



School Information: BHP
Cathy Reynolds, Manager
Choice of Milk Daily



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety. "USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER"



Monday

Cheeseburger.
Fries
Green Peas
Fruit

1

Tuesday

Chicken Tenders
Mac & Cheese
Turnips
Cornbread
Fruit

2

Wednesday

Tacos w/cheese Lett. Tom
Pinto Beans
Fruit

3

Thursday

Chicken Fajita
Rice
Yam Patties
Green Beans/ Roll
Fruit

4

Friday

Sausage Dog w/Bun
Broccoli w/cheese
Sweet Potato Fries
Fruit

5

Deli Turkey w/cheese Sand
Carrot w/dip
Romaine Mix
Fruit

8

BBQ Sand
Fries
Green Beans
Fruit

9

Chicken & Rice
Turnips
Glazed Carrots
Cornbread
Fruit

10

BRUNCH:
Cheese Grits
Sausage & Biscuit
Strawberries

11

Hot dog w/ bun
Coleslaw
Baked Beans
Fruit

12

Pizza
Romaine Salad w/dressing
Pinto Beans
Fruit

15

Cheeseburger
Sweet Potato Fries
Broccoli w/cheese
Fruit

16

Deli Turkey w/ Cheese.
Green Peas
Potato Wedge
Fruit

17

Ravioli w/cheese
Saltines
Green Beans
Fruit

18

Corn Dog
Tri Tater
Carrots w/Dip
Fruit

19

Type your text here

22

Type your text here

23

Type your text here

24

Type your text here

24

Type your text here

26

Type your text here

29

Type your text here

30

Type your text here

31

