

April 2017

BEN HILL PRESCHOOL

BREAKFAST



School Information: .PREK
Teresa Hill, Manager
Choice of Milk Daily



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts. "USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER"



Monday

Cereal 3
Graham Crackers
Fruit

Tuesday

Pancake Pup 4
Fruit

Wednesday

Sausage & Bisc 5
Fruit

Thursday

Super Bun 6
Juice

Friday

Cereal Bars 7
Juice

SPRING 10
BREAK

SPRING 11
BREAK

SPRING 12
BREAK

SPRING 13
BREAK

SPRING 14
BREAK

Poptart 17
Fruit

Hot Ham & Cheese Sand 18
Juice

Cinni Minis 19
Fruit

Sausage Biscuit 20
Juice

Blueberry Muffin 21
Fruit

Hot Pancakes 24
Fruit

Sausage Biscuit 25
Juice

Cereal 26
Graham Crackers
Fruit

Blueberry Muffin 27
Fruit

Manager's 28
Choice
(Breakfast Bowl
(Cheese
Grits, eggs, sausage

