

ALVORD INDEPENDENT SCHOOL DISTRICT

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A meeting for the Student Health Advisory Committee (SHAC) was held on February 8, 2016.

Committee members in attendance were: Dr. Rhett King, Michael Thurman, Jessica Bull, Mindy Markum, Isela Palmer, Kelly Martin, Sharon Driskill, Kathy Nance, Chasen Jackson, Tammie Klein, Heather Redder, and Margaret Hunt

Visitors present: Holly Berry, Tracie Inglis

The meeting began at 10:00 a.m. in the board room of the Alvord Administration Office.

Regular Agenda:

1. Kelly Martin read the minutes from the previous meeting on December 16, 2015.
2. Isela Palmer introduced Holly Berry and Tracie Inglis with Wise Regional Health System and Fit-n-Wise. They spoke to the committee members regarding their CPR programs for students through the Fit-n-Wise's Fit Youth program.
 - a. The Hands only CPR program is for students in 3rd through 6th grade. The Alvord Elementary PE Teacher has already scheduled for Wise Regional to come present the program to the 4th and 5th grade during their PE class.
 - b. Mr. Thurman will get with Holly Berry to schedule a time to present the program to the 6th graders.
 - c. Holly Berry spoke regarding the CPR certified class for high schoolers. She turned the discussion over to Heather Redder who is an RN at Wise Regional and certified to teach the CPR program. Heather Redder, Isela Palmer and Dr. King spoke regarding when the best times to schedule the program for the high schoolers would be.
 - i. Due to the timing of the EOC's and other testing, it was decided that this year the senior class will be the only class getting the CPR certification and next year they would coordinate getting the certification for the other grades.
 - ii. Wise Regional will present the CPR certification program at no cost to the district and they will also be providing the certification cards to the students.
3. Isela Palmer spoke regarding the Wellness Policy and asked if there were any questions:
 - a. Heather Redder asked if the students were only allowed to have wheat bread in the cafeteria.
 - i. Sharon Driskill answered that yes they were required to give the students whole grain and whole wheat only.
 - b. Heather Redder asked about whether or not hand sanitizer was available on each campus and where.
 - i. The principals all answered that there are hand sanitizers dispensers available on each campus and in number places.
 - c. Heather Redder asked if the school could include a note in the registration packet at the beginning of the year and a note sent home after the Christmas break, reminding parents about the fever policy.
 - i. Isela Palmer suggested adding the note in with Health questionnaire in the packet.
 - ii. Sharon Driskill suggested putting the information on the Nurses page of the District Website.

- d. Heather Redder suggested that the school start sending home a monthly newsletter giving information about different diseases.
 - e. A brief discussion was held regarding this matter but no decision was made.
 - 4. Isela Palmer discussed the Movax for flu shot next fall.
 - i. She reported that there was very little participation in the last flu shot clinic and questioned whether the district should consider having the clinic again.
 - 1. The committee agreed that the district would not have another flu shot clinic.