




AUGUST | 2018

Bedford County Schools

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Abbreviated Day	2 Staff Development Day	3 <u>First Day Back- Lunch Packs for EVERYONE!</u> PB&J Sandwich Sunflower Seeds Nacho Cheese Doritos Cherry Sidekick Slush Pork & Beans Raisels Milk Choice
6 Crispy Chicken Fingers Creamed Potatoes Steamed Broccoli Garlic Bread Twist Sliced Peaches Milk Choice	7 <u>TACO SALAD TUESDAY</u> Seasoned Ground Beef Tostito Scoops Mild Salsa Shredded Lettuce/Diced Tomatoes Shredded Cheese / Taco Sauce Pears Milk Choice	8 Pepperoni Pizza Steamed Corn Fresh Salad w/ Ranch Dressing Crisp Apple Slices Chocolate Chip Cookie Milk Choice	9 Oven Fried Chicken Drumstick Mini Baker Potatoes Seasoned Green Beans Fresh Baked Cinnamon Roll Mandarin Oranges Milk Choice	10 Hickory Smoked BBQ Sandwich Original Baked Lay's Potato Chips Home-style Baked Beans Creamy Cole Slaw Mixed Fruit Milk Choice
13 Beef Rotini or Spaghetti Tossed Salad Whole Kernel Corn Garlic Bread Awesome Applesauce Milk Choice	14 Tender Chicken Nuggets Mashed Potatoes Green Peas Sister Shubert Roll Sliced Peaches Milk Choice	15 Carnival Corn Dog Emoji Smile Potatoes Fresh Broccoli & Carrot Crunchers Ranch Dressing Mixed Fruit Cup Sugar Cookie Mustard/Ketchup Milk Choice	16 <u>Pollo Blanco</u> Cheesy Chicken and Rice Tostitos Scoops Corn and Black Bean Salsa Fiesta Salad w/ Ranch Juicy Pineapple Chunks Milk Choice	17 Cheeseburger on Bun Crinkle Cut French Fries Lettuce/Tomato Pickle Wedges Ketchup/Mustard/Mayo Blue Raspberry Sidekick Milk Choice
20 Salisbury Steak w/ Gravy Creamed Potatoes Seasoned Green Beans Oven Baked Roll Mandarin Oranges Milk Choice	21 Beef and Cheese Burrito Refried Beans Whole Kernel Corn Sliced Peaches Jell-O Cup Milk Choice	22 <u>BOSCO</u> Cheese Pizza Sticks Marinara Dipping Cup Carrot Crunchers w/Ranch Steamed Broccoli Fruity, Fruit Cocktail Milk Choice	23 <u>Breakfast for Lunch</u> Egg & Cheese Omelet Sausage Patty Fluffy Baked Biscuit Tasty Tater Tots Sliced Tomatoes Orange Juice Jelly / Ketchup Milk Choice	24 <u>Chicken Sandwich Choice</u> Original or Spicy Lettuce/Tomato Fresh Vegetable Cup Chip Choice Pineapple Chunks Mayo/Mustard Milk Choice
27 	28	29	30	31 

No School – Horse Show Break – No School

News

BREAKFAST and LUNCH are offered to ALL STUDENTS at NO COST!

VISITOR LUNCH \$5.00

Students must be HEALTHY to be educated and educated to be HEALTHY!

Tray and Grab and Go are offered to ALL students daily!

Ala Carte items are available for purchase
---Items Vary---

“This is an equal opportunity provider and employer”

MENUS ARE SUBJECT TO CHANGE