

GISD Child Nutrition Department

Ambassador Preparatory Academy Menu 2018-2019

*May Contain Pork

Menu Items Subject to Change w/o Notice
Choice of Borden's Milk Daily at Breakfast & Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Cycle 1 Aug 27-31, Sept 24-28, Oct 22-26, Nov 26-30, Jan 7-11, Feb 4-8, Mar 4-8, Apr 8-12, May 6-10	Assorted Cereal w/String Cheese, Raisins, Apple Juice Cheese Pizza or Pepperoni Pizza Steamed Broccoli Baby Carrots w/Ranch Dressing Mandarin Oranges	Sausage Kolache*, Fresh Apples, Orange Juice Spaghetti & Meatballs w/ Garlic Twist Garden Salad Green Beans Strawberry Pop	Chicken Biscuit w/Cheese, Apple Crisps, Apple Juice Meat & Cheese Nachos Refried Beans Golden Corn Mixed Fruit	Assorted Cereal w/Graham Crackers Fresh Banana, Orange Juice Corn Dog Tater Tots Black Eyed Peas Fresh Banana	Chicken Pancake Griddle Strawberry banana Applesauce, Apple Juice Cheeseburger Mini Twins or PBJ Sandwich ^{WG} Dorito Chips Baby Carrots w/Ranch Dragon Punch Diced Pears
Cycle 2 Sep 3-7, Oct 1-5, Oct 29-Nov 2, Dec 3-7, Jan 14-18, Feb 11-15, Mar 18-22, Apr 15-19, May 13-17	Assorted Cereal w/ String Cheese, Watermelon Craisins, Apple Juice Cheeseburger, Green Beans Seasoned Steak Fries Pineapple Chunks	Trix Yogurt Cup w/Graham Crackers, Fresh Apple, Orange Juice Cheese Pizza or Pepperoni Pizza Garden Salad Potato Smiles Fresh Orange	Sausage Kolache*, Peaches, Apple Juice Chicken Smackers w/ Garlic Twist Golden Corn Seasoned Steak Fries Seasonal Fresh Fruit	Sausage Biscuit* w/Cheese Fresh Banana, Orange Juice Steak Nuggets w/ Garlic Toast Parmesan Carrots BBQ Baked Beans Applesauce Cup	Mini Eggo Confetti Pancakes Mango Peach Applesauce, Apple Juice Grilled Cheese Sandwich or Ham/Cheese Hoagie Goldfish Crackers Baby Carrots w/Ranch Cucumber Circles Fruit Punch
Cycle 3 Sep 10-14, Oct 8-12, Nov 5-9, Dec 10-14, Jan 21-25, Feb 18-22, Mar 25-29, Apr 22-26, May 20-24	Assorted Cereal w/String Cheese, Raisins, Apple Juice Cheese Pizza or Pepperoni Pizza Steamed Broccoli Baby Carrots w/Ranch Dressing Mandarin Oranges	Sausage Kolache*, Fresh Apples, Orange Juice Chicken Sandwich Garden Salad Curley Fries Strawberry Pop	Chicken Biscuit w/Cheese, Apple Crisps, Apple Juice Chicken Rings Green Beans Seasoned Steak Fries Applesauce Cup	Assorted Cereal w/Graham Cracker Fresh Banana, Orange Juice Burrito Golden Corn Black Eyed Peas Fresh Banana	Chicken Pancake Griddle Strawberry banana Applesauce, Apple Juice Cheeseburger Mini Twins or PBJ Sandwich ^{WG} Dorito Chips Baby Carrots w/Ranch Dragon Punch Diced Pears
Cycle 4 Sept 17-21, Oct 15-19, Nov 12-16, Dec 17-21, Jan 28-Feb 1, Feb 25-Mar 1, Apr 1-5, Apr 29-May 3, May 27-30	Assorted Cereal w/ String Cheese, Watermelon Craisins, Apple Juice Cheeseburger Green Beans Garden Salad Pineapple Chunks	Trix Yogurt Cup w/Graham Crackers, Fresh Apple, Orange Juice Steak Fingers w/ Texas Toast Mashed Potatoes Steamed Broccoli Fresh Orange Wedges	Sausage Kolache*, Peaches, Apple Juice Hot Dog BBQ Baked Beans Seasoned Steak Fries Applesauce Cup	Sausage Biscuit* w/Cheese Fresh Banana, Orange Juice Cheese Pizza or Pepperoni Pizza Garden Salad Tater Tots Seasonal Fresh Fruit	Mini Eggo Confetti Pancakes Mango Peach Applesauce, Apple Juice Grilled Cheese Sandwich or Ham/Cheese Hoagie Goldfish Crackers Baby Carrots w/Ranch Cucumber Circles Fruit Punch

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