

District Healthy and Fit Advisory Committee

Minutes

October 23rd 1:30

Open meeting at Admin Building Board Room

1. General discussion and review of BN Wellness Policy
Question about diet soda in vending machines. Dr. Pepper supplies and watches state recommendations. We can apply calculator with nutrition sticker to see where items fall
2. Ideas to promote healthy and Fit to our students across district
Ideas- Presidential fitness and walk to school day, life skills through OSU extension
3. Discussion on wellness assessment tool and possible use.
Discussion on tool being very long but coming recommended by state.
4. Current needs of students
Current CEP everywhere but HS. Question on how to increase Community Eligible Program to the HS. Students are direct certified through programs like SNAP or food stamps. HS students that qualify in earlier grades to be direct certified are being dropped from these programs when they get older.
5. Adjourn