

Thompson High School Cheerleading Information

DATES:

- Try-out Meeting: Thursday, February 23 @ 6 pm (THS Media Center)
- Clinic: Monday, March 20 – Thursday, March 23 @ 3:30-5:00 pm (THS Gyms)
 - Thursday will end at approximately 6:00 pm due to mock try-outs.
- Try-outs: Friday, March 24 beginning at 1:00 pm (THS Auxiliary Gym)
 - Try-out order: varsity, junior varsity, freshmen
 - Candidate **MUST** be present half of school day in order to try-out. (3 ½ consecutive hours)
- Meetings/Uniforms: Monday, April 3 (Varsity begins @ 2:13 pm, then JV, then Freshmen)
- Fitting: Friday, April 7 (Varsity begins @ 2:13 pm, then JV, then Freshmen)
- School Year Practice:

Spring: Tuesdays and Thursdays	2:30-4:30
Fall: Monday-Thursday	2:30-4:30
<i>(Practice dates and times are subject to change.)</i>	
- Summer Workouts: Throughout the summer (dates and times TBD)
- Warrior Cheer Camp: Monday, June 12 – Thursday, June 15 7:00 a.m.-5:00 p.m.
- Home UCA Camp: Friday, June 16 – Saturday, June 17 Times TBD
- Masters Camp Practice: Tuesday, June 20 – Thursday, June 22 Times TBD
- Masters Camp: June 23 – June 25 (overnight @ University of Alabama in Tuscaloosa)
- End of Summer Practices: Monday, August 7 – Friday, August 11 9:00-11:00 a.m.
- TYF Camp: Monday, August 7 – Friday, August 11 5:00-8:30 p.m.

WHAT TO WEAR TO CLINIC:

- Comfortable clothes (t-shirt, shorts, tennis shoes)
- Hair must be up
- No jewelry

WHAT TO WEAR FOR TRY-OUTS:

- All squads: red shorts, white t-shirt (no logos)
- Hair should be in a ponytail, and no jewelry will be allowed.
- No school cheerleading accessories may be worn during try-outs.

TRY-OUT SCORES:

Candidates who do not make a squad may see their score sheet at Central Office on Thursday, April 6 between 2:30-4:00 pm. Scores and score sheets will not be provided at any other time. Copies of scores will not be provided. Only judges' scores will be available for review.

TRY-OUT FORMS and FEES:

All forms and fees are due Friday, March 17. (This is the Friday before clinic week.)

You will not be able to participate in clinic until these are turned in.

- Alabaster City Schools Cheerleading Contract
- AHSAA Participant Agreement, Consent, and Release
- AHSAA Concussion Information Form
- AHSAA Preparticipation Physical Evaluation Form (must be signed and dated by doctor)
- Emergency Information and Consent for Student Athletes
- Copy of Insurance Card (front and back)
- \$30.00 Clinic Fee
 - CHECKS (payable to THS):
 - Include telephone number
 - Include student's name on the "for" line
 - CASH:
 - Include the exact amount in an envelope with student's name on front of envelope

ESTIMATED COST LIST:

• Camp wear	\$200	• Uniform rental	\$200
• Shoes	\$90	• Camps (home and masters)*	\$525
• Poms (red/white)	\$21	• Choreography/music**	\$150
• Fleece	\$100	• Competition entry fees	\$40/event
• Warm-Up	\$150	• UCA NHSCC registration fee	\$300
• Rain jacket	\$15	<i>(NHSCC travel and overnight accommodation fees will be fundraised throughout the year.)</i>	
• Sweatshirt	\$20	• ACE Training	\$15/week
• Bloomers	\$15	<i>(training from August 9, 2017 until February 2018)</i>	
• Midribs	\$25	*Camp paid in full by Tuesday, May 16.	
• Cheer bag	\$40	**Choreography/music paid in full by Monday, July 31.	
• Ribbons	\$5		

ACE TRAINING:

ACE training will occur once a week (day TBD) for all cheerleaders beginning in August. Please see estimated costs above.

COACHES:

• Heather Myles	(Varsity/Competition)	Email: heather.myles@alabastercityschools.org
• Emily Tetstone	(Varsity/Competition)	Email: emily.tetstone@alabastercityschools.org
• Whittley Hopper	(Junior Varsity)	Email: whittley.hopper@alabastercityschools.org
• Angie Glover	(Freshmen)	Email: angela.glover@alabastercityschools.org

All coaches may be contacted via email or by calling Thompson High School (685-6700) during school hours. Please do not contact coaches on their personal lines (cell phone, home phone, or personal email). Coaches will not be expected to return texts, phone calls, or emails that are made to their personal phone lines or email addresses. Thank you.