



Jim Pearson
October, 2018



Monday	Tuesday	Wednesday	Thursday	Friday
1 BBQ Pork Sandwich or Hamburger Baked Beans Cole Slaw Potato Wedges Pineapple Chunks	2 Pepperoni Pizza or Hamburger Oven Fries Fresh Veggies with Dip Corn on the Cob	3 Sweet and Sour Chicken Rice Egg Roll Steamed Vegetables Mandarin Oranges	4 Steak Nuggets or Hamburger Mashed Potatoes Green Beans Wheat Roll Fruit Cup	5 Pancakes or French Toast Sticks Link Sausage Potato Rounds Applesauce
8	9	10	11	12
15 Chicken Alfredo Or Hot Pocket Steamed Vegetables Wheat Roll Diced Peaches	16 Chicken Quesadilla or Hot Pocket Mexicali Corn Black Bean Salsa Mandarin Oranges	17 Hot Dog/Chili or Hot Pocket Potato Wedges Baked Beans Fresh Apple	18 Chicken Bites or Hot Pockets Mashed Potatoes Blackeye Peas Cornbread Mixed Fruit	19 Pepperoni Pizza Corn on the Cob Fresh Veggies with Dip Choice of Fruit
22 Sub Bar with Toppings Or Corn Dog Oven Fries Fresh Veggies with Dip Apple	23 Blueberry Pancakes or Chocolate Chip French Toast Sticks Sausage Patty Tater Tots Applesauce	24 Taco or Corn Dog Shredded Lettuce Diced Tomato Shredded Cheese Refried Beans Orange Slices	25 Hot Wings or Chicken Sandwich Potato Wedges Fresh Veggies with Dip	26 Chicken Nuggets Oven Fries Roll Fresh Apple
29 Chicken Tenders or Chicken Sandwich Green Beans Roasted Potatoes Wheat Roll Apple	30 BBQ Pork Sandwich or Chicken Sandwich Baked Beans Cole Slaw Potato Wedges Pineapple Chunks	31 Baked Spaghetti or Chicken Sandwich Garden Salad Corn Nuggets Garlic Bread Diced Peaches		