuals 18 and under can receive a free meal sponsored by the Summer Food Service Program operated by the Bessemer City Board of Education Child Nutrition Program.

The following Schools and Nutrition Bus will be serving Grab N Go Meals which includes Breakfast and Lunch from 10:00 am – 12:00 pm

Beginning September 8, 2020 Thru September 11, 2020 meals can be picked up daily- drive thru/ walk up line outside of building

Abrams Elementary, Charles F. Hard Elementary, Jonesboro Elementary

The following destinations are areas in which the Bessemer's Nutrition Is On A

Mission Bus will be located and times airy

Meals can be picked up from any other the three schools or destination sites

Site Location	Address		Arrival	Departure
1 Terrace Manor	4501 Little Drive	Bessemer, 35022	9:45 AM	10:00 AM
Carriage Hill/Bessemer Place 2 Apartment	Vegetables 600 Flint Hill Lane	Protein Bessemer, 35022	Make copies	of this page the girls. Tell the foods the
Pepper tree/Villa Glen	32 Division St	Bessemer, 35020	think of on the 10:35 AM ³ fir isl	he back. When hed, ask ther 10:50 AM
Greenwood- Canaan Baptist			which food drawings be	long to.
4 Church, cereals, and	2543 Morgan Rd	Bessemer, 35022	11:00 AM	11:15 AM
5 juNew Horizon sty way	1701 6th Ave North	Bessemer,35020	11:25 AM	11:40 AM
McNeil Park/Pipeamin	16th Street North	Bessemer,35020	11:50 AM	12:05 PM
Bessemer 24th Street		ay_		
7 Church of Christ	1630 24th ST North	Bessemer, 35020	12:15 PM	12:30 PM
Boardmoore -behind Family	4341 Bessemer Super		pcake	
8 Dollar	Highway	Bessemer,35020 _M		
9 Braswell Homes	610 35th Street North	Bessemer, 35020	STATE OF THE PERSON NAMED IN COLUMN 2 IN C	
10 J I cobb	3351 Clarendon Ave	Bessemer, 35020	information, visit www.choos i.S. Departure with pe1:30 PM	emyplate.gov. 1:45 PM
11 Davis Heights	614 22nd Street	Bessemer,35020	1:55 PM	2:10 PM
12 Kate Waller	1100 5th Ave North	Bessemer, 35020	2:20 PM	2:35 PM

EMBER / OCTOBER CALENDAR Food 9/9 atc 9/7 9/11 HOLIDAY DAILY HOT MEALS **DAILY HOT MEALS** DAILY HOT MEALS DAILY HOT MEALS 9/14 9/17 9/18 like blue 9/15, pancakes sunflower 9/16 and salmon **FIVE DAY** travel with their Flower Friends. Ask them to match each food to the corresponding section on the MyPlate diagram (below) PACK OUT MEALS designed by the U.S. Department of Agriculture. 9/21 9/22 9/23 9/24 DAILY HOT MEALS ancake. dueberry 9/28 9/29 9/30 10/2 10/1 **FIVE DAY PACK OUT MEALS** 10/8 10/5 10/6 10/9 10/7 DAILY HOT MEALS **DAILY HOT MEALS** DAILY HOT MEALS DAILY HOT MEALS **DAILY HOT MEALS** Fruits 10/12 10/13 10/14 10/15 10/16 **FIVE DAY** PACK OUT MEALS 10/19 10/20 10/21 10/22 DAILY HOT MEALS **DAILY HOT MEALS DAILY HOT MEALS** DAILY HOT MEALS DAILY HOT MEALS Protein and give to the girls. Tell them all the fo10/30 can 10/26 10/27 10/28 10/29 **FIVE DAY** they're finished, ask them PACK OUT MEALS which food groups their drawings belong to.

GRAB N GO MEALS PREPARATION/DELIVERY SCHEDULE

MEALS ARE SUBJECT TO CHAN

Soups, cereals, and juices are a tasty way to get important vitamins

USDA Nondiscrimination Statement

For all other FNS nutrition assistance programs, State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement:In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits, Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

to be active every day. It replaces the food pyramid. For more information, visit www.choosemyplate.gov.

(1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW

(2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

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