

8.62 - Wellness

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The Alexander City Board of Education believes a good education prepares students for all facets of life, including healthy living. In accord with the State Board of Education's Implementation Guidelines for Exercise and Nutrition, the Alexander City Board of Education supports activities to encourage student wellness, including:

1. Integrating nutrition information across the curriculum, aside from the health curriculum, when appropriate;

1. Providing students opportunities for physical activity such as physical education courses and intramural athletics;

1. Adopting regulations regarding reimbursable meals consistent with federal guidelines;

1. Encouraging students to participate in the school meal program for which they are eligible; and

1. Supporting professional development for staff and informational programs for students on nutrition and physical education.

The Superintendent will designate an administrator to oversee the Board's efforts to promote student wellness and collaborate with parents, students, administrators and food vendor representatives when developing student wellness policies and programs.

REFERENCE(S):

CODE OF ALABAMA

16-11-9

HISTORY:

ADOPTED: 2006

REVISED: JULY 13, 2010

FORMERLY: 5.30